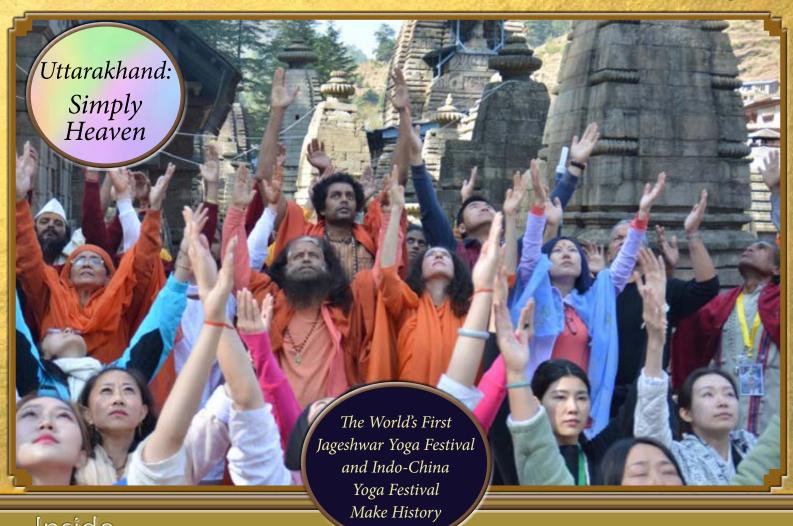
## PARMARTH

A Divine Month of Yoga, Music and Magic

H.H. Swami Chidanand Saraswatiji November, 2015 News Special



#### Inside



School Inagurated at holy confluence of Rudra Pryag



World's First Indo-China Yoga Festival Held at Parmarth

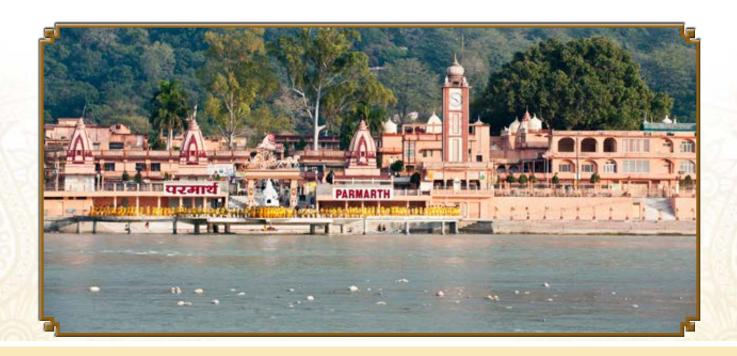


The Danube River Meets Mother Ganga for a Night of Divine Music



The Music of Israel and India form a Sangam of Harmony

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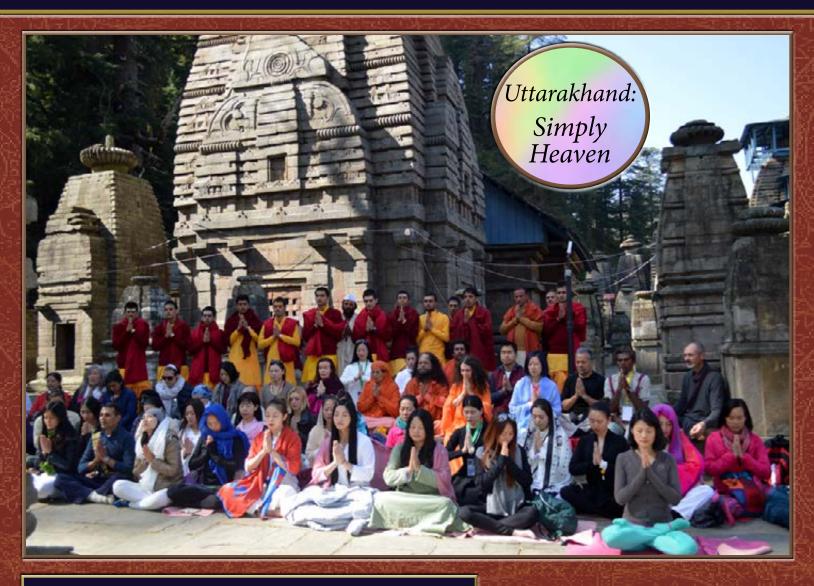


Learn More! Visit our Websites By Clicking:

www.parmarth.com (Parmarth Niketan Rishikesh), www.gangaaction.org (Ganga Action Parivar), www.washalliance.org (Global Interfaith WASH Alliance),
 www.projecthope-india.org (Project Hope), www.divineshaktifoundation.org (Divine Shakti Foundation), www.ihrf.com (India Heritage Research Foundation)

## JAGESHWAR YOGA FESTIVAL

Yoga Amidst Holy Temples, Relics and Mountainsides



The first ever, two day Jageshwar International Yoga Festival, held on November 5 and 6, was jointly organized by the Government of Uttarakhand, KMVN and Parmarth Niketan (Rishikesh). Parmarth Niketan Ashram is well known for organizing and hosting the world famous annual International Yoga Festival, from March 1-7 each year, attracting hundreds of Yogis from across India and across the world, which is now in its 17th year. Together with the department of Tourism, Government of Uttarakhand, it was decided that the inspiration and transformation of Parmarth's International Yoga Festival should also be extended to the Kumaon region during the beautiful Autumn season.



The Jageshwar festival was inaugurated by HH Pujya Swami Chidanand Saraswatiji, President of Parmarth Niketan (Rishikesh), Hon'ble Speaker of Government of Uttarakhand, Shri Govind Singh Kunjwal, Bharat Mitraji, Founder-President of Organic India, Sadhvi Bhagawati Saraswatiji, Director of the International Yoga Festival at Parmarth Niketan (Rishikesh), and senior members of the Ministry of Tourism and KMVN.

The two-day Yoga celebration brought together yoga practitioners and enthusiasts from over 15 different countries, including America, Australia, Belgium, China, Czechoslovakia, Colombia, Lithuania, Kenya, Kazakhstan, Malaysia, Mexico, Israel, South Korea, United Kingdom, Vietnam and many others. The two day festival was filled with Yoga asana, pranayama, meditation classes by expert Yogacharyas, divine discourses by Yoga Masters, international and interfaith musical programmes by world-renowned Musicians,, special aarti and puja, nature walks and much more.

Pujya Swamiji shared, "Uttarakhand is the birthplace of Yoga and Lord Jageshwar, or Lord Shiva, is the ultimate Yogi, so it is very fitting to host the first ever Jageshwar Yoga Festival in this sacred land, one of the twelve holy jyotirlings. With the promotion of such festivals not only will the locals get employment, a great sense of pride in their heritage, as it attracts so many participants from abroad, but also the participants will be deeply touched and uplifted by the warmth and hospitality of its people and by the awakening that comes from practicing Yoga and meditating in this holy land. In this way it's a mutually beneficial relationship for all."

He also added, "While the promotion of such sacred heritage sites is essential we must ensure that we develop them as eco-tourist spots in which solid waste and waste-water are effectively managed and energy is conserved as much as possible so that all our festivals and celebrations are green, leaving the least amount of carbon and water footprint. In this way, the rivers can



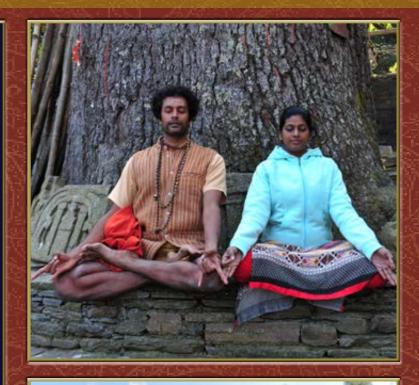
continue to flow unpolluted, the forests can still be lush with indigenous trees and the biodiversity can be maintained and sustained."

Sadhvi Bhagawatiji welcomed participants by adding, "You have all been called here to India, to Uttarakhand, to this sacred Jageshwar Dham for a special reason. This is not like a yoga conference in London or Paris or New York or Sydney. In this sacred land of Jageshwar, you not only receive teachings but you also receive the divine touch and divine transformation."

The festival was also geared at highlighting the historic and sacred Jageshwar Dham, as part of the rich and abundant natural and spiritual heritage of the Himalayan state of Uttarakhand. As an integral part of the Festival, the participants visited and meditated at the Jageshwar Temple, dedicated to Lord Shiva, also known as the Lord of Yoga, one of the most ancient and sacred 12 Jyotirlings. All participants were deeply inspired and touched by the holy sanctuary in the lush Deodar forests.

A special song for world peace was sung by internationally renowned musicians, in the spirit of Vasudhaiv Kutumbakam, bringing together a global family with the sacred chanting of Om Shalom Salam Amen, signifying a yogic union of countries, cultures, colors and creeds.

































































Festival | Char-Dham

Yoga festival begins at Jageshwar, may be held every year



Almora: The two-day International Yoga Festival kicked off at Jageshwar on Thursday with much fanfare. About 100 foreigners from 16 countries, including China, Mongolia, Hong Kong, Belgium, Israel, UK, America, Columbia, Kenya and Mexico, have come all the way to participate in the two-day event.

The festival has been organised by Rishikesh-based Parmarth Niketan, which hosts yoga festivals every year, and Kumaon Mandal Vikas Nigam. It is backed by Uttarakhand Tourism Development Council.

Uttarakhand assembly speaker Govind Singh Kunjwal and Chidanand Swami, spiritual head of Parmarth Niketan, inaugurated the festival in the presence of international delegates.

Kunjwal told TOI, "From now on, Jageshwar has come on the global map of yoga festival. Every year, the government will conduct a yoga festival at Jageshwar. This is an attempt to develop Jageshwar as the fifth religious and spiritual spot after Char Dham. This is also an attempt to encourage spiritual tourism in Kumaon region."

Chidanand Saraswati said, "Parmarth Niketan and the government of Uttarakhand are mulling together to create a brand of Uttarakhand as an 'organic' state. This is a land of organic horticulture. We will to like to organize international yoga festivals of 300 members at Jageshwar where participants can be put at homestays of local people, so that local people can also get business. Parmarth Niketan has connections throughout the world while the government has the infrastructure. Together, we can develop Jageshwar as a spiritual spot in the state."

Yoga festivals will also be organized at the Ardh-Kumbh 2016, Saraswati said.

the foreigners hoped to hear divine discourses, learn about "pranayama", attend meditation classes, practise yoga "asana and participate in aarti and puja besides going for nature walks.

The evening saw a performance of a special song bringing together the world faiths with the sacred chanting of "Om Shalom, Salam, Amen", signifying a yogic union of countries, cultures, colours and creeds in the heart of the sacred Himalayas.

The second day will start early morning with meditation and "pranayama" and "asanas". There will be a tree-planting session, heritage visits and a question-answer session at the end.

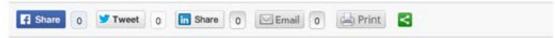
For the first time, a yoga festival is being held in the hills of Kumaon region. Its also the first time that a yoga festival of an international stature is being held away from Rishikesh.



Posted at Nov 6 2015 12 03AM

#### International yoga fest begins in Jageshwar

Sonia Gandhi to attend state day here tomorrow



#### **BD** Kasniyal

#### Pithoragarh, November 5

The first-ever International Yoga Festival began at Jageshwar today.

Chief Minister Harish Rawat took stock of the preparations today. While talking to mediapersons afterwards he said "We are aiming to develop Jageshwar as a Yoga Sadhana Kendra on the lines of Char Dham pilgrimage centres of the state. People from across the world could come to have yoga sadhana in this place, which is enlisted in ancient puranas as an eminent religious centre."

Congress president Sonia Gandhi will visit the venue on November 7 to take part in yoga and state raising day ceremony, which will also be held by the state government here. Gandhi will also lay the foundation stone of Rs 100-crore Hariram Tamta Shilp Unnayan Sansthan and inaugurate the Uday Shankar Natya Academi built near Almora town.

"Swami Chidanand Muni of Parmarth Niketan, Rishikesh, will come with 15 of his yoga experts to guide over 125 foreign participants in practicing various asanas for two days," a source from the Almora district administration said.





वर्ष 4 अंक 102 पृष्ठ 24 हल्द्वानी, शुक्रवार

6 नवंबर 2015 नगर \*\*\*

मृत्य ₹ 4.00

## विश्व का सर्वाधिक पढ़ा जाने वाला अखबार दैनिक जाश्ण

## कल्पनाओं से भी सुंदर जागेश्वर धाम

🖻 प्राकृतिक सौंदर्य से अभिभूत दिखे सैलानी 🍩 पारंपरिक संस्कृति से किया विदेशियों का स्वागत

संबद सहयोगी, दन्या : देशका के पने पेड़ और तुकून देने कला कोचर कम का क्रमुनिक सीदर्व आदित किरोड़ी रीतानियों को भा ही गया। विदेती गैलानियों ने कहा है कि जायेश्वर पाम उनको करणवाओं से वर्ड गुन्न अधिक सुंदर स्थान है। भूकिय में थी वह जानेश्वर धाम के दर्शन के लिए यहां उक्की रहेंगे।

युरुवार को जानेश्वर में शुरू बोग महोत्सव में प्रतिपान करने के लिए सी से अधिक क्रिके केलने यह पहुँचे। जर्मबर धाम पहुंचकर उन्होंने अपने आप को यहां के खंत वातावरम के बीच बरफी अविभूत पाया। बृएतर से पहुंचे लेखे तकतान ने कहा कि यह हरेली बार जारोबर आए हैं। उन्होंने कहा कि वानेश्वर श्वम उनकी कल्पना से काली अधिक सुंदर नगह है। मुख्याटेट सिंगतम पुलिका भी मारोबर भाग के प्राकृति र्प से खाती उत्पर्व चकित वी। अन्य देती के ग्रैलानी भी जागेश्वर धाम के प्राकृतिक सीदर्व से खासे अविपृत दिखाई दिए।







जागेश्वर योग महोत्सव में शिरकत करने पहुचे विदेशी सैत्सनी।

#### साव बजे से शुरू हुआ शिविर

जारोषर : तारोधर वाम में दित अध्यक्ष गोविद सिंह बुद्धाबल और खानी विद्यानंद द्वारा खेन शिवेद के विविधन सुपारंच के बाद साय बात को से जानेकर बान में बोन शिविर सुरू हो गय । स्वामी विकनंद ने वहा कि हम लोग जीवन में निर्णों को सोते जा रहे हैं। इसलिए प्रत्येक व्यक्ति कि लिए खेन के जरिए ध्वान काफी जरूरी है। उन्होंने कता कि भारत की उस्तेकता में एकता की मिलाल को युक्त दिश जानता है।

#### चाइना से आए अधिक सैलानी

जानेचर : जानेचर में नुस्तवार से शुरू हुए योग मार्कत्स्व में सबसे अधिक विदेशी संसानी बाइना में बहां पहेंचे। बहना से भाग तेने वाले गेलानेयों दी गंडण करीन है। जबके इसके अताब आर्ट्सिख, अपेरिक, क्वोस्त्रक्ति, कोतंबिया, इजनाइल समेत तमान देशों के सेतानी योग महोत्सव में भाग तेने पहुंचे हैं। जानेशर क्रम क्टूंबने पर रखनीय महित्यओं ने उनका पारम्परिक इंग से सर्वत्रोती से भय



विदेशी सेलानियों के स्वानत के लिए परंपरिक वेशमूच में तैयार महिलाएं। जानरण

#### विदेशी सैलानियों ने कुमाऊंनी व्यंजनों का उठाया तुत्क

जारेश्वर : खेन महोत्कर में शिखन करने पहुंचे विदेशी केलानचे के लिए केएमकीएन है। गुरुवार को जागेश्वर पहुंचने के बाद उन्हें कुमाउँनी व्यंतन परोने गर।तो उनका स्वाद लेकर वह वहां के स्वादेश भोजन की तारीक किए बिना नहीं रह सके। उन्होंने इनकी करकी क्रमंसा की।

#### प्रशासन का मुस्तेद

जारेश्वर : जारेशर में शुरू दूर दीन दिनसीय योग महोत्सर के अखोजन को लेकर प्रसारत मुन्देर दिसारी दिया। आकुक कुमाजं अवनेद नकत के असाव डीएन बंधेन शंकल, एतमी केपन नगन्यल महोत्सव की व्यवस्थाओं पर बरीकी से उजर रसे हुए हैं। जबकि अन्य विश्वयों के अधिकारियों भी उड़तेशर वाम में ही तेना किया नवा है। वहां वसकी वहता-पहता है।



## नक जागर

### जागेश्वर धाम में विदेशियों की ध्यान मुद्रा

🖲 जागेश्वर धाम में की पूजा-अर्चना 🔍 यादों को संजोकर वतन को खाना हुए योग साधक



## दैनिक जागरण

#### •संस्कृति समागम का गवाह बना जागेश्वर

संदर्ध सारोपी, सार्वेच्छ ( क्या : प्रीव्द प्रवेचना पात्र में प्रवास को संदर्भनेत पोत्र प्रवेचना पात्र मुख्या को संदर्भनेत पोत्र प्रवास का मुख्या को मार्थक्त पात्र को स्थान की मुख्या का में मुख्या कि स्थान के प्रवास को पात्र मार्थक्त की मार्थक्त की पात्र की पात्र मार्थक्त की सार्वेचन की सार्वेचन प्रवास किया स्थान की से पात्री पात्र पात्र की सार्वेचन की मार्थक्त की पात्र पात्र की सार्वेचन की मार्थक्त की पात्र की सार्वेचन की मार्थक्त की पात्र की सार्वेचना की मार्थक्त की मार्थक्त प्रवास की सार्वेचना की मार्यक्त की मार्थक्त प्रवास की सार्वेचना की मार्थक्त की मार्थक्त प्रवास की सार्वेचना की मार्थक्त की मार्थक्त प्रवास की मार्थक्त मार्थक्त पात्र की मार्थक्त प्रवास की प्रवास की मार्थक्त की मार्थक्त की प्रवास की मार्थक्त की प्रवास की मार्थक्त मार्थक्त की मार्यक्त की मार्थक्त की मार्यक्त की मार्थक्त की मार्यक्त की मार्थक्त की मार्थक्त की मार्थक्त की मार्थक्त की मार्थक्त की मार्थक्त की मार्यक्त की मार्य

विधानसभा आवत कुंजरात व सामी विदानंद ने किया वार्रकान



#### THE TIMES OF INDIA

Almora gears up for int'l yoga, Kumaon food fest



Files Store C Mitmed 1 Gel 2 m them



ALMORA: Almere is gearing up for two major festivals back to back, the International Yoga Festival, and the Kosmon Food and Cultural Fest which will be held at Jagesdovar and Gararalam) respectively from November  $\underline{c}$  to  $\tau$ .

The Untrakhand Tourism Development Council (UTDC) is organizing the yoga festival which will see participation from more than 100 foreigness from Malaysis, Belgium, the US, China, Columbia, Kong, Jones, South Korna etc.

Rishikesh-based Farmarth Niketan has been roped in to collaborate with the government for the event. The Kamaon Mandal Vikas Nigam (KMVN) is the andal agency which will provide facilitie such as boarding and folging to the visitors.

To ensure that all preparations are in place, chief minister Harish Recut visited Jageshovar on

He also directed the district administration officials to finish all arrangements to avoid inconvenience to visitors. Stating that he wasted to develop Japoulovar as a tourist spot for yoga and spiritual activities. Revent added, "Ensure that all security measures are in place for the even We used to provide proper services and facilities to tourists."

Gring information, an efficial of Farmar's Niketan, said, "Representation from around no constrien including Malaysia, Belgium, the US, China, Columbia, Kenya, Innel and South Korea will take part in the event. Participants from Innel and Acab countries are also Mely to be in

Almora district magintrate Serin Bannal told TOL. "Preparations for the yoga festival have been recepleted. Police officials have been depotted at various places."

KMVN peneral manager Trilok Smath Martoliva said "The event will comprise your courses The NAVN and all private botsh known he booked for the even. More than 100 igners are likely to attend the even. More than 100 igners are likely to attend the even. Sorvik food will be offered to visitors."

Meanwhile, the CM also inspected the site at Garurahuni, so km away from Jageshwar, where the

The Kumaumi Food and Cultural Fest will be incommated by Congress party possident Soula

Almora DM Savin Bassal said preparations were on in full swing for the Kamasani feet

# उत्तर उजाल

(कार्तिक कृष्ण एकादशी संवत् 2072)

#### योग महोत्सव में 16 देशों के साधक

जागेश्वर में अन्तर्राष्ट्रीय योग महोत्सव शुरू, 100 विदेशी प्रतिभागियों में 40 चीन के

- धार्मिक पर्यटन के साथ आध्यात्मिक पर्यटन को मिलेगा बढ़ावा
- प्रातन संस्कृति को बटावा देने का प्रयोग

अल्पोड़ा। गुल्बर को परवर्ष विकेतन एवं कुमार्ज मन्द्रत विकास विगय के गरवाचका में बारेनका में अंतर्रहीच योग महोताब हुत हो गय। इयम दिन नहीताब में 16 देशों के <mark>योग महोताब का दीप कामका हु-शाम्भ करते स्वार्ध किहानंद स अन्य</mark> समापन 150 फॉटकों ने प्रतिकार को सहाम देने के लिए पर्यटन और नामा ने बाह्य देशों से असे योग को सहाम देने के लिए पर्यटन और नामा ने बाह्य करी हुन किया। इस जनसर पर आसीवत कार्यक्रम में विधानसभा जन्मक गोविंद सिंह कृतवात ने कहा कि राज्य में पर्वटन के साथ अस्पारितक पर्यटन को बहाया दिया जावेगा।

क्टोंने प्रसिद्ध जागेरका मीदर परिस्त में अंतरीकीय खेग बडोताय का शुभरम्भ करते हुए कहा कि प्रदेश सरकार पर्यटन को बहाज देने के लिए जारेक्टर धाम को चोंक्वे धाम के रूप में किसीसत करने के लिए प्रचासत



को बहुत्व देने के लिए पर्यटन और नयाल ने बहुती देशों में अर्थ खेग मंस्कृति विभाग अभिनय प्रयोग कर प्रतिकृत्यविकों का स्थानन करते हुए एक है. तर्कि बहुत के अने वाले कहा कि अन्य स्थान में जो भी रहा है. ताकि बदार से जाने वाले पर्यटकों व अद्धालुओं को योग का लाभ पिल सके। महोताब में 16 रेसों के 100 प्रतिभागी था। से रहे हैं। इसमें चीन के 40 प्रतिभागी हैं। परमार्थ निकेशन अधिकेश के

रचार्या निकार आवस्त्र के स्वामी विदानद महाराव ने कहा कि कारेकर क्षेत्र वहां धार्मिक रूप में पूरे विरूप में जाता खात है, वही अब इसे पूर्वटन क्षेत्र के रूप में भी पहचान है। वर्तवार समय में पुरावर संस्कृति किलेगी। आयुक्त कुमार्क अवरेद किंड

कहा कि आप समय में यो भी मुनिशाएं भूतिया हो सकती थी, उसका प्रथात किया गया है। उन्होंने सभी लोगों से इसमें सहस्रोग की आर्थाल की। साध्यो भगवती ने बताया कि उनके अलाका कर्व चेग प्रशिक्षक देश-

विरेड से अपे तत्त्वम चेग प्रतिश्वानों को योग विसा सिन्द्रार्थि । कार्यक्रम में कर साराहकार समिति के जयानक विरुद्ध करोटक, कई गणपान्य स्तेग ज्योजित के। अनुसूचित व्यक्तिकारकोर आचेन के संचालन केवन विद्या विद्या।

कल पहंचेंगी सोनिया

अल्बोड्डाः जानेत्वर में आयोजित अंतर्राष्ट्रीय योग महोताव में 7 नवंबर को कटिया अध्यक्षक कोरिया गांधी प्रतिश्वार अरेपी। गुरुवार को बड़ां करिया कार्यालय में हुई बैठक में बेलाओं हे वनका भाग प्रयागत करने का

रूपायध्य राजेन्द्र काराकोरी, जिला सङ्कारी क्षेत्र के अध्यक्ष प्रसान पैतीहा, सर्वेक प्रमुख पीतान्वर पान्दे कुपार्क मण्डल विकास लिएम के उराध्यक्ष गोराल दश बहु, जोच सिंह डेक, विवय सारस्था, सांच्यी भारतती, विताविकारी स्थित भीता, पुलिस अभीक्षक करन सिंह गणन्यल, कुराई पण्डल विकास निरम के प्रकृत्य निरोक्तक कीराक गम्बांता और महाप्रकृतक डीएक मार्गिताव, उन विकारिकारी अनिता क्षिताल, व्यार ग्रामित के अध्यक्ष प्रकार पट्ट ग्राहित

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#### जागेश्वर में अंतरराष्ट्रीय योग महोत्सव शुरू

Published: Ths. 55 Nov 2015 58 49 PM (ST) / Updated: Thy. 55 Nov 2015 58 47 PM (ST)

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अस्मोता परिद्र आरोपार पान में गुण्या हें तीन दिश्तीय अंतराष्ट्रीय या महास्वय शृह हा गया। महास्वय दा SHIPS SHIPS TRUPPER MUTH पामध्यत स्थाने विद्याद सरसाती सूनि महाराज में द्वीप प्रज्ञातिक कर किया।

कि जानेश्वर में चान महात्मह आचाजिल and at sive other at sent her और लेब को गर्गटन के मानगित गर स्थित पहिल में लाना है। वहीं पानाओं निकेतन अभिकेश के परमाध्यक स्थानी

पिदानंद्र सरस्थारी मृति महाराज में शहा कि वह किशा के अनेक देशों का असल का गुत्रे हैं, लेकिन जीवा बॉटर्न और बुकुन प्रदान करने ताल महील प्रकृति से जानेश्वर धाम को दिया है, वेसा वही और नहीं है।

इन्होंने करा कि वर्तमान में बांग का व्यापक करत पर क्सार.कार हा रहा है। यहां की यात महारकार में 16 देशों के आध्या गूर्य हैं। असती वार वाशिश की अराजी कि वर्ष से अधिक हैशा के लाग आनेश्वर धान HIST WE REPORT IF THEM BY HEL



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## अमरउजाला

#### मील का पत्थर साबित होगी योगधारा

योग, आध्यात्म में विश्व को एकता के सूत्र में बांधने की शक्ति

अमर उजाला स्यूरो

अल्बोद्धाः परमर्थं निकेतन और जनेत्वर में आयोजित दो दिवसीय

📗 मानेस्टर में अंतरस्म्हीय बोज न्योक्त क तनारन

पर्यटन निकास परिषद की ओर में ही पेषित होती है। उन्होंने कहा कि मेर, ज्यान, साधवा, आज्याल में पूरे विरुष को एकता के गृह में बांधने की अदम्य शक्ति है। स्वामी विदानंद ने कहा कि परमार्थ जनरात र जनकार दो हरमाना कि माने, जानी, कार्या, जानी, केहरक्ट्रीन योग कार्त्रस्थ का में पूरे निरस को एकज के गूर में समयदा हो तब है। सम्मान बोधीन की अदाब दलित है। स्वामी अवसर पर प्रामर्थ निकेतन के विदार्गद ने कहा कि गरमार्थ स्वामी विदार्गद सरस्वती ने कहा निकेतन सरकार, समाम और शक्त विकास माराजी ने कहा निकेटन मारकार, समझ और कि जारेन्सर धान में सुरू स्वयं के प्रधानों में जारेन्सर में हुई मोरुपाय प्रिक्त में मील का पर्यटन के लिए करनी मुस्तिकर पत्तार स्वतित होती। जुटाने का प्रधान करेगा, ताकि उन्होंने कहा कि चीन स्वित्व विश्व के कई देशों से भारतीय मंग्नुती की समुद्ध परिया पर्यटक जारेन्सर प्रमुखे। उन्होंने है। वस्त्रीय कुटुंबकन की प्रीक्तस्तान में जारेन्सर में स्वानीय विवारपात भी मोर विश्व के जीए। सोनी की धार्मदारी से भाव छोग

गरोलाव आयोजित करने की धीषणा की। समापन अवसर पर विदेशी प्रविभागियों ने भी विचार रखे। यथी ने जानेत्वर की प्रकृतिक मुंदरता जारेरत्यर धाम महिते के स्थापन करत की काफी माता। कुमाओं गंडल क्षित्रम सिगम के अधिकारियों ने सभी असिवियों का ध्यभर जवते हुए उनके पुतः ध्यमन की कामन की।

हम मीचे पर केएमधीरन के रमडी भीग्रज गर्जाल, महाप्रकंपक जिलेक जिंह महाप्रकंपक मर्वेलिया, डीएक्टी डीके रामां रेचेंद्र एंत, धर्मानंत जोती, मृजमोमन तिकारी, निर्मल राजत, रित्यरण पांडे, पीर्म अधिकारी, शंकर रेतेल्ब, टीपक उपेली, चटन कुमार, मोतन राम, दीपक राम, कुमारीम पेरी आदि मीजूर में।



### INDO-CHINA YOGA FESTIVAL: A HISTORIC FIRST



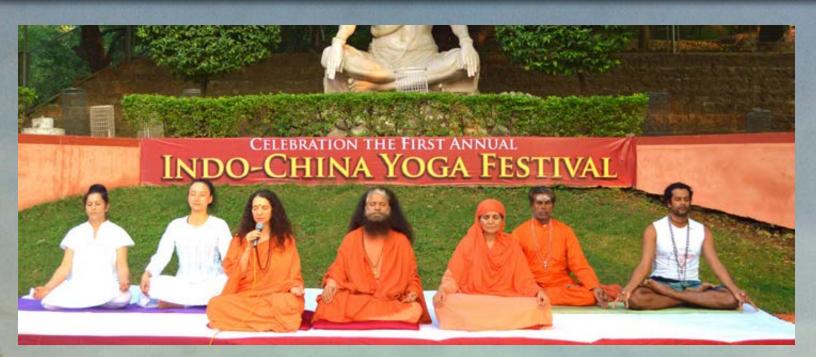
The first ever Indo-China International Yoga Festival in India took place on the holy banks of Mother Ganga in Parmarth Niketan (Rishikesh), with participants from 31 nations. The festival ran from the 5th through the 9th November with the first 2 days in Jageshwar Dham organized and run jointly by the Government of Uttarakhand and Parmarth Niketan (see pgs 15-25), and the second 3 days at Parmarth Niketan, Rishikesh.

It was inaugurated by Pujya Swamiji, Hon'ble Minister of Agriculture Shri Harak Singh Rawatji, Shri Rajeev Swaroop, SSP Rishikesh, Sadhvi Bhagawati Saraswatiji, Mr. Zhu Thai, CEO, Keep Yoga, Beijing, China, Dr Yuva Dayalan, Founder-President of Yuvaa School of Yoga, Hong Kong and many others.

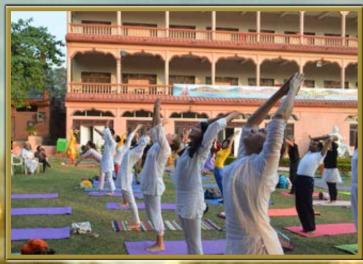
Every day participants took part in a plethora of Yoga classes from 6am-5pm, joining each evening in the yagna/havan and Ganga Aarti, in which they sang and chanted joyfully.











Some of the main leaders, organizers and yogacharyas at the Indo-China International Festival were:

Mr. Zhu Thai, CEO, Keep Yoga, Beijing, China

- Mr. Zhu Feng, Assit CEO, Keep Yoga, Beijing, China
- Ms. Sharmila Mahesh Kumar, Grand-daughter of Prattabi Jois, Mysore, India
- Sadhvi Abha Saraswati, Senior Yogacharya, Head of Parmarth Yoga Department
- Sadhvi Bhagawati Saraswati, Director of the International Yoga Festival- Parmarth Niketan (Rishikesh)
- Mr. Zhao Te La, Famous Yoga Teacher in China with hundreds of Yoga studios in China
- Ms. Liu Je, Famous Yoga Teacher in China, First Yoga Beauty of Asia

- Dr. AM Moorthy, Vice Chancellor, Tamil Nadu Physical Education Sports University
- Dr. R Elangovan, Professor and Head, Department of Yoga at Tamil Nadu Physical Education Sports University
- Mr. Brian Siddhartha Ingle, Eminent Yogacharya from America
- Mr. David Jumbo Troung, Yoga Teacher from America
- Shri HS Arun, Senior Iyenger Teacher, Bangalore, India
- Dr Yuva Dayalan, Founder-President of Yuvaa School of Yoga, Hong Kong
- Dr. Indu Sharma, Yogacharya, Parmarth Niketan (Rishikesh)



During the festival, Dr. AM Moorthy and Dr. R Elangovan from Tamil Nadu Physical Education Sports University proudly presented Pujya Swamiji with a lifetime achievement award for His contributions in the field of Yoga and selfless service. There was also a launch of Radhika Khanna's book on Yoga, entitled "Yoga: The Ganges to Wall Street." During the writing of the book earlier in the year, Radhikaji had come to Parmarth Niketan for support in gathering material, pictures and inspiration for her book which seeks to find the spirituality in everyday life and also includes a special chapter on Yogic food by Master Chef, Vikas Khanna. Radhika and Vikas Khanna joined for the launch.

All of the Yoga Festival participants were so deeply touched and transformed as they learned yoga, pranayama and meditation in Rishikesh in the birthplace of yoga, on the banks of the sacred Ganga river.

On the final evening, they expressed their wishes to also have a Lord Shiva statue in Beijing, similar to those at Parmarth Niketan. In response, Pujya Swamiji gifted them with a beautiful Shiva murti, which was taken back to China for installation in in their yoga centre. A larger one will also be prepared and sent to their beautiful nation.

Said Pujya Swamiji, "This Shiva statue symbolizes a bridge between India and China. It is a bridge between countries, cultures and creeds. The Shiva murti is a symbol of the joining of our hearts together in true yoga. It is a symbol of the Power of Peace. That is the power we need today – not power for power but power for peace! India and China, together, joining hands and hearts in a true yoga, or union, of "Power of Peace" can change the whole world!"









































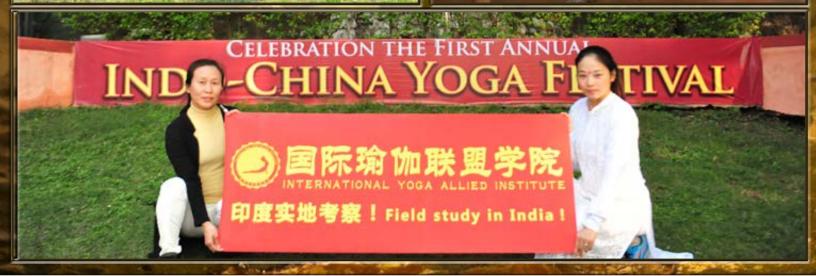


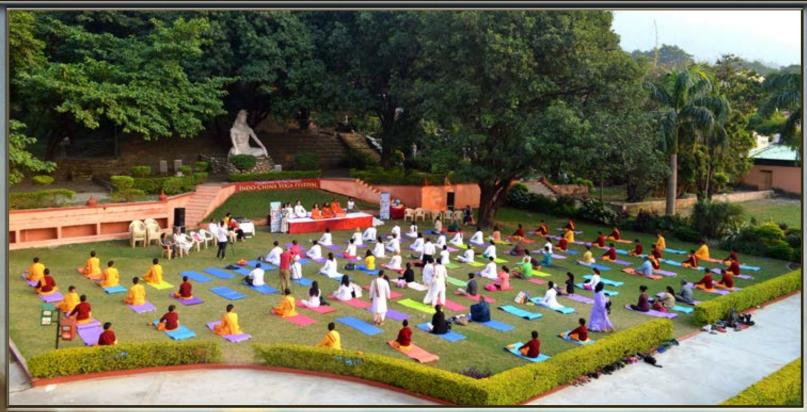


















































At the conclusion of the Indo-China
Yoga Festival was a beautiful evening of
ceremonies, beginning with the sigining of
an MoU that brings together the families
of Parmarth Niketan and \_\_\_\_\_\_. Later,
Pujya Swamiji was awarded a Lifetime
Achievement Award from \_\_\_\_\_\_ and
a beautiful new book on Yoga by \_\_\_\_\_\_
was launched by Pujya Swamiji's hands.





# The Danube River and Ganga River Meet For A Divine Concert with Two Ambassadors







The Danube River met Mother Ganga on the evening of 30 October 2015 at Parmarth NIketan for a forever-memorable concert on the Ganga's divine banks.

All were honored with traditional European classical musical selections in addition to inspiring Indian bhajans, performed by the Spring String Quartet and Ensemble Pasticcio from Austria, along with Parmarth's Rishikumars. The conductor was the esteemed Gerald Wirth, President & Artistic Director of the Twice Grammy Award Winning Vienna Boys Choir. H.E. Bernard Wrabetz, Ambassador of Austria and H.E. Deep Kumar Upadhyay, Ambassador of Nepal were in attendance along with Joana Daniel Wrabetz, wife of the Ambassador of Austria, and Michael Heinz, Director of the Cultural Forum of the Austrian Embassy. Along with the beautiful music, a highlight of the evening was the ceremonial merging of the Danube into Ganga performed by Ambassador Wrabetz and Pujya Swamiji.













# DIVINE SCHOOL INAUGURATED at the Sacred Confluence of Rudra Prayag

Pujya Swamiji visited Rudraprayag recently to inaugurate a beautiful Chatra Vas (Hostel) and Meditation Centre at the Sanskrit Mahavidyala Rudraprayag at Sangam Ghat. These buildings were devastated in the floods of 2013 and new construction by the Swaminarayan Gurukul Parivar, with the blessings of HH Pujya Swami Madhavpriyadasji, in collaboration with the Divine Shakti Foundation-Parmarth Niketan, Rishikesh, took place to restore the building.

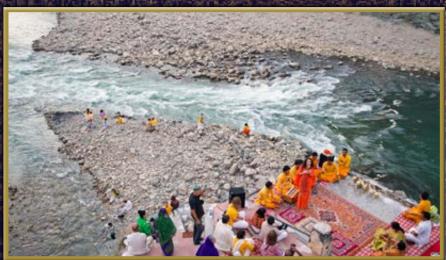
The opening programme was joined by the Hon'ble Education Minister of Uttarakhand, Shri Mantri Prasad Naithaniji, head Acharyas of the school as well as all the students and their families.

The school seeks to bridge the gap between culture and computer, in essence preserving the Indian culture while also maintaining our strength technology. Pujya Swamiji also shared His vision of a sacred Ved Dham in this location, creation a Centre of Excellence and a world-class Priest Training Centre in this historic heritage site, which would attract people from across India and the world to stay rooted in their sanskriti while also be given the tools and flexibility through innovative spirituality to navigate through changing times.

After the inaugural programme there was a divine Ganga Aarti ceremony on the Sangam, joined by Pujya Swami Durganandaji and members of more than 15 countries. Pujya Swamiji emphasized that time has come to develop Uttarakhand as an eco-tourism destination for the world by inviting and sustaining spiritual, cultural and wellness tourism.









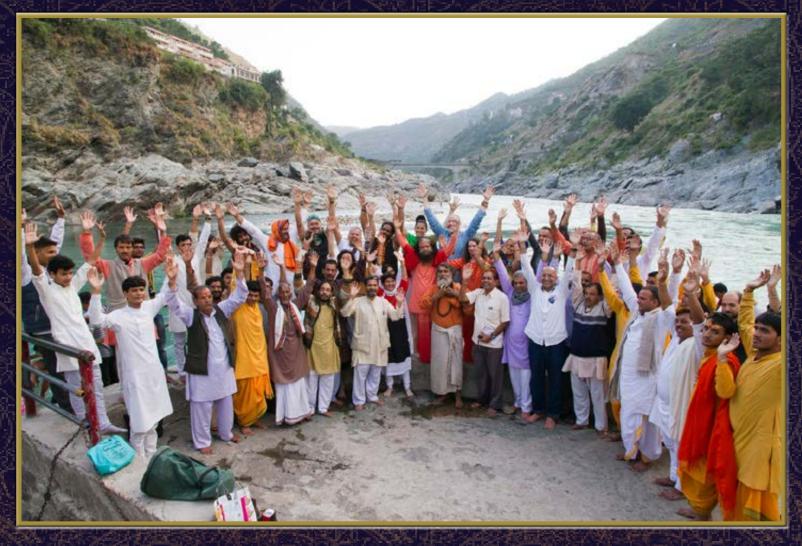
















# THE MUSIC OF ISRAEL AND INDIA CONVERGES on the Banks of Mother Ganga



Artists from Israel, Turkey and Australia and many other countries, led by Bharat Mitra, Founder- President of Organic India and eminent Israeli artist Gill Ron Shama and his interfaith band from Israel, shared their music with their global family.

They joined Pujya Swamiji on the yatra to Devprayag and Rudraprayag as well as for the first ever International Yoga Festival in Jageshwar.

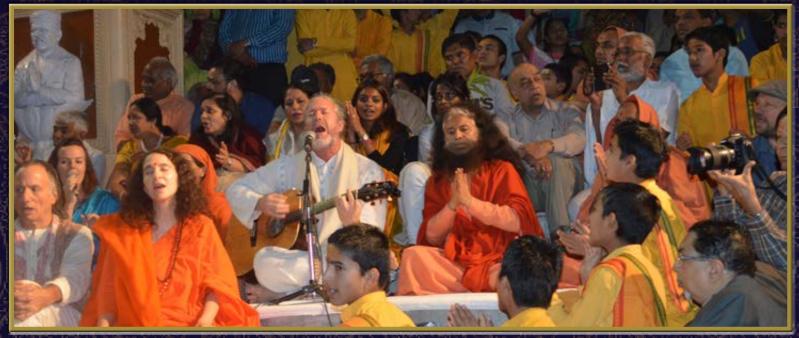
They shared their music of love and harmony along with a special song for world peace, called One Source Waking Up in the spirit of Vasudhaiv Kutumbakam,

bringing together the world's faiths with the sacred chanting of Om Shalom Salam Amen, signifying a yogic union of countries, cultures, colors and creeds. This special song was recorded in each location and will be part of a unique music video. The song will ultimately be chanted by one billion people from all over the world, singing together.....

The artists were so deeply touched by the beauty, spiritual-cultural heritage of the Himalayan state that they have planned to return back for the 17th Annual International Yoga Festival and Kumbha Mela in Spring 2016.













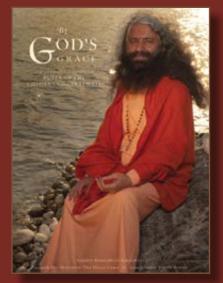


## Special Announcements



### By God's Grace

### The Life & Teachings of Pujya Swami Chidanand Saraswati



In this compelling biography, **Pujya Swamiji's** divine life is beautifully detailed chronologically. Upon its release, this book held the NUMBER ONE position as the best-seller in Amazon.com's Hindusim section, out of a total of over 17,000 books!

Illustrated with exquisite photos of Ganga, the Himalayas, and all of the saints and world leaders with who Pujya Swamiji has spent the first 60 years of His life, it tells the inspiring, uplifting and transformative stories of Pujya Swamiji's whole life – from meeting His Guru at the tender age of eight, to His youth filled with intense sadhana in the Himalayan forests and jungles, including standing on one leg for 11 hours a day. By God's Grace then goes on to beautifully describe Pujya Swamiji's arrival into Rishikesh and choice of stay there, followed by the history of His life at Parmarth Niketan, first as a young student and then as head of one of India's largest spiritual institutions. You will read about His travels around the world, touching and teaching people of all religions, all cultures and all walks of life.

Pujya Swamiji's very life is His message; the book also includes special "teaching" sections. Each special teaching spread takes one of Pujya Swamiji's most fundamental teachings and shares it, in His own words, through His own voice, on gorgeously illustrated pages.

Published by Mandala Earth Publications of California, USA, this book is perfect for personal reading and for gracing the top of your coffee table, and it is also the perfect gift for any friend or loved one who, whether they know Pujya Swamiji personally or not, is looking for a glimpse into the life of one of history's truest, wisest, deepest, funniest and most down-to-earth spiritual leaders. Laugh, cry, look at yourself and your life in a brand new way.

For more information including ordering information for this beautiful book, please click: www.bygodsgracebook.org.



### Volunteer With Us

### Join hands in a global interfaith mission of peace



We are always looking for caring, hard-working volunteers to join us here at Parmarth Niketan, Rishikesh.

As our projects grow, so has our need for professional, inspiring, and productive individuals who wish to dedicate their time, talent, technology and tenacity for our mission to achieve a greener, cleaner, and safer tomorrow for all humanity.

If you would like to get involved and volunteer in any one of our projects, please download our Volunteer Application Packet and send us your application.

Click here to download the application.









## Visit us Online





Visit our Websites By Clicking: www.parmarth.com (Parmarth Niketan Rishikesh) <u>www.gangaaction.org</u> (Ganga Action Parivar) <u>www.washalliance.org</u> (Global Interfaith WASH Alliance) <u>www.divineshaktifoundation.org</u> (Divine Shakti FOUNDATION).

WWW.PROJECTHOPE-INDIA.ORG (PROJECT HOPE), <u>WWW.IHRF.COM</u> (INDIA HERITAGE RESEARCH FOUNDATION)



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#### Watch our Videos

CLICK HERE: WWW.YOUTUBE.COM/PARMARTHNIKETAN