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Sadhvi Bhagawatiji’s Divine Birthday Joyously Celebrated
World Happiness Day Celebrated
Earth Day Celebrated
A Sacred Procession
A Beautiful Birthday for our Beloved Gurmukh
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www.parmarth.com (Parmarth Niketan Rishikesh), www.gangaaction.org (Ganga Action Parivar),
www.washalliance.org (Global Interfaith WASH Alliance),
www.projecthope-india.org (Project Hope), www.divineshaktifoundation.org (Divine Shakti Foundation), www.ihrf.com (India Heritage Research Foundation)
Wherever Pujya Swamiji goes, His divine presence and wisdom not only inspires those present, but brings light and upliftment to all. Through His extensive travels throughout the world as well as when He is home in Parmarth Niketan, Rishikesh, thousands of people come together in fellowship and harmony so that they may hear His timeless wisdom, sit in His loving presence and share their own noble ideas for the betterment of the world.
In a historic event, top leaders of the world’s pre-eminent Faith-Based Organizations were personally invited by World Bank President, Dr. Jim Yong Kim, to launch the World Bank’s new *Faith to End Extreme Poverty* Initiative. Pujya Swamiji sat beside Dr. Kim during this flagship event at the opening of the World Bank’s prestigious Spring Meetings, which were attended by political, economic and social leaders from around the world.

In His address, Pujya Swamiji said “In Indian culture there is a great belief in karma. So many times I hear people explain poverty by saying, ‘Oh, it’s just their karma to be poor.’ I always say, ‘Maybe it is their karma to be poor today. But what about our karma? It is our karma to help them and make sure they are not poor tomorrow.’ Let our new slogan be: Our Choices, Our World.”

Pujya Swamiji also presented President Kim a shawl woven by affected women villagers from the Kedarnath Valley who were left widowed and abandoned by the tragic floods.

I thank the World Bank for this great beginning and for this historic initiative that is bringing all of us together. I call on all faith leaders to put their faith into action. Let us be together, and let us change history together.”
With World Bank President, Dr. Jim Yong Kim and leaders from Islamic Relief, Catholic Relief, American Jewish World Service, Sarvodaya Shramadana and NPR, Meeting at World Bank Headquarters
Senior Members of the World Bank’s Departments of Water and WASH
Reunited With World Bank President at Sustainable Development Summit

In July, Pujya Swamiji and Sadhviji were invited back to World Bank Headquarters for its historic Religion & Sustainable Development Summit.

During the conference, during a special Iftar organized by the World Bank Group and Islamic Relief, Pujya Swamiji met with the World Bank President, Mr. Jim Yong Kim. Pujya Swamiji lauded the World Bank’s commitment and continued support for the Government of India’s massive Clean Ganga Mission, and deeply appreciated President Kim and his entire team for the great work they are doing to end extreme poverty throughout the world. They also discussed the Global Interfaith WASH Alliance’s mission to help ensure everyone, everywhere has access to clean and healthy Water, Sanitation and Hygiene (WASH). The importance is especially crucial in India, where 1,200 precious young children are dying every day due to the nation’s poor WASH conditions. Pujya Swamiji gifted President Kim with a beautiful Elachi (Cardamom) Mala as a symbol of President Kim’s green leadership for the world.
Swami Chidanand meets WB President, discusses poverty alleviation

By OUR STAFF REPORTER
RISHIKESH, 12 Jul: Swami Chidanand Saraswati, President of Parmarth Niketan (Rishikesh), Co-Founder & Co-Chair of Global Interfaith WASH Alliance (GIWA), founder of Ganga Action Parivar and Divine Shakti Foundation, was at the World Bank in Washington DC this past week for a special conference on ‘Religion and Sustainable Development’.

At the conference, which was sponsored by the World Bank Group and Islamic Relief, the Swami met World Bank’s President, Dr Jim Yong Kim, at the World Bank Headquarters.

The Swami lauded the World Bank’s commitment and continued support for the Government of India’s massive Clean Ganga Mission, and deeply appreciated President Kim and his entire team for the great work they were doing in and extreme poverty throughout the world. The Swami also shared with President Kim the Global Interfaith WASH Alliance’s commitment to Swami Shri Haridas Abhijnan (Chief Mission Director) as well as to the improvement of Water, Sanitation and Hygiene (WASH), including ways in which access to clean drinking water and adequate sanitation facilities and education could be made available, accessible and affordable to all. They also briefly spoke about the active engagement and role that faith has in eradicating extreme poverty from the world.

The Swami gifted President Kim a beautiful Elachi (Cardamom) Mala as a symbol of President Kim’s green leadership.

The Swami and Sadhvi Bhagawati Saraswati later had a detailed discussion regarding WASH, Sanitation and Hygiene with a team from the World Bank, including Khamma Rego, Lead Health Specialist and Head, Health in Africa Initiative, Sanjay Pradhan, Vice President of Leadership, Learning and Innovation section of the World Bank; Soma Ghosh Moulik, Senior Specialist of Water and Sanitation, World Bank and others. They spoke about innovative technologies, such as bio-digester toilets systems, in which waste and by-products of human faecal waste, which typically end up contaminating and polluting water ways and soil, could be properly treated and used to effectively meet growing energy and water needs. They also discussed GIWA’s initiative and plans during the upcoming Kumbha Mela in Nasik and Hardwar to channel faith into action, urging the masses to rethink and rethink their connection, relationship and engagement with WASH. They spoke about the founder of momentum GIWA’s innovative and integrative 3H program of Health, Hygiene and Harmony is gaining, bringing together faith leaders all around the world and especially in countries like India, which tragically, has the most number of children under the age of five dying, estimated 2200 children, every day due to poor WASH.

These meetings took place during their visit to the World Bank Headquarters for a Conference on ‘Religion and Sustainable Development’ with the UN, UNICEF, Governments of USA, Norway, Germany and UK, which was organized jointly by the World Bank and the “Joint Learning Initiative on Faith and Local Communities”.

The conference was in tandem with the flagship campaign launched by the World Bank in April this year in which the Swami served as the Hindu representative, and as one of the five faith representatives, at the World Bank’s flagship event at the opening of their annual Spring Meeting on the role of faith leaders in eradicating poverty with Jim Yong Kim.

Chidanand Saraswati Meets With World Bank President In D.C

By A Staff Writer
Swami Chidanand Saraswati, president of Parmarth Niketan, Rishikesh, and co-chair of Global Interfaith WASH Alliance, met with World Bank President Jim Yong Kim in Washington DC earlier this month during a Conference on “Religion and Sustainable Development.”

The July 11 meeting was attended among others by representatives from the United Nations, UNICEF as well as the Governments of the United States, Germany and United Kingdom.

Saraswati lauded the Bank’s commitment and continued support for India’s Government’s Clean Ganga Mission, and praised Kim for the great work the Bank is doing to end extreme poverty in the world.

The meeting between Saraswati and Kim came during a special Iftar organized by the Bank and Islamic Relief. Saraswati also told Kim about Global Interfaith WASH Alliance’s commitment to Clean India Mission as well as to the improvement of water, sanitation and hygiene (WASH), including ways in which to access clean drinking water and adequate sanitation facilities and how education can be made available, accessible and affordable to all.

They also briefly spoke about the active engagement and role that faith has in eradicating extreme poverty from the world.

Saraswati is the founder of Ganga Action Parivar and Divine Shakti Foundation.

Saraswati gifted Kim a beautiful Elachi Mala (Cardamom garland) as a token of recognition of the latter’s green leadership for the world.

He and Bhagawati Saraswati later had a detailed discussion regarding water, sanitation and hygiene with a team from the World Bank officials that included Jumaldin Ahmad, senior director, water and sanitation, and Mohan Pradhan, vice president of leadership, learning and innovation section; Soma Ghosh Moulik, senior specialist of water and sanitation. They spoke about innovative technologies, such as bio-digester toilets systems, in which waste and by-products of human faecal waste, which typically end up contaminating and polluting water ways and soil, could be properly treated.

The discussion also focused on GIWA’s initiative and plans during the upcoming Kumbha Mela in Nasik and Hardwar to channel faith into action, urging the masses to rethink their connection, relationship and engagement with WASH.

The conference followed a flagship campaign launched by the World Bank this year in which Swami served as the Hindu representative, and as one of the five faith representatives, at the opening of the Bank’s annual spring meeting on the role of faith leaders in eradicating poverty.
Role of faith in tackling poverty

INDIAN spiritual leader His Holiness (HH) Pujya Swami Chidanand Saraswat and World Bank president Dr Jim Yong Kim discussed the role of faith in ending poverty during a summit on sustainable development in Washington DC last week.

HH Pujya Swamij also praised the World Bank's support for the Indian government's Clean Ganga Mission, an initiative launched by prime minister Narendra Modi last year.

International delegations gathered in the US capital, home to the World Bank headquarters, for a conference on Religion and Sustainable Development, with the participation of the UN, Unicef and the governments of Britain, the US, Norway and Germany.

HH Pujya Swamij, who is a co-founder and co-chair of the Global Interfaith WASH Alliance (GIWA), and founder of the Ganga Action Parivar and Divine Shakti Foundation, spoke about improving Water, Sanitation and Hygiene (WASH), access to clean drinking water and sanitation facilities.

He gifted the World Bank president with a garland made of cardamom as a symbol of the latter's "green leadership" for the world.

Both leaders discussed in detail innovations in technology such as bio-digester toilet systems.

They also talked about GIWA's plans during the ongoing Kumbh Mela in the Indian cities of Nashik and Haridwar, and about inspiring people to act on the all-one's 3H projects - health, hygiene and harmony.

In India, the deaths of several hundred children under the age of five is said to be due to poor hygiene conditions.

Among those who met HH Pujya Swamij were a team from the World Bank, including Najib Ahmad, senior director, Water for the World Bank Group; Sanjay Pradhan, vice-president of the Leader-ship Learning and Innovation section of the World Bank; and Sonal Ghosh Moulik, senior specialist of Water and Sanitation, World Bank.

The summit was organized jointly by the World Bank and the Joint Learning Initiative on Faith and Local Communities.

The conference follows a campaign launched by the World Bank in April this year, in which HH Pujya Swamij served as the Hindu representative. He was one of five faith representatives at the World Bank's annual spring meeting on the role of faith leaders in eradicating poverty with Dr kim.

दैनिक जागरण

विश्व बैंक के प्रेसिडेंट से मिले स्वामी विदानंद

हिमायुं: पर्याय निरीक्षण के पर्याय में राहुल विधायक ने पर्याय निरीक्षण के पर्याय में बैंक भूमिका में प्रेसिडेंट विवरण देने के लिए सारन प्रमो कर उन्हें 'विदानंद' के नाम से नामांकित किया।

स्वामी विदानंद ने ध्यान में रखा कि विश्व बैंक ने राहुल अनुयायी के नाम में राहुल निरीक्षण के छत्र प्रस्ताव को करने का प्रस्ताव किया। प्रेसिडेंट ने बैंक के मुद्रक कर उन्हें नामांकित कर दिया।

राहुल ने अपने मुलाकात में मिले स्वामी विदानंद को उनके कार्य की समीक्षा की। उन्होंने दी देशी नीरूक की विदानंद की अर्थात् मलीय बैंक की विदानंद की अर्थात् मलीय बैंक की अर्थात् मलीय बैंक की अर्थात् मलीय बैंक की अर्थात् मलीय बैंक की अर्थात् मलीय बैंक की
Meeting with H.E. the President of South Africa

Pujya Swamiji and Sadhvi Bhagawatiji had a beautiful meeting with His Excellency the President of South Africa, Mr. Jacob Zuma, at prominent industrialist, Shri Ajay Gupta and his family’s home in Johannesburg, South Africa.

Pujya Swamiji shared that GIWA is the world’s first initiative that is engaging the planet’s many faiths as allies in efforts to create a world where every human being has access to improved and sustainable water, sanitation and hygiene (WASH). He shared GIWA’s 3H Programme of Health, Hygiene and Harmony in which already interfaith leaders of GIWA were showing great progress, inspiring and transforming their respective communities with the message of WASH.

Pujya Swamiji lauded South Africa as one of the few countries in the world that formally recognises water as a human right. Its national water and sanitation programme, which is one of the largest national programmes in Africa, aims to deliver sustainability on that right. He congratulated HE the President for their efforts to tackle those problems and to achieve major progress in water and sanitation as quickly as possible.

Pujya Swamiji cordially invited him home to Parmarth Niketan (Rishikesh) anytime.
Pujya Swamiji and Sadhvi Bhagawatiji grace a beautiful katha by Pujya Swami Avideshanand Giriji Maharaj in South Africa organized and hosted by Shri Ajay Guptaji’s family.

Pujya Swamiji has a warm discussion with famous devotional singer Shri Vinod Agarwal

Sadhvi Bhagawatiji speaks about the importance of bringing the message of the katha into our everyday lives.
Green Pledges for 9 Divine Days
Shri Morari Bapuji’s Historic Green Katha Held at Parmarth

This June, a forever-memorable Katha was presented under the green inspiration of Pujya Swamiji by Pujya Shri Morari Bapuji.

The Katha was dedicated to Mother Nature, Mother Earth and the environment, with a strong emphasis and appeal to preserve and serve our planet.

During the katha, in honour of Yoga Off the Mat, the following pledges and green initiatives had been inspired by Pujya Swamiji:

Green Katha and Kathakar Social Responsibility which was centered on ensuring the decorations and wastage of money and resources in grand kathas are minimized.
and instead the same finances are channeled to socially-impactful projects, such as tree plantations, educational programmes, rehabilitation efforts, Gau Seva, amongst many other activities.

Pilgrims and Yatris participating in the Green Katha were continuously reminded to:

- Preserve and protect their natural resources as well as their sacred water bodies,
- Plant and care for at least nine trees in honour of the nine day katha, on every festival, holiday, birthday and special occasion
- Reduce if not completely stop the use of plastics, polythene and plastic bottles
- Stop littering and trashing their surrounding environment while starting to segregate solid waste and manage organic waste by composting in their homes

During the course of the Green Katha, respected saints and political leaders including, Pujya Gurusharanandji Maharaj of Vrindavan, Pujya Sant Shri Rameshbhai Oza (Bhaishri), Pujya Swami Ramdevji, Pujya Dr. Pranav Pandyaji, Pujya Brahmacharya Brahmaswarupji of Jai Ram Ashram, Pujya Acharya Balkrishanjii, and political leaders including His Excellency the Governor of Uttarakhand, Shri Krishna Kant Palji, Uttarakhand Ministers of Water, Education, Agriculture and Urban Development, and former CM of Uttarakhand Shri Bhagat Singh Koshyariji, came together to offer their respects to Pujya Morari Bapu and express their happiness that the Green Katha was taking place at the beautiful and divine Parmarth Niketan ashram.

Utilizing the sacred time and opportunity of the Green Katha, Pujya Swamiji proceeded to inspire everyone to commit themselves to living green. He shared on the occasion of the World Blood Donation Day that the donation of blood was one of the greatest gifts one good give to humanity. He shared that the Indian spiritual tradition has always placed selfless service of humanity as the best way to worship and honour the divine in our lives. He urged everyone to be open and willing to donate blood and even consider donating their healthy organs after their death to those who may need them.
In homage of the second anniversary of the deadly Uttarakhand floods of 2013, a smriti (memorial) tree plantation was commemorated by Pujya Morari Bapu, His Excellency the Governor of Uttarakhand, Shri Krishna Kant Palji, and Hon’ble Agriculture Minister of Uttarakhand, Dr. Harak Singh Rawatji. The first tree in the memorial garden, in Rambara, Kedar Valley, had been planted by Pujya Swamiji and Hon’ble Shri Harak Singh Rawatji during Pujya Swamiji’s recent visit to the region.

A special bhoomi poojan ceremony with Pujya Morari Bapu, Pujya Swamiji, BHEL’s Executive Director, Shri Prakash Chandji and members of FICCI and DRDO team took place on June 17th at the Triveni Ghat, Rishikesh for a large bio-digester toilet complex that is being planned there. The first phase of this project will see construction of bio-toilet complexes in 25 key locations around the banks of Mother Ganga in the Himalayan state of Uttarakhand, sites of popular pilgrimage, and will be funded by CSR initiative of BHEL and supported by FICCI and Global Interfaith WASH Alliance (GIWA), an interfaith alliance for improved Water, Sanitation and Hygiene (WASH), of which Pujya Swamiji is the Co-Chairman.

Pujya Morari Bapu, Pujya Swamiji and Shri Mantri Prasad Naithani, Hon’ble Minister of Drinking Water and Education of Uttarakhand, launched a clean drinking water filter on the Parmarth Niketan Ganga Ghat to provide clean drinking water to thousands of yatris visiting every day and serve as an example for thousands of Ghats along the banks of Mother Ganga to provide the basic and much needed facility. It was also shared that all bio-toilet structures being planned by BHEL, FICCI and GIWA would include water filtration systems to provide cleaning drinking water to all.

The symbolic inauguration of rehabilitation and reconstruction project of a sacred Buddha temple, in an earthquake-impacted village in Nepal was also conducted on 20th June by
Pujya Morari Bapuji, Pujya Dr. Pranav Pandyaji, Vice-Chancellor of Dev Sanskriti Vishwa Vidyala, Haridwar and Acharya Balkrishanji, Vice-Chancellor of Patanjali Yogpeeth, Haridwar. The project is an undertaking of the Divine Shakti Foundation, an organization founded by Pujya Swamiji

Pujya Swamiji bid Pujya Morari Bapuji farewell with a beautiful Tulsi plant as a symbol of Bapu’s love for beloved and respected Goswami Tulsidasji, author of the epic Ramcharitmanas/Ramayan, which, like the seeds of the sacred Tulsi plant, had been planted in the hearts of the thousands of pilgrims who listened to his sacred Shri Ram Katha over nine-days at Parmarth Niketan (Rishikesh). The plant was given with the prayer that the purity, sanctity and divinity associated with the sacred Tulsi plant would grow and thrive in the hearts and the lives of the thousands of katha participants. The nine-day Green Katha concluded on the special occasion of the International Yoga Day and Father’s Day celebration.
Pujya Swamiji’s Glorious Green Birthday Celebrated

Pujya Swamiji, inspires and guides so many all over the world to serve for the welfare of humanity and the environment.

It is His divine message of ‘Giving is Living and Living is Giving’ that has brought not only the teachings but the divine touch and transformation from the banks of Mother Ganga into people’s everyday lives. He continues to illustrate that by serving to make our environment clean, green and serene we are actually transforming our internal environment to also be clean, green and serene.

The special day begun with a special puja and havan in honour of His green birthday followed by a purnahuti by Pujya Swamiji. The Parmarth Rishikumars, Parmarth Ashram and Ganga Action family as well as so many from all across India and all over the world offered their love and gratitude, through songs, poems, flowers, fruits, trees and plants, as a symbol of the priceless gifts He fills their lives with. There was also a very special Gau Poojan in which Pujya Swamiji emphasized the importance of 3Gs: Gau, Ganga and Gauri (Cows, the Ganga River and Girls), as the 3Gs that power, preserve, protect and personify India’s rich heritage.

During Ganga Aarti, Pujya Swami Govind Giriji Maharaj shared how he was profoundly touched after spending 40 days on tour with Pujya Swamiji in the USA (and many occasions thereafter), explaining how deeply moved he was by the divine example and life that Pujya Swamiji leads.
Pujya Mahamandeleshwar Swami Asanganand Saraswatiji blessed Pujya Swamiji for taking the meaning of Parmarth, which literally means *For the Welfare of All*, and truly transforming it into a universal message of love, peace and service for all. Sadhvi Bhagawatiji shared her immense love and devotion to her Green Guru.

Many other revered saints and dignitaries as well as devotees expressed how much Pujya Swamiji has changed and impacted their lives. As a symbol of His unconditional grace and love, everyone joined together to shower Him with flowers. Vedic chants by the Parmarth Rishikumars filled the air as everyone prayed for His long and healthy life so that He may continue to bless and touch countless more lives.

Pujya Swamiji also offered His deeply-profound message to the gathering, imploring that a true gift to Him can only take place when we take His green message in our lives, so that we may serve the creation as a symbol of our deep love and affection for the Creator. He humbly said that He did not need cut flowers; just the flower of selfless action for our world and for each other is enough. He also encouraged and inspired everyone to find new and innovative ways to make all birthdays and festive occasions green, by planting and caring for trees as well as by continuing to protect and preserve our environment and all of divine creation.

This year, Pujya Swamiji’s birthday (June 3rd) was celebrated in the same beautiful green week as World Environment Day (June 5th) and Ganga Dussehra/Gangaji’s Birthday (June 8th). Therefore, the beginning of June began as an entirely-green week, filled with celebrations to reaffirm and strengthen our own commitment to making every moment and every minute of our lives, just like His, giving, giving and giving with no discrimination, no vacation, no hesitation and no expectation.
Meetings with India’s Respected Cabinet Ministers

Pujya Swamiji had a series of important meetings with Hon’ble Ministers of the Government of India. He met with Hon’ble External Affairs Minister, Smt. Sushma Swarajji, warmly inviting her to inaugurate DSF’s newly completed Tryuginarayan Women’s Livelihood Centre. Pujya Swamiji shared that she, as the very embodiment of Sacred and Powerful Shakti (Divine Feminine), would be the most ideal and most inspiring women to open this centre, symbolically opening the doors of hope and healing in the hearts and the lives of countless Himalayan women.

During their meeting, they also discussed the upcoming International Yoga Day, June 21st, and the grande celebrations of this historic declaration supported by the UN, initiated and inspired by our Hon’ble Prime Minister of India, Shri Narendra Modiji.

Pujya Swamiji and Sadhvi Bhagawatiji also met with Union Minister of Human Resource Development, Smt. Smriti Irani in Delhi. Together, they discussed a number of projects, including the inauguration of the Brightland International School in Chandrapuri, Rudraprayag, a school that had been washed away completely in the floods and rebuilt by Divine Shakti Foundation and Ganga Action Parivar, with the generous sponsorship of Mahavir Seva Sansthan, Kolkata, as well as with the on-ground partnership with SEEDS, in a new location for 200 schoolchildren, as well as 11 other school projects being undertaken.

They also discussed the “green” activities and efforts...
that are being undertaken, such as bio-sand water filters, bio-toilets, a school Mid-Day Fruit program, solar energy, solid waste management, Water, Sanitation and Hygiene (WASH) education in the Himalayan schools affected by the floods of 2013 as well as inspiring such initiatives nation-wide.

Afterwards, Pujya Swamiji had a very memorable meeting with the Minister of Tourism and Culture, Hon’ble Dr. Mahesh Sharmaji, where they discussed the future of Green Tourism and Green Pilgrimage for Mother India. At the conclusion of the meeting, Pujya Swamiji presented him with a beautiful set of the Encyclopedia of Hinduism.
Clean Rails, Clean India
Hon’ble Rail Minister Comes to Parmarth Niketan

Pujya Swamiji welcomed India’s Railway Minister, Hon’ble Shri Suresh Prabhuji, to Parmarth Niketan (Rishikesh) recently. During the beautiful lighting ceremony, Pujya Swamiji led the Hon’ble Minister in a symbolic bhoomi poojan and shila poojan ceremony (Earth and brick ceremonies) for a planned Rishikesh Bio-Toilet structure.

The Hon’ble Minister commended and lauded Pujya Swamiji’s tireless efforts to bring interfaith leaders together to support the Swachh Bharat mission through GIWA’s Water, Sanitation and Hygiene initiative. Within the coming days they planned to join and serve together to make a Swachh Ganga, Swachh Rail and Swachh Bharat a reality for all. Pujya Swamiji shared that just as there is Corporate Social Responsibility, equally important is Religious Social Responsibility (RSR). Through RSR, Pujya Swamiji shared, we could bring about true and sustainable change in people’s mind-sets, perspectives and behaviours.

During the ceremony, Pujya Swamiji honoured the Hon’ble Minister and his wife, Mrs. Uma Prabhuji, with a sacred Rudraksh plant and Pujya Swamiji and Sadhviji gifted them a set of the gorgeous Encyclopedia of Hinduism for the National Railway Library. The Rishikesh visit was followed-up later that month with a beautiful visit to Shri Prabhuji’s offices in Delhi, where concepts for a more clean and green railway system were discussed in detail.
Meetings in Rail Bhavan
क्लीन इंडिया के साथ क्लीन रेलवे जरूरी
केंद्रीय रेल मंत्री सुरेश प्रभु ने परमर्थ निकेतन में की गंगा आसी

राष्ट्रीय सहारा
रेल मंत्री सुरेश प्रभु ने किया परमर्थ
रेल वाटिका का उद्घाटन

अमर उजाला
चलो इस बहाने स्टेशन तो चमका...

अमर उजाला
रेल भी ने किया जीवन का सीमा का सिलायाम
In April, 2015, a 7.8 earthquake struck parts of Nepal, leaving entire communities in ruins. Project Hope, an initiative founded, inspired and led by HH Pujya Swami Chidanand Saraswatiji, was nearly immediately on the scene, rushing three huge trucks of supplies as well as volunteers from Nepal and India to aid thousands of people. Within days, 5,000 tents/tripals, 10,000 blankets, 10,000 water bottles, 15,000 packets of daily supplies, 15,000 packets of food supplies, solar lanterns and many other items were distributed. In addition, Project Hope’s medical team provided free treatment for those sickened or injured by the disaster.

Project Hope was founded in the wake of the Asian tsunami of 2004, and reactivated in 2013 in response to the tragic floods in Uttarakhand’s Himalayas. To learn more about our continuing relief efforts in Uttarakhand, please see page 60 of this publication, or visit www.projecthope-india.org.

Project Hope volunteers, including over 50 local women, continue to serve many of the remote villages in Nepal. Some of the projects Project Hope is taking up in the first phase include:

- Rebuilding a beloved temple, meditation centre and library that had been destroyed by the earthquake.

- Building a community centre entitled, “Matri Chhaya,” to provide residence, education and skills-training for orphaned children and widowed women.

- Organizing a national-scale Prosthetic Limb Camp to serve all those who lost their limbs, especially during the recent tragedy.
- Coordinating WASH (Water, Sanitation and Hygiene) awareness and education in Nepal, especially with the support of the Global Interfaith WASH Alliance's coalition of faith leaders.

- Continuation and facilitation of medical relief and aid by coordinating doctors and health care professionals to serve and hold camps for needy populations.

- Continuation of sending and distributing relief materials in remote villages that were affected by the earthquake.
PROJECT HOPE
ONE TEAM, ONE THEME

Serving the Survivors of the
NEPAL EARTHQUAKE

PROJECT HOPE
NEPAL EARTHQUAKE RELIEF

RELIEF MATERIALS FOR NEPAL
### Number of Families Served in Nepal by Project Hope Thus Far

<table>
<thead>
<tr>
<th>S.no</th>
<th>Villages</th>
<th>No of families</th>
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<tbody>
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<tr>
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<td>Patan (District)</td>
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<tr>
<td>3</td>
<td>Kirtipur (Dt-Kathmandu)</td>
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<td>Nuwakot (District)</td>
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<td>5</td>
<td>Sindupalchowk (District)</td>
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<td>13</td>
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<td>14</td>
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<tr>
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</tr>
<tr>
<td></td>
<td><strong>Total</strong></td>
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</tr>
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</table>

Read More About Our Distribution and Immediate Relief Efforts!

Click: [http://tinyurl.com/p5wfa46](http://tinyurl.com/p5wfa46)

Read More About Pujya Swamiji’s visit to Nepal!

Click: [http://tinyurl.com/PujyaSwamijiNepal](http://tinyurl.com/PujyaSwamijiNepal)
INSPIRING THE PRESS
GIWA and UNICEF Join Forces For WASH for Bharat

A National Meeting to inspire editors and eminent journalists from all across India to prioritize and raise awareness on Swachh Bharat Abhiyaan (Clean India Mission) and Water, Sanitation and Hygiene (WASH) was held in Delhi on the 28th March, organized by UNICEF, Global Interfaith WASH Alliance and Samyak Foundation.

Tragic statistics on how critical and dire the sanitation situation is in India were shared. Emphasis was laid on how India leads the world in the number of people who lack access to adequate sanitation facilities. India, sadly, also leads the world in the number of children under the age of five who die every year due to lack of WASH, some 1,200 children perish daily. It was also shared that these statistics do not even begin to account for the number of children who suffer from stunting and malnutrition, which are issues intimately intertwined with and significantly worsened by the lack of WASH.

During the meeting Pujya Swamiji passionately shared the need to act now to change this unfortunate situation and guarantee every child and every individual the chance to not only survive but to thrive to their fullest potential.

He also gave the National level editors several beautiful and inspiring and innovative mantras,
“Today, I am so glad to see GIWA’s 3H Programme: Health, Hygiene and Harmony blossoming and thriving. Leaders of different faiths and representatives of different media houses are present here, as one family to promote not only health and hygiene but also to illustrate that we are ready to work together in harmony to bring our mission of improved WASH to all. The powerful confluence of Media, Mahatma (saints) and Mahila (women) Shakti coming together here can truly catalyze lasting and sustainable change.”

Sadhvi Bhagawatiji, Secretary-General of the Global Interfaith WASH Alliance, explained, “It is wonderful to have the media gathered together here today. Your divine challenge and responsibility is not only to share the news but also to make the news! You are the ones who determine which stories, out of countless millions, count as “news,” and from your news today, tomorrow’s future is created. Pujya Swamiji always emphasizes the importance of providing not only information but also inspiration. This is the great role you can play! Sadly, the majority of the news that we read today is often tragic events that we can’t do very much about other than pray – wars, genocide, political upheaval, etc. However, the 1200 deaths every day in India of our young children due simply to lack of WASH is something we CAN do something about. Our actions could save so many lives each day. So, we implore you to create and share news that masses can read, be touched and inspired by and then take action in their daily lives. Also, there is a great need to highlight the countless success stories that illustrate our nation’s spirit of social entrepreneurship and positive change.”

Many great ideas were shared during the meeting and the main action items were summarized in four key measures:
- Screening of films and documentaries to continue raising awareness on these issues would be organized for the masses
- Regional level meetings with religious leaders and key media representatives would be planned
- Larger events to follow-up on the topics of discussion were discussed.
- Involving youth and the GenNext is also part of GIWA’s future plans.

Pujya Swamiji summarized, “You all came in today as Patrikars (reporters) but you are leaving as Partners. You now have the great opportunity to go back into your respective media houses and to ensure that in addition to a department for Editing we should also create one department for Auditing. We need to audit our contributions to the progress and implementation of WASH schemes and projects. Let us commit to a shift in focus from ‘Breaking News’ to ‘Making News’. Let us bring all our powers together for catalyzing a change that truly illustrates the great power we have when we work together as one family.”
A New Sankalp For Mother India
1,000 Social Innovators and Investors Come Together

The Global FICCI-Sankalp Summit and Innovation Expo brought together over 1,000 innovators, social entrepreneurs, investors, development finance institutions, service providers and donors from India, Africa, Europe and the US to discuss and debate issues, trends and solutions that aid business-led development.

In particular, the summit aimed to address critical sectors of water and sanitation, affordable healthcare, education, and food security.

Esteemed speakers at the summit included:
- Shri Nitin Gadkari, Hon. Minister of Road Transport, Highways and Shipping, Government of India
- Dr. Harsh Vardhan, Hon. Minister of Science & Technology, Government of India
- Shri Manoj Sinha, Hon. Minister of State for Railways, Government of India
- Shri Rajiv Pratap Rudy, Hon. Minister of State, Ministry of Skill Development & Entrepreneurship
- Mr. Richard Verma, US Ambassador to India
- H.H. Pujya Swamiji Chidanand Saraswatiji Maharaj, President & Spiritual Head, Parmarth Niketan Ashram
- Dr. A. Didar Singh, Secretary General, FICCI
- Sadhvi Bhagawati Saraswatiji, Secretary General of the Global Interfaith WASH Alliance and President of the Divine Shakti Foundation
- and many more leading CEOs, NGO Directors and Founders, and more.

Pujya Swamiji gave an inspiring address to the Summit, speaking about how innovations in science and technology must go hand-in-hand with innovations in spirituality, saying that today, instead of filling our shelves with new gadgets & devices, we should also fill our Self with new thoughts and ideas. He also spoke on spirituality’s role to inspire the masses to eradicate
poverty and improve WASH (Water, Sanitation & Hygiene).

Sadhvi Bhagawati spoke eloquently on answers for a Swachh Bharat on a high-level panel which she chaired. The panel included representatives from the World Bank and other esteemed organizations.

Over 200 innovative solutions were showcased from regions including Africa and South East Asia that can address global development challenges.
U.S. Ambassador to India, Mr. Richard Verma, hosted a beautiful reception at the Roosevelt House which featured participation of the Global Interfaith Water and Sanitation Alliance (GIWA).

During the event, HH Pujya Swami Chidanand Saraswatiji, GIWA Co-Chair/Co-Founder and Sadhvi Bhagawatiji, GIWA Secretary General, were presented with special awards of recognition by the respected Ambassador for their selfless service for God and Humanity.

The event explored potential areas for collaboration and partnerships between GIWA and USAID to support the Government of India’s (GOI) Swachh Bharat (Clean India) Mission, with a special focus on behavior change to promote healthy WASH behaviors, such as the use of toilets.

GIWA, with the technical support from UNICEF, is demonstrating the critical and unique role of religious leaders to reach large numbers of people across economic classes and geographies to promote access to Water, Sanitation, and Hygiene (WASH) in India. To see more photos, click: www.facebook.com/washalliance
Pujya Swamiji inspired the beautiful union of GIWA with World Toilet Organization (WTO). Mr. Jack Sim, the dynamic and dedicated Founder of WTO, visited Parmarth Niketan recently. The two organizations signed an MoU symbolizing their mutual desire to serve together as family in bringing improved Water, Sanitation and Hygiene (WASH) for all. Mr. Jack Sim had met with Pujya Swamiji at the World Toilet Summit earlier this year and they had an immediate heart-connection through their passion to improve sanitation for people all across India and around the world.
With the blessings and leadership of Pujya Swamiji, a green yatra up to Kedarnath was planned to visit the long-term rehabilitation projects that Divine Shakti Foundation, Ganga Action Parivar, Global Interfaith WASH Alliance and Parmarth Niketan (Rishikesh) took under the umbrella of Project Hope, post the Uttarakhand floods. The plans included a visit to DSF’s Brightland International School in Chandrapuri, Agyustamuni (Rudraprayag) and DSF’s Triyuginarayan Livelihoods Training Centre, just 25 kms from the Kedarnath Dham.
Brightland School Opened In Aftermath of Floods

Brightland International School, which was completely destroyed in the floods of 2013, has been rebuilt by Divine Shakti Foundation, Parmarth Niketan, Rishikesh, led, guided, blessed and inspired by H.H. Pujya Swami Chidanand Saraswatiji.

The new, eco-friendly campus was inaugurated on the 31st May by Hon’ble Chief Minister of Uttarakhand, Shri Harish Rawatji, Hon’ble Minister of Drinking Water and Education, Uttarakhand, Shri Mantri Prasad Naithaniji, Hon’ble Minister of Agriculture, Uttarakhand, Shri Harak Singh Rawatji with Pujya Swamiji and other dignitaries and guests. The newly-rebuilt school will serve hundreds of children within its beautiful campus. Among its green programmes, it will be ensured that a majority of the food available to the children is fresh and organic.

Pujya Swamiji said, “In order to have real progress in Uttarakhand, we need education. Education brings innovation. Youth and the women are innovative and they only need the opportunity. They can play an amazing role in Uttarakhand to change the entire picture of this Divine State. That is why the inauguration of this school is such a great and auspicious event. Let us all work together for the true, green upliftment of our sacred and beautiful Himalayan state.”

Shri Harish Rawatji, the Hon’ble Chief Minister of Uttarakhand said, “I congratulate Pujya Swamiji on the inauguration of the Brightland International School. I also urge Pujya Swamiji to help us rebuild Uttarakhand on a large-scale.”

His Excellency Mr. Ton Sinh Thanh, Ambassador of Vietnam to India, Nepal & Bhutan, and his wife, Mrs. Phan Thi Vinh Khanh, as well as their family and friends visited Parmarth Niketan (Rishikesh) to meet with Pujya Swamiji and Sadhvi Bhagawatiji. HE Mr. Ton Sinh Thanh shared that they had been living in India now for 8 months and were very interested in the Indian spiritual-cultural tradition and the practice of Yoga.

He also explained how just before coming to Rishikesh he had delegates of his Embassy participate in the grand International Yoga Day celebrations at Rajpath, Delhi and how excited they were to be part of such a historic moment. They shared that at their Embassy they practice Yoga daily.

Sadhvi Bhagawatiji, Director of International Yoga Festival and President of Divine Shakti Foundation, warmly invited them to Parmarth’s International Yoga Festival in the first week of March next year. Learn more about this world-renowned festival, visit us at www.internationalyogafestival.com

Pujya Swamiji also gave them a sacred Rudraksha plant as a symbol of their collective pledge to work together with India and Vietnam to bring green and sustainable living to both countries and thereby setting an example to the world.

During their two day stay in Rishikesh they took Yoga classes at Parmarth and were deeply touched by the warmth and hospitality.

They were very keen to learn more about the Karma Yoga programmes inspired, lead and driven by Pujya Swamiji’s divine vision and leadership.

The delegation also joyfully took part in Ganga Aarti and promised to keep coming back home to Parmarth Niketan as well as invited Pujya Swamiji and Sadhvi Bhagawatiji to their Embassy.
See more photos and news stories about this beautiful visit at www.facebook.com/parmarthashram
Sadhvi Bhagawatiji was invited to lead a program at Grace Cathedral, one of the most renowned places of worship in San Francisco and the Bay Area. Darren Main teaches Yoga on the Labyrinth during which she led a beautiful meditation and awakening exercise/experience. Then after the yoga program she gave a full lecture and question-answer session with the theme of “The Miracle of Grace,” and also focused on forgiveness and letting go.

In July, Pujya Swamiji and Sadhviji returned to Grace Cathedral for a special and beautiful programme. See details in our upcoming July - August newsletter.
Ganga Gyan Dhara Samagra
Top Experts Come Together for Mother Ganga

Eminent environmentalists, scientists, revered spiritual-religious leaders, dedicated members of civil society and esteemed members of administration came together in a conference organized by Ganga Action Parivar, Parmarth Niketan, India in collaboration with Institute of Public Administration (IIPA) and the Global Interfaith WASH Alliance-India, under the flagship project entitled ‘Ganga Gyan Dhara’ an initiative of National Mission for Clean Ganga (NMCG) to create a comprehensive database of all organizations, institutions, urban local bodies and everyone directly connected to or serving Mother Ganga.

The prime objective was to bring together all stakeholder, especially from Uttarakhand, to seek their inputs on pertinent issues related to the conservation and restoration of the sacred River Ganga and to work out an action and participation plan to sensitize, engage and involve local communities and mobilize stakeholders. The event endeavored to identify the major gaps in Ganga restoration and come up with a way
forward to address these issues.

The event was initiated, led, guided and blessed by H.H. Pujya Swami Chidanand Saraswatiji, President of Parmarth Niketan, Founder of Ganga Action Parivar and Co-Founder/Co-Chairman of GIWA. Amongst the numerous leaders, dignitaries, scientists and key institutes present in this important conference were:

Central Committee Member of Namami Gange, Senior BJP leader and member of the National Party Executive, Former Cabinet Minister of Uttarakhand, Shri Trivendra Singh Rawatji
Indian Institute of Public Administration, Prof. Vinod Sharmaji
Former Chairman of CPCB and Adviser to IIPA, Shri Paritosh Tyagiji
Convenor of Yamuna Jiye Abhiyan, Shri Manoj Mishraji
Former Expert Member at the National Green Tribunal, Dr. GK Pandeyji
Chairman of Vrindavan, Shri Mukesh Gatum
Chairman of Mathura

As well as many other NGOs and activists from Uttarakashi, Tehri Garhwal, Rudraprayag and many other districts of Uttarakhand

Pujya Swamiji, inaugurating the conference urged participants: “Let us transform our Gyan Dhara into a Jan Dhara and Karma Dhara, share our information and knowledge with the masses and inspire them into action. Let us serve together to protect a lifeline for millions and a source of inspiration for billions. Let us work as one family, as one Ganga Parivar, as one team with one theme to serve our Mother Ganga and ensure that She flows free and pristine for this generation and many generations to come.”

Shri Trivendra Singh Rawatji said, “Hon’ble Prime Minister, Shri Narendra Modiji, initiative of Namami Gange has illustrated to the whole nation that cleaning and restoring the River Ganga and Her tributaries is of vital national importance. The Ganga Rejuvenation Ministry has submitted a detailed and comprehensive plan for cleaning the River Ganga and now its just our job
to inspire everyone to get connected to this mission and do our part.”

Shri Paritosh Tyagiji said, “It’s great that we have declared Mother Ganga our National River but without legislation to protect the National River we will never be able to maintain and sustain its cleanliness and purity. I strongly believe that a rights based approach is crucial to protect our sacred lifeline.”

Justice GK Pandeyji said, “There is much that is being done through the judicial systems but the need of the hour is to prevent any and all sewerage waste, whether treated or untreated from going into the river, instead this water must be recycled and reused. Additionally, 100 metres on both sides of the river must be declared a no construction zone where the use of chemical fertilizers, pesticides as well as open defecation is strictly prohibited.”

Stakeholder’s dialogue from the workshop came up with recommendations and suggestions for bridging the gaps encountered on way of Ganga Rejuvenation. It will also explore strategies, pressing needs and opportunities, as well as identify potential partner institutions, organizations and individuals as well as identify their roles and responsibilities in the vital and crucial task of Ganga Rejuvenation. The workshop will be organized in the form of an interactive roundtable discussion on specific themes around the challenges, opportunities, collaboration, project possibilities and comprehensive action as well as participation plan.

During the event people from many countries and all around the nation participated in the discussions and activities and submitted their suggestions and ideas for a Clean and Free-Flowing River Ganga.
Gov’t of India’s International Conference on Yoga for Holistic Health at Vigyan Bhawan

Pujya Swamiji and Sadhvi Bhagawati Saraswatiji were invited to be respected speakers at the International Conference on Yoga for Holistic Health, on the occasion of the first International Day of Yoga, at the Vigyan Bhawan in New Delhi on 21st June, organized by the Government of India which was inaugurated by the Hon’ble Prime Minister of India. The Hon’ble Home Minister, Shri Rajnath Singh, Minister of State for Finance, Shri Jayant Sinha, and Yoga exponents Baba Ramdev, Shri Jaggi Vasudeva, Dr. Pranav Pandya, Dr HR Nagendra and Dr. Veerendra Heggade also graced sessions of the conference.

**Hon’ble Prime Minister’s message during the inauguration of the conference**

The Hon’ble Prime Minister, Shri Narendra Modiji, described Yoga as a journey from “Aham to Vayam; Sva to Samasti.” (I to we; Self to Universe). He said that if we perceive our human body to be a unique creation, then Yoga is similar to a “user manual” that makes one aware of the immense capabilities of that creation.
In his remarks at the International Conference on Yoga for holistic health, the Prime Minister described Yoga as a “state of mind,” (avasthaa), as opposed to being a commodity or a system (vyavasthaa). He said that the solidarity being expressed through Yoga, in the coming together with brothers and sisters in other countries, brings our hearts and minds closer.

The Hon’ble Prime Minister described Yoga as a gift to humanity. He added that it may have originated in India, but it draws its energies from the millions who practice it around the world. He reiterated India’s resolve to reach out and foster a culture of inclusiveness, of fraternity, of one global family – Vasudhaiva Kutumbakam.

Sadhviji chaired the second session on the first day with the theme of ‘Yoga for Prevention of Disease and Promotion of Health.’

She introduced the session by saying, “Today, this hall, this Vigyan Bhawan, itself is Yoga, bringing together scientists, researchers, experts, religious, spiritual, social, national and international leaders. Yoga is Union. Sometimes, tragically, we think it’s only a union of our nose to our knees or a union of our fingers to the floor and yet, ultimately, it’s a union of the self, this individual, physical, transitory self, with the Creator and the Creation.”

She concluded beautifully by saying, “The world in which we live is just a reflection of the cells of our own being. When we have health and union, balance, stability and joy, then that is what we will bring forth into our communities and into our world.”

To read more, visit: [http://www.narendramodi.in/pm-s-remarks-at-international-conference-on-yoga-for-holistic-health/](http://www.narendramodi.in/pm-s-remarks-at-international-conference-on-yoga-for-holistic-health/)

**WATCH THE SESSION AND SADHVJI’S FULL SPEECH ONLINE:**
CLICK: [http://tinyurl.com/YogaSpeech8](http://tinyurl.com/YogaSpeech8)
Pujya Swamiji recently graced a huge Shrimad Bhagawat Katha by Pujya Rameshbhai Ozaji (Bhaishriji) in the Gandhi Maidan, which is situated at the very heart and centre of Bihar’s capital, Patna. During the event, Pujya Swamiji emphasized how the true completion of a katha only happens when we leave the nearby premises clean and green. He inspired thousands of participants and especially called upon the organizers of the event to carry out a thorough clean-up, ensuring that there was not a single piece of trash left from the event. Pujya Swamiji also spoke to the large audience gathered about the importance of clean water, sanitation and hygiene (WASH), as so much illness and death could be prevented if these practices were taken up, and incorporated into our educational curriculum. He also inspired the Adhyatmik Seva Sangh Samiti, the committee organizing the katha, to adopt the Gandhi Maidan during the monsoon and to plan a massive tree plantation and greening drive to make the huge field lush and beautiful for all future events.

Pujya Bhaishriji was deeply touched by Pujya
Swamiji’s message and shared his continual support for the cause by giving several examples on the importance of keeping both our surroundings and our selves clean and free from pollution. He shared that in 1993, when Pujya Swamiji and Pujya Bhaishriji traveled together extensively, during one of their visits there was a beautiful katha planned in Round Wood Park, London. The committee who rented out the venue to them were very hesitant and afraid to give the space to Indians, as they knew that they would have it returned littered with trash. Being aware of this tragic stereotype, Pujya Swamiji and Pujya Bhaishriji personally got together with all the saints to plan a major clean-up of the whole venue after the katha. Of course, when the participants got word of the saints’ plan, they felt deeply apologetic and came very early the next morning to clean the whole space before the saints got there. Pujya Bhaishriji personally reaffirmed his commitment to the Swachh Bharat Mission and shared that during every katha he would continue to speak about and raise awareness on this vital issue.

They also discussed extensively other components of “Kathakar Social Responsibility” (KSR) [like corporations’ Corporate Social Responsibility] and ways to utilize and channel the masses through their revered and respected faith leaders to be moved into action.

Pujya Swamiji also met with Bharat Sadhu Samaj’s Secretary, Pujya Swami Harinarayandasji, to discuss ways in which Religious Social Responsibility (RSR) can not only fuel Human Social Responsibility (HSR) but also School Social Responsibility (SSR). They discussed the upcoming Kumbha Mela and how to work with Bharat Sadhu Samiti (BSS), a national level committee of India’s revered saints and religious leaders, to keep Kumbha Mela grounds in Haridwar, Nasik and Ujjain clean, green and serene.

Pujya Swamiji also graced BSS’s Secondary Sanskrit Vidyala in Patna and inspired all the beautiful and young students to take the pledge for WASH, and to start cleanliness drives from their school, expanding into their homes and their families.
En route to USA, Pujya Swamiji and Sadhvi Bhagawatiji stopped over in London for one night where a beautiful satsang was organized at St. James School by Shreya and Roshni Lakhani. The headmaster of the school graciously and lovingly welcomed them. Pujya Swamiji was so touched and impressed to hear young, British students chanting in impeccable Sanskrit as they led an invocation. Sanskrit is one of the compulsory subjects at St. James. The satsang was filled with wonderful, deep questions to which Pujya Swamiji and Sadhviji gave inspiring answers.
A Beautiful Keynote Address at the Life Positive Expo

Sadhvi Bhagawatiji gave the keynote address at the concluding program of the annual Life Positive Expo in Delhi. Life Positive is the premier mind-body-soul magazine in India. The 3-day conference at the India Habitat Centre began with Brahmakumari Sister Shivani giving the inaugural address and then 2 days of workshops and concluded with Sadhvi’s valedictory address on how to truly make our lives positive, how to experience deep and true happiness in the midst of the ups and downs of life.
Throughout the year, the world comes to Parmarth Niketan, Rishikesh, to celebrate festivities on the divine banks of Mother Ganga. Many report that the festivities take on a special, even magical feel, bequeathing to people from far and wide a forever-memorable sense of well-being and joy. Other times of year may find Pujya Swamiji in locations across the world, bringing the bliss of Mother Ganga to people of all faiths, cultures and backgrounds.
A forever-memorable Hanuman Jayanti was held on the beautiful banks of Mother Ganga, in which a divine puja was held before hundreds of devoted souls. As offerings were placed before Parmarth Niketan’s beautiful Hanuman Murti to the chants of Hanuman Chalisa, all were touched by a deep feeling of reverence, remembering Lord Hanuman for His intense devotion to Lord Rama, as well as His divine strength and valor. Later, a glorious Ganga Aarti was performed with special prayers of devotion for Lord Hanuman.

In His divine message, HH Pujya Swamiji said, “We can learn from both Lord Mahavir and Shri Hanumanji by taking just two of their many divine qualities into our lives: one being, as Sadhviji shared, their single-minded devotion for the Divine. Through their devotion they exemplified the spirit of not ‘What for me?’ but rather ‘What through me?’”
Uplift, Unify the Shift Network and Global Interfaith WASH Alliance (GIWA) came together for a World Water Day celebration at Parmarth Niketan Ashram (Rishikesh, India). People from all around India and over 20 countries, including Israel, America, China, Japan, Europe, Denmark, Venezuela, New Zealand, Indonesia and so many others, joined together on the banks of Mother Ganga, one of the over 300 locations world-wide, to bring their prayers, pledge their actions and root their intentions to protecting and preserving life-sustaining element of water.

To watch the live telecast connect with us on: https://www.youtube.com/watch?v=QBSmAnbllk8
To join us in for improved Water, Sanitation and Hygiene, visit us at: http://www.washalliance.org
On the occasion of Ganga Dusshera, honouring the day Goddess Ganga came onto this Earth in the form of a sacred river to liberate the souls of the sons of King Sagara (and therefore all of us…), also referred to as 'Gangaji’s birthday,' was celebrated with great love and enthusiasm. We had a beautiful Ganga Dusshera puja with the chanting of stotras, prayers and hymns for Mother Ganga. During the sacred aarti ceremony, Pujya Swamiji and Sadhvi Bhagawatiji gave inspiring messages of how, as we worship Mother Ganga and sing Her glories, we should also take Ganga’s messages into our own lives, and we too should continue to flow, flow and flow, regardless of the hurdles or obstacles, regardless of what turns or sharp banks our lives encounter, regardless of whether people worship/revere and love us or not. Ganga just keeps flowing with her divine flow, and so should we.

Also, on this joyous occasion, everyone prayed and paid homage to all those who lost their lives in last year’s tragic floods of Uttarakhand where the rushing waters of Mother Ganga rose to heights unseen in over 100 years, at the very time of Ganga Dusshera two years ago. We were reminded of the message that Mother Ganga and Mother Nature taught us during that tragedy. On Ganga’s birthday in 2013, She gave us an ultimatum: “Care for me, care for my mountains, my trees and my tributaries and I will bring you life and liberation. Deforest my mountainsides, pollute the air such that the warmth melts the glaciers, dam and divert me, and you will reap the consequences.”

During the sacred ceremony, Pujya Swamiji led everyone in a pledge to protect and preserve the National River and to make small, concrete changes to our lives so that
we can live, think and act more sustainably and consciously. Shri Dinesh Shahra of Ruchi Soya and Shri Bharat Mitra of Organic India as well as so many others joined in the green pledge.

With the blessings and leadership of Pujya Swamiji, a green yatra up to Kedarnath was held in order to visit the long-term rehabilitation projects that Divine Shakti Foundation, Ganga Action Parivar, Global Interfaith WASH Alliance and Parmarth Niketan (Rishikesh) took under the umbrella of Project Hope, post the Uttarakhand floods. The plans included a visit to DSF’s Brightland International School in Chandrapuri, Agyustamuni (Rudraprayag) and DSF’s Triyuginarayan Livelihoods Training Centre, just 25 kms from the Kedarnath Dham.

To learn more about the Yatra, please visit http://www.parmarth.org/updates/yatra.pdf
A beautiful celebration of the International Yoga Day took place on the banks of Mother Ganga, in the lap of the Himalayas in the birthplace of Yoga, in the sacred city of Rishikesh at Parmarth Niketan, with the blessing, vision and leadership of Pujya Swami Chidanand Saraswatiji and the dedication and shakti of Sadhvi Bhagawati Saraswatiji.

The celebrations included a beautiful meditation and words of inspiration by Sadhviji in which she congratulated and lauded the Hon’ble Prime Minister of India.

See The Beautiful Newsletter!
Pujya Swamiji and Sadhvi Bhagawatiji celebrated the first day of the sacred Chaitra Navratri at the gorgeous Chandrabadni Dham, a sacred pilgrimage place, one of the three Shaktipeeth’s in the Himalayan state, located just 37 kms from Devprayag, near the holy sangam (confluence) of Bhagirathi and Alakananda to form the River Ganga.

They were invited and warmly welcomed by Hon’ble Shri Mantri Prasad Naithaniji, Minister of Education and Drinking Water, Government of Uttarakhand, as the Chief Guests for the official inauguration of the nine day festival held every year in honour of the Navratri celebrations. Pujya Swamiji and Sadhviji were joined by many guests from abroad who are staying at Parmarth, as well as yoga teacher’s training students from more than 10 countries.
We must make it a priority to have first Sauchalaya (toilets) then Vidyala (schools), after which we can consider more Devalayas (temples). As Mahatma Gandhiji used to remind us, “Cleanliness is next to Godliness.” Today we need to understand that Cleanliness is Godliness and Godliness is Cleanliness.”

Pujya Swamiji also gave everyone a beautiful mantra, ‘Mela Ko Maila Nahi Karna Hai,’ inspiring everyone to pledge and ensure their melas and festivals are not taxing their sacred environment and that their holy pilgrimage sites remain clean, green and serene. Everyone was deeply touched and moved by Pujya Swamiji’s simple yet profound message. They were eager to work together to make their village a clean, green and serene pilgrimage that attracts and invites people from all over India and all across the world.

Watch the beautiful video of this event online: https://youtu.be/zrhhFdFJx0g
Sadhvi Bhagawatiji’s blessed, blissful and beautiful birthday celebration was blessed by Pujya Swamiji and Pujya Sri Mooji as well as honoured by Gurmukhji, Shri Ramesh Vaishji and joined by many others from all around the world. There was a special satsang and bhajan kirtan at the Parmarth’s organic farm that brought together diverse groups of people from all walks of life, in the spirit of Vasudhaiva Kutumbakam, another core tenet that she shares and honours through her life and teachings.

During the evening Ganga Aarti, all of the Parmarth Rishikumars and Parmarth family honoured her with flowers and beautiful Sanskrit birthday song. Thereafter, she led with Pujya Swamiji a beautiful satsang, a time in which they help and guide seekers deeper on their path to self-realization.
World Happiness Day Celebrated

A group of high school students from Princeton School, New Jersey, USA, led by David and Maria Freedholm, celebrated World Happiness Day at Parmarth Niketan (Rishikesh). They were deeply touched by their meeting with HH Pujya Swami Chidanand Saraswatiji and Sadhvi Bhagawati Saraswatiji as well as the gorgeous Ganga Aarti and havan ceremony.

Pujya Swamiji shared, “Water is life. Water is health and happiness. Therefore, it is crucial to preserve and protect our sacred water bodies and fresh water resources as they are the key to our sustainable happiness and well-being. Today on World Happiness Day, let us pledge to make our water happy by honouring, conserving and preserving our water resources as well as committing to work for improved WASH for all. Let us realize that when our water is happy, our Earth is happy, our farmers are happy, our air and all of the environment is happy, this in turn ensures our own happiness.”

Sadhvi Bhagawatiji shared “Let us realize on World Happiness Day, especially while we are here on the banks of Mother Ganga in the lap of the sacred Himalayas, that we are inherently connected. So how can we be truly happy when our brothers and sisters are suffering from lack of WASH. Therefore, let us take this day to reaffirm our commitment to ensure global and individual happiness by pledging ourselves to improved WASH for all.”
Inspired and blessed by Pujya Swamiji’s green vision and mission, Parmarth Niketan celebrated Earth Day with Ratu Pedanda Gede Made Gunung, Balinese High Priest, and his delegation from Bali, Indonesia. Visitors from Hong Kong, Thailand, America, Dubai, United Kingdom and many other countries as well as pilgrims from various states of India joined also.

The celebrations started with symbolic and special water blessing ceremony, as a prayer and a commitment that children all around the world should have access to clean drinking water and improved sanitation and hygiene facilities. Thereafter, three simultaneous Yagnas, traditional and sacred fireside ceremonies, for peace and preservation of our Earth and our natural elements were performed followed by divine Ganga Aarti.

During the Ganga Aarti, Global Interfaith WASH Alliance (GIWA) and Ganga Action Parivar (GAP) representatives shared that this sacred time was especially auspicious and meaningful because the 21st April marked the most auspicious time of Akshaya Tritiya, a day celebrating wealth, prosperity and good fortune in Indian tradition, and 22nd April was Earth Day all around the world.
A Sacred Procession of Shri Vishwanath and Maa Jagdishila

Pujya Swamiji joined Hon’ble Uttarakhand Education and Water Resources Minister Mantri Prasad Naithani for an auspicious religious procession to take the sacred idols of Shri Vishwanath and Maa Jagdishila from their Tehri Garhwal shrines for a holy dip in the sacred River Ganga at Brahmakund, Har-ki-Pauri. Mahant Lalitanand of Bharat Mata Mandir and Haridwar Chapter Coordinator, Yogesh Sharma, were also present. Hon’ble Naithani shared that the tradition was being followed for the past 16 years.

Pujya Swamiji said that “Such pilgrimages are important as they instil spiritual values and maintain the cultural heritage of the land. However, today these pilgrimages must also be ways in which we can pledge and commit to maintaining and sustaining them in their clean, green and serene glory.”
Idols of two shrines given holy dip in Ganga

TRIBUNE NEWS SERVICE

HARIDWAR, MAY 6

The idols of Shri Vishwanath and Maa Jagdishri shrines in Tetti Garhwal were today brought for a holy dip in the Ganges at Brhambhund, Har-kI-Pauri, Uttarakhand Education and Water Resources Minister Mantri Prasad Naithani also accompanied the religious procession.

Parmarth Niketan spiritual ideologue Swami Chidanand Muni Saraswati, Mahani Lalitmandir and Bharat Mata temple and Haridwar chapter coordinator Yogesh Sharma were also present.

Naithani said the tradition was being followed for the past 18 years. Swami Chidanand Muni Maharaj said Uttarakhand was the land of deities. Besides the revered shrines of Badrinath, Kedarnath, Gangotri and Yamunotri, the hill state had numerous ancient shrines. Such pilgrimages instill spiritual values among people and foster bonhomie. In this land of saints and seers, such occasions generate religious values," said Swami Chidanand Saraswati.

District Magistrate Harish Chand Semwal, Shri Vishwanath Rath Yatra president Roop Singh Bijliyala, secretary Bharat Singh Rawat, Kedar Singh Hartogi, Bhakt Durgadas, legislators Aadesh Chauhan, Satpal Brahamchari, Arvind Sharma, OP Chauhan, Vipul Bhadoriya and administrative and police officials were present.

Winter holidays: Minister Mantri Prasad Naithani accompanied a procession of Shri Vishwanath and Maa Jagdishri, deities of Tetti Garhwal, being taken for a dip in the Ganges at Har-kI-Pauri in Haridwar on Wednesday. TRIBUNE PHOTO: RAMNATH CAIR
A Beautiful Birthday for our Beloved Gurmukh

Beloved and Respected Yogacharya Gurmukh Kaur Khalsa and her wonderful husband, Gurushabd Kaur Khalsa, joined for an extended Kundalini Yoga Teacher’s training here at Parmarth Niketan in the month of February. They were joined by over 200 yogis from countries of Argentina, America, Brazil, Germany, Russia, Africa and so many others to learn not only the teachings of Yoga but to get the divine touch of Yoga in the sacred land of Rishikesh, on the banks of Mother Ganga at Parmarth Niketan.

During their stay every day was celebrated in the spirit of living life in Yoga- in Union- 24 hours a day. Amongst the highlights of their stay was a beautiful Green Dustbin Festival, where they ceremoniously inaugurated and installed much needed dustbins in and around the ashram as a symbol of maintaining cleanliness, both inside and outside. They welcomed famed singers Krishna Das and Belinda Carlisle during Ganga Aarti. They also celebrated Gurmukh’s Green birthday with the inspiration and vision of Pujya Swamiji to make every holiday and festival a clean and green one.
Divine Soul Meenaben Mehta came home to Parmarth from London with her whole family to celebrate her 60th birthday. She brought her sons Bhavit and Mayank, her daughter-in-law and so many other family members. Pujya Swamiji inspired Meenaben, and everyone, that her life is now a “bonus,” and she should dedicate her life to 6 Ts for six-ty -- toilets, taps, trash, trees, tracks and tigers (see more details on our 6Ts program at www.GangaAction.org.)
Serving Humanity.

A Rishikumar (Parmarth Niketan Gurukul Student) tends to a young boy’s cut foot during a Project Give-Back medical camp.

In serving humanity, we are serving the Creator Himself. Pujya Swamiji’s many projects in direct service to our fellow brothers and sisters enable people from all walks of life from around the globe to join forces in order to help ensure the poor and marginalized receive access to the loving care and support they need to live happier, healthier lives in dignity.
With Pujya Swamiji’s inspiration and leadership, this Mother’s Day was ushered in with a commitment and a call to action to keep our Mother Earth and Mother Ganga clean, green and serene.

Ganga Action Parivar and Global Interfaith WASH Alliance organized a cleanliness and plantation drive in the Raiwala Army Cantt area, just 12 kms from Haridwar, in between Haridwar and Rishikesh.

When members of the Army Cant had visited the Ganga Aarti, Pujya Swamiji had inspired them to adopt their local railway station and ensure that it remains clean, green and serene for all. Pujya Swamiji had said that time had come that their arms (ammunition) not only protect their nation but their actual arms, hands and hearts come together to protect and preserve Mother Earth.
Every day, 1,200 precious boys and girls under the age of 5 in India die due to poor water, sanitation and hygiene (WASH). Handwashing alone could prevent over 50% of school absence days a year, and do much to also prevent India’s epidemic of stunted growth, which is often also due to poor WASH.

To help protect and save lives, the Global Interfaith WASH Alliance travels to rural villages and slum areas every week to teach the principles of WASH, including proper hand-washing techniques, the importance of using a toilet, tooth brushing and more.

The sessions are held alongside free medical camps, which help to ensure better health for all.
Special Announcements
Hope is in Your Hands
Sign the Petition for the National Ganga River Rights Act Today!

Founded by Pujya Swamiji, the National Ganga River Rights Movement is a coalition of concerned citizens and organizations that are taking a stand on behalf of the Ganga River and its tributaries—while there is still time.

For far too long, people have said there is nothing that can be done. But all the while, the water that nourishes us has become so polluted that it has become a hot-spot for cancers and other deadly diseases, such as typhoid and cholera. The beautiful river that has inspired poets and sages has sadly become one of the most endangered rivers in the world.

As a coalition, we bring a new and strong voice. Together, we stand for the National Ganga River Rights Act, which will help protect Mother Ganga and the 500 million people who rely on Her for life itself.

Mother Ganga Needs You. Sign the petition for the National Ganga Rights at www.gangarights.org, and help ensure Her clean and green future.
In this compelling biography, Pujya Swamiji’s divine life is beautifully detailed chronologically. Upon its release, this book held the NUMBER ONE position as the best-seller in Amazon.com’s Hinduism section, out of a total of over 17,000 books!

Illustrated with exquisite photos of Ganga, the Himalayas, and all of the saints and world leaders with who Pujya Swamiji has spent the first 60 years of His life, it tells the inspiring, uplifting and transformative stories of Pujya Swamiji’s whole life – from meeting His Guru at the tender age of eight, to His youth filled with intense sadhana in the Himalayan forests and jungles, including standing on one leg for 11 hours a day. By God’s Grace then goes on to beautifully describe Pujya Swamiji’s arrival into Rishikesh and choice of stay there, followed by the history of His life at Parmarth Niketan, first as a young student and then as head of one of India’s largest spiritual institutions. You will read about His travels around the world, touching and teaching people of all religions, all cultures and all walks of life.

Pujya Swamiji’s very life is His message; the book also includes special “teaching” sections. Each special teaching spread takes one of Pujya Swamiji’s most fundamental teachings and shares it, in His own words, through His own voice, on gorgeously illustrated pages.

Published by Mandala Earth Publications of California, USA, this book is perfect for personal reading and for gracing the top of your coffee table, and it is also the perfect gift for any friend or loved one who, whether they know Pujya Swamiji personally or not, is looking for a glimpse into the life of one of history’s truest, wisest, deepest, funniest and most down-to-earth spiritual leaders. Laugh, cry, look at yourself and your life in a brand new way.

For more information including ordering information for this beautiful book, please click: www.bygodsgracebook.org.
Volunteer With Us
Join hands in a global interfaith mission of peace

We are always looking for caring, hard-working volunteers to join us here at Parmarth Niketan, Rishikesh.

As our projects grow, so has our need for professional, inspiring, and productive individuals who wish to dedicate their time, talent, technology and tenacity for our mission to achieve a greener, cleaner, and safer tomorrow for all humanity.

If you would like to get involved and volunteer in any one of our projects, please download our Volunteer Application Packet and send us your application.

Click here to download the application.
Visit our Websites By Clicking:
www.parmarth.com (Parmarth Niketan Rishikesh)
www.pujyaswamiji.org (HH Pujya Swami Chidanand Saraswatiji)
www.gangaaction.org (Ganga Action Parivar)
www.washalliance.org (Global Interfaith WASH Alliance)
www.divineshaktifoundation.org (Divine Shakti Foundation),
www.projecthope-india.org (Project Hope),
www.ihrecom (India Heritage Research Foundation)
www.internationalyogafestival.com (Int’l Yoga Festival)

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