

PARMARTH

H.H. Pujya Swami Chidanand Saraswatiji JULY-AUGUST 2015 NEWSLETTER



Editors Meet in Uttar Pradesh to discuss Global Interfaith WASH Alliance and Sanitation for all.

INSIDE



Pujya Swamiji Meets with World Bank President



Magnificent Grace Filled Evening at Grace Cathedral



The Missile Man with A Mission: Homage to H.E. Dr. Abdul Kalamji

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www.parmarth.com (Parmarth Niketan Rishikesh), www.gangaaction.org (Ganga Action Parivar),
www.washalliance.org (Global Interfaith WASH Alliance),
www.projecthope-india.org (Project Hope), www.divineshaktifoundation.org (Divine Shakti Foundation), www.ihrf.com (India Heritage Research Foundation)

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COMING TOGETHER



Wherever Pujya Swamiji goes, His divine presence and wisdom not only inspires those present, but brings light and upliftment to all. Through His extensive travels throughout the world as well as when He is home in Parmarth Niketan, Rishikesh, thousands of people come together in fellowship and harmony so that they may hear His timeless wisdom, sit in His loving presence and share their own noble ideas for the betterment of the world.

PUJYA SWAMIJI WITH WORLD BANK PRESIDENT KIM



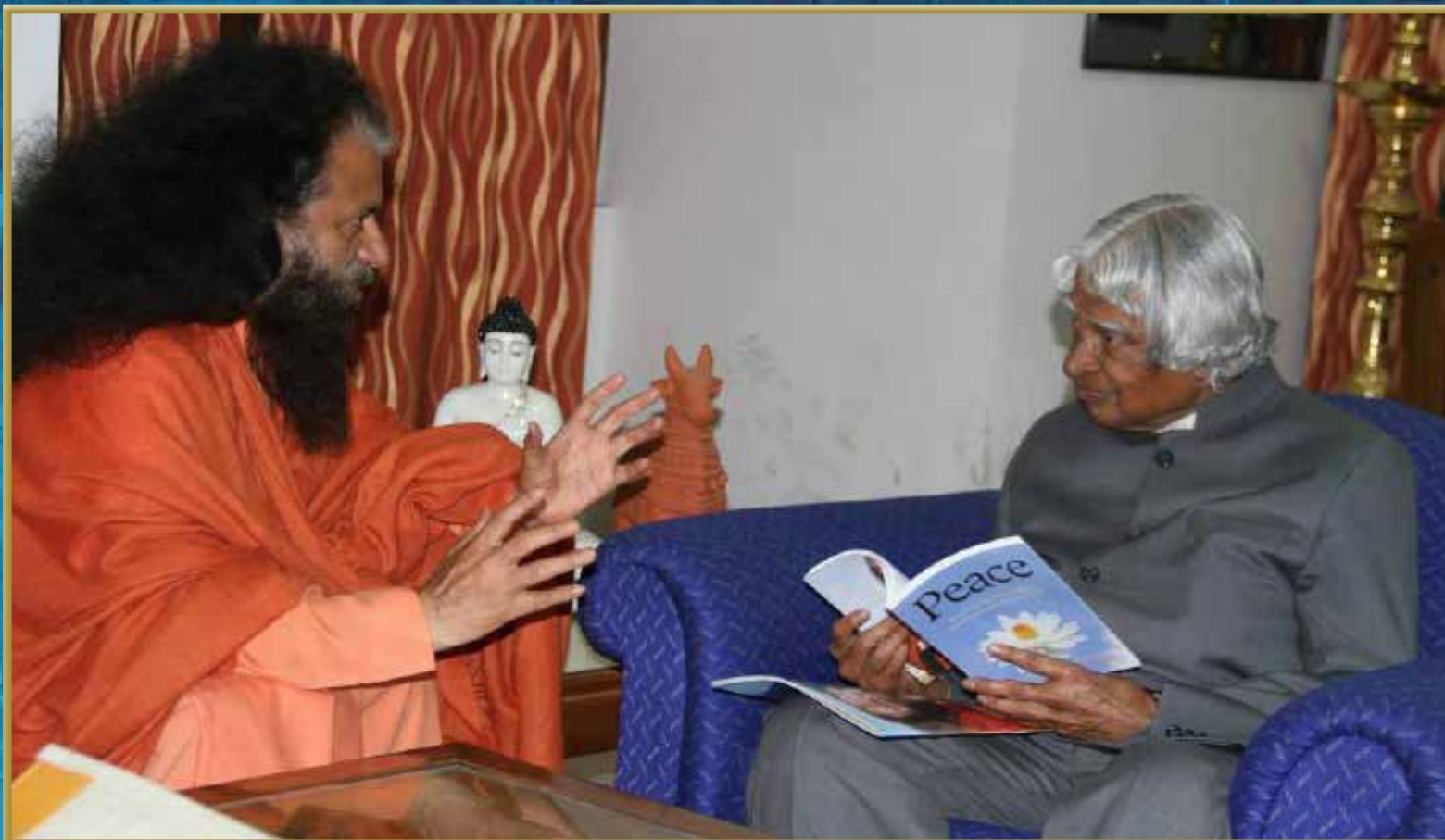
Pujya Swamiji and Sadhvi Bhagawatiiji were at the World Bank in Washington DC this past July for a special conference on Religion and Sustainable Development, where they also met with the World Bank President, Jim Yong Kim. Pujya Swamiji lauded the World Bank's commitment and continued support for the Government of India's massive Clean Ganga Mission and for the great work they are doing to end extreme poverty throughout the world.

Pujya Swamiji shared with President Kim about Global Interfaith WASH Alliance's commitment to Swachh Bharat Abhiyaan (Clean India Mission) as well as to the improvement of Water, Sanitation and Hygiene (WASH). They spoke about the active engagement and role that faith has in ending extreme poverty from the world. Pujya Swamiji gifted President Kim with a beautiful Elachi (Cardamom) Mala as a symbol of President Kim's green leadership for the world.

<http://live.worldbank.org/power-of-faith-to-help-end-extreme-poverty>



THE MISSILE MAN WITH A MISSION: HOMAGE TO H.E. DR. ABDUL KALAMJI



In honor of H.E. Dr. APJ Abdul Kalam Ji, one of the greatest students, teachers, leaders, scientists, and revolutionaries India has ever birthed. He may not be in his physical body anymore but he lives on in all of us and calls to all Indians to keep his spirit, his dream and his vision of India alive in them and to work together for a resurgent, resilient and sustainable India for all.

Pujya Swamiji remembers fondly His meeting with His Excellency, Former President Dr. APJ Abdul Kalamji. During their meeting, Pujya Swamiji discussed with Dr. Abdul Kalamji the work being done by Global Interfaith WASH Alliance (GIWA) and Ganga Action Parivar (GAP) to clean and protect the waters of Mother Ganga and Her tributaries for the approximately 500 million Indians who depend upon Her waters for their very lives

and livelihoods. Dr. Abdul Kalamji was deeply encouraged by Pujya Swamiji's sustainable action plans, his compassion in action and stated his full support to spread its interfaith messages to the masses, especially to the youth of India. Dr. APJ Abdul Kalamji agreed to grace Parmarth Niketan (Rishikesh) in October/November on the occasion of World Toilet Day to launch the WASH University. (Now we will be graced and be honoured by his divine and visionary spirit)

With Pujya Swamiji's divine inspiration, a special month-long tree plantation will be carried out in HE Dr. APJ Kalam's honour, Stay tuned for this story in our next newsletter.

Editors Meet With the Global Interfaith WASH Alliance



UNICEF and Samyak Foundation organized an Editor's Roundtable in Lucknow focused on our Global Interfaith WASH Alliance to inspire a dialogue between Global Interfaith WASH Alliance's (GIWA) interfaith leaders and senior editors/eminent journalists from all across Uttar Pradesh and several other states, including Madhya Pradesh and Bihar, regarding Water, Sanitation and Hygiene (WASH) initiatives and how they connect to the Swachh Bharat Abhiyaan (Clean India Mission). The roundtable was blessed by the presence, vision and guidance of GIWA's Co-Founder, HH Pujya Swami Chidanand Saraswatiji, President of Parmarth Niketan (Rishikesh), Founder of Ganga Action Parivar and Gomti Action Parivar, and the interfaith aspects were moderated by GIWA's Secretary-General, Sadhvi Bhagawati Saraswatiji, President of Divine Shakti Foundation.

Amongst the faith leaders present in the interfaith dialogue for WASH were:

1. Buddhist Faith Leader: Venerable Sumedha Thero, President, Indo-Sri Lanka International Buddhist Association, High Priest, Jambudvipa-Sri Lanka Buddhist Temple, Sarnath International Buddhist Association
2. Jain Faith Leader: Acharya Lokesh Muniji, Founder of Ahimsa Vishwa Bharti and Revered Jain monk
3. Islam (Shia) Faith Leader: Shia Maulana Dr. Syed Kalbe Sadiq, Founder of Tauheedul Muslimeen Trust, Islamic Scholar (Shia Leader)
4. Islam (Sunni) Faith Leader: Maulana Khalid Rasheed Firangimahli, General Secretary of the Islamic Centre of India, the head of Darul Uloom Farangi Mahl and Principal Madrasa e Nizamia is also an active member of All India Muslim Personal Law Board
5. Hindu Faith Leader: Mahamandaleshwar Swami Ishwar Dasji, Haridwar



The roundtable opened with remarks from Ms. Sue Coates, Chief of WASH for UNICEF India, Ms. Caroline Den Dulk, Chief of Advocacy and Communication for UNICEF India, and Ms. Manisha Mishra, Communications Specialist for UNICEF India. They shared tragic statistics on how critical and dire the sanitation situation is in India and emphasised the need to act collectively and act now. India leads the world in the number of people who lack access to adequate sanitation facilities as well as in the number of diarrheal deaths. Some 1200 children under the age of five perish daily due simply to lack of WASH. It was

also shared that these statistics do not even begin to account for the number of children who suffer from stunting and malnutrition, which are issues intimately intertwined with and significantly worsened by the lack of WASH. Shri Rahul Devji, Managing Trustee, Samyak Foundation, also emphasized the crucial importance and need to bring the media into action mode. He encouraged them to take this opportunity to not only ask pertinent questions but to make concrete and specific pledges for GIWA's campaign to improve WASH and end open defecation.



स्वतंत्र भारत

प्रकाशन का 68वाँ वर्ष

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लखनऊ, कानपुर और नई दिल्ली से प्रकाशित



मुनिसिपल द्वारा आयोजित कार्यक्रम में भाग लेते सर्वधर्म गुरु व बीरले भी, खालिद रशीद

YOUNG INDIA > YOUNG PAPER

NBT

संडे नवभारत टाइम्स

हर धर्म कहता है सफाई पसंद बनो



हिंदू हों या मुसलमान। सिख हों, ईसाई हों या फिर बौद्ध या जैन। सभी धर्म और सम्प्रदाय मानते हैं कि हर व्यक्ति को स्वयंसेवा पसंद होना चाहिए। शनिवार को होटल पिकेटली में मुनिसिपल की ओर विभिन्न धर्मों से जुड़े धर्मगुरुओं ने स्वागतार्थ के साथ हुई बातचीत में कहा कि वह लोगों से अपील करते हैं कि लोग स्वयंसेवा करें और साफ-सुखे रहें।

एक डोलची साथ रखेंगे कल्पे सादिक

मौलाना कल्पे सादिक ने तो यहां तक कहा कि वह अब खुद जहां जाएंगे, एक डोलची साथ रखेंगे ताकि कुड़ा-पतखन घरामें डाल दें। उनके मुखबिज अहम उलम या धर्मगुरु खुद ऐसा करेंगे तो उन्हें मानने वाले लोग भी प्रेरित होंगे।

मंदगी से होते हैं बीमारी के धिक्कार

इस मौके पर मौलाना खालिद रशीद फरवी महोदय, स्वामी विमानंद सरस्वती और कई अन्य धर्म गुरु मौजूद थे। उन्होंने सफाई के धार्मिक महत्व के बारे में बताया। मुनिसिपल की ओर से आइडेंटिफिकेशन कार्ड बंटाय गया कि हर स्थल मिलने लगे ताखी बच्चे व महिलाएं मंदगी के कारण फैलने वाले डायरिया व ऐसी ही अन्य बीमारियों से बचने में मदद हो सके किशोर हो जाते हैं।

MEETING WITH GOVERNOR OF UTTAR PRADESH



On Pujya Swamiji's recent trip to Lucknow He had a meeting with the Honourable Governor Shri Ram Naikji discussing plans for a green and sustainable Uttar Pradesh.

Pujya Swamiji lauded His Excellency for taking his sankalpa (pledge) on the banks of Mother Ganga, during the 16th Annual International Yoga Festival in Parmarth Niketan (Rishikesh) earlier this year and for taking immediate action to clean up the River Gomti. Pujya Swamiji shared that His Excellency's initiative and commitment exemplified true Yoga in Action.

They discussed the great progress on restoring the banks of the River Gomti as well as plans to continue the momentum and create a success model for other tributaries of the River Ganga.

Pujya Swamiji shared the vision of Green Corridors along both sides of the river banks, in which specific shrubs, medicinal herbs, fruit-bearing, shade giving trees would be planted to create a biosphere, protecting the river from pollution and preventing soil erosion.

MEETING WITH HONOURABLE SHIVPAL YADAVJI IN LUCKNOW



Pujya Swamiji and Sadhvi Bhagawati met with the Honourable State Minister of Irrigation, Uttar Pradesh, Shri Shivpal Yadavji to discuss the progress of the Clean and Green River Gomti project. The Hon'ble Minister previously met with and was inspired by Pujya Swamiji's commitment during the Allahabad Kumbha Mela in 2013. After Hon'ble Yadavji's swim in the sacred Sangam (confluence of Ganga, Yamuna and Saraswati) he vowed to create a green model and example on the banks of the River Gomti, one of the major tributaries of the River Ganga. Pujya Swamiji lauded Hon'ble Yadavji's great dedication, commitment and action to this pledge and the great progress being made under his leadership.

The following key action items were discussed during their meeting:

1) Comprehensive River Rights Legislation to keep our National River and its tributaries free from pollution

and over-extraction.

- 2) Establishing Green Corridors and Organic Zones on both sides of the River
- 3) Greening Pilgrimage Sites and Eco-Tourism
- 4) Eco-Sustainable Housing and Structures

Other important topics discussed were:

- To "green" UP's capital during the upcoming monsoon season as a step to reduce environmental pollution, bring about cooler temperatures year round, attract tourists and improve the quality of living for all.
- To install bio-toilets in select regions of UP, bringing sanitation for all and empowering women by providing them access to the basic necessities for daily living. It was concluded that a few pilot plans will be started and implemented to create an initial model for success. Thereafter, much larger scale plans will be implemented throughout the state and throughout India.

GREEN MEMORIAL GARDEN AT KURUKSHETRA



Pujya Swamiji visited Kurukshetra on the 14th of August for the plantation of the first trees in a special memorial garden being made in the memory of the one million lives lost in the 1947 Partition. One million trees will be planted in the large memorial, spanning 100 acres, in the small village of Masana, near Kurukshetra, Haryana.

Most traditional memorials honour the loved one with stones but this is going to be a unique Green Memorial, better known in Hindi as Smriti Van, a unique opportunity to give tribute.

The event took place on the day before India's 69th Independence Day. Since Pujya Swamiji had inspired this movement last year on the banks of Mother Ganga, at Parmarth Niketan, He was invited as the Guest of Honour on the launch of the initiative.



Amongst the dignitaries gracing the tree plantation ceremony were the Hon'ble CM of Haryana, Shri Manohar Lal Khattarji, Pujya Jagadguru Ramanandcharya, Swami Hansdevacharyaji, Pujya Mahamandaleshwar, Swami Dharmdevji, Pujya Swami Gyananandji, Pujya Swami Divyanandji, and many others. Over 50,000 people joined from all across the state of Haryana, transported in hundreds of buses to take part in this historic special event.

On the occasion, Pujya Swamiji said, "Let us turn every occasion, whether it is one of celebration or one of remembrance, into a green one. Let us inspire a new green culture in our nation and in our world and what better way to honour our loved ones then to plant a tree in their memory. In so doing, as the tree grows and thrives, so does their presence in our lives." He also lauded the Hon'ble Chief Minister for his selfless leadership and discussed with him briefly many pressing concerns pertaining to the River Yamuna.

Pujya Swamiji shared with the Hon'ble CM, on the eve of India's Independence Day, that it is time to pledge and work to free our sacred rivers, the nation's lifelines, from the clutches of over-pollution and over-exploitation. Pujya Swamiji urged that Haryana must lead by example, as it is largely responsible for the present condition of the dying River Yamuna, sucking 90% of the river dry for its irrigation purposes. As one of the major rivers of the country, as well as one of the most sacred, it is vitally important that the conditions change for the Yamuna very soon. He shared briefly with the Hon'ble CM many practical steps that can be taken to reduce the increasing need of water in Haryana's largely agricultural population, as well as shared briefly about creating Green Corridors and Organic Zones along the banks of the river. The Hon'ble Chief Minister invited Pujya Swamiji to come back again soon to discuss separately this important issue in more detail, so that they could give it the undivided attention that it required.





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दैनिक जागरण देहरादून, 15 अगस्त 2015

ऋषिकेश जागरण

पौधरोपण कर मृतकों की श्रद्धांजलि

• भारत-पाक विभाजन के दौरान जान गंवाने वालों की याद में किया गया पौधरोपण

जागरण संवाददाता, ऋषिकेश: वर्ष 1947-48 में भारत-पाक विभाजन के दौरान जान गंवाने वाले 10 लाख से अधिक लोगों की याद में हरियाणा के कुरुक्षेत्र में पौधरोपण किया गया। संत समाज ने पौधरोपण का यह संकल्प खींचे वर्ष स्वर्णश्रम-ऋषिकेश में स्थित परमार्थ निकेतन के गंगा तट पर लिया था।

परमार्थ निकेतन के प्रबन्धक राम रमेश मिश्र ने बताया कि कुकुब्ज को हरियाणा के कुरुक्षेत्र के मसलना में हुए इस कार्यक्रम में स्वामी चिदानंद सरस्वती मुनि महाराज भी उपस्थित रहे। कार्यक्रम में मुनि महाराज ने कहा कि पायरी से नहीं, पेड़ों से मृतकों की श्रद्धांजलि देने का यह महत्त्वपूर्ण क्षण है। अग्रेजी अक्षरों में 69वीं वर्षगांठ की पूर्व संख्या पर ऐसी अंगूठी अक्षरों में देना जलन में अतिरिक्त है। पौधरोपण समारोह में हरियाणा



हरियाणा के कुरुक्षेत्र में मुख्यमंत्री मनोहर लाल खट्‌टर के साथ पौधरोपण करते परमार्थ निकेतन के परमपूज्य स्वामी चिदानंद सरस्वती मुनि महाराज।
अंग्रेजी के मुख्यमंत्री मनोहर लाल खट्‌टर, रामनंदाचार्य स्वामी जगनंद, स्वामी दिव्यानंद महाराज आदि स्वामी हस्तदेवचार्य, महादलेनगर स्वामी परमदेव, उपस्थित रहे।

अजीत समाचार

उत्तराखंड

अजीत समाचार, चण्डीगढ़

7

शनिवार, 15 अगस्त, 2015

1947 के 10 लाख हुतात्माओं की याद में दस लाख पेड़ लगाने का काम शुरू

*स्वामी चिदानंद सरस्वती ने मुख्यमंत्री हरियाणा से यमुना को ज्यादा पानी देने का किया आग्रह



हरियाणा के मुख्यमंत्री मनोहर लाल खट्‌टर से श्रेष्ठ करते स्वामी चिदानंद सरस्वती। (छाया: अमित सुरी)

ऋषिकेश, 14 अगस्त (अमित सुरी)। कल जब सम्पूर्ण देश अपनी आजादी की 69वीं सालगिरह मनाने जा रहा है, हरियाणा के कुरुक्षेत्र अंचल में उन दस लाख से ज्यादा हुतात्माओं की याद में दस लाख पौधों का रोपण शुरू कर दिया गया, जो 1947-48 में भारत-पाकिस्तान के विभाजन के समय हुए दोनों में मारे

गए थे। वृक्षारोपण का यह संकल्प खींचे वर्ष स्वर्णश्रम-ऋषिकेश स्थित परमार्थ गंगातट पर संतों द्वारा सामूहिक रूप से लिया गया था।

परमार्थ निकेतन के परमाध्यक्ष एवं गंगा एक्शन परिवार के संरक्षक स्वामी चिदानंद सरस्वती ने आज के इस ऐतिहासिक कार्यक्रम में भाग लिया। यह

जानकारी देते हुए परमार्थ प्रबन्धक राम महेश मिश्र ने बताया कि स्वामी चिदानंद सरस्वती आज कुरुक्षेत्र-हरियाणा के मसलना में इस अभूतपूर्व वृक्षारोपण महोत्सव के शुभारम्भ के बीच पर उपस्थित रहे। श्री मिश्र ने बताया कि स्वामी चिदानंद सरस्वती ने मुख्यमंत्री हरियाणा मनोहर लाल खट्‌टर से दिल्ली व उत्तर प्रदेश की यमुना में अधिक जल छोड़ने का आग्रह किया। उन्होंने इस सम्बन्ध में विस्तार से बातचीत की।

HINDU AND MUSLIM LEADERS COME TOGETHER TO PLANT TREES ALONG GOMTI



Pujya Swamiji inspired and welcomed Hindu and Muslim leaders to plant trees along the banks of the River Gomti during His trip to Lucknow in early August.

Amongst the leaders present were Respected Maulana Dr. Kalbe Sadiq Sahebji, Founder of Tauheedul Muslimeen Trust and eminent Islamic scholar, Mahant Divya Giriji, Mankameshwar Mandir, Lucknow, Janab Syed Abbas Murtaza Shamsiji, Joint Sec/ Manager Shia Degree College, Lucknow, Managing Trustee,

Bharat Ratna Ustad Bismillah Khan Foundation, Sadhvi Bhagawati Saraswati, President of Divine Shakti Foundation, Secretary-General of Global Interfaith WASH Alliance, and others. Pujya Swamiji gave the message of unity and brotherhood, sharing that when 'Hari' (referring to the Hindu community) and 'Ali' (referring to the Muslim community) come and serve together for the betterment of all then true Hariyali (greenery and prosperity) can be sustained in our nation.





Maulana Dr.Kalbe Sadiq Sahibji and Pujya Swamiji plant trees and share love together....



NBT

नवभारत टाइम्स



मनकामेश्वर मंदिर के सामने स्थित गोमती के किनारे पौधरोपण करते स्वामी चिदानंद सरस्वती, साध्वी भगवती सरस्वती, मौलाना डॉ. कल्चे सादिक, महंत दिव्यागिरी, नवाब जाफ़र मीर अब्दुल्लाह व अन्य।

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MONDAY, 3 AUGUST 2015

‘Gomti cleaning should start in Pilibhit’

LUCKNOW: The work of cleaning the Gomti should start from Pilibhit, where the river originated and should be carried on till Ghazipur, where it met the Ganga, said founder of Gomti Action Pariwar, Swami Chidanand Saraswati on Sunday.

Swami Chidanand of Parmarth Niketan Ashram, Rishikesh, was here to participate in events about the river and to review the river cleaning work. He appealed to the people to lend support to the work.

“Gomti is the lifeline for 12 districts in the state and it is like Ganga for the residents of these districts. Hence it is also called Adi-Ganga. The UP government is making serious efforts to clean river Gomti. The common man should also help the government for the cause,” he said addressing a meeting of Gomti Action Pariwar.



■ President of Gomti Action Pariwar Swami Chidanand planting a tree along with Mahant Divya Giri and Maulana Kalbe Saadiq near Manikamashwar temple on Sunday.

A meeting was also held at NEERI where a presentation was given on the work done on river cleaning and saplings were planted by Swami Chidanand and JS Mishra of Gomti Action Pariwar. Later,

the group went to Manikamashwar Temple and conducted a cleanliness drive on the river bank there, along with Mahant Divya Giri and Sadhvi Bhagwati of Divine Shakti Foundation.

HTC

SPREADING DROPS OF NECTAR ACROSS THE GLOBE



When noble thoughts come from all directions, it means we respect all. This is the bottom line today: we each worship in our own way but we have love and respect for all. We encourage all to come together and in that coming together, let us give a historic message of peace and unity from India to the entire world.

MAGNIFICENT GRACE-FILLED EVENING AT GRACE CATHEDRAL



Pujya Swami Chidanand Saraswati and Sadhvi Bhagawati Saraswati graced and inspired a beautiful gathering at the Grace Cathedral, San Francisco, one of the most renowned places of worship in the Bay Area.

Sadhvi Bhagawati Saraswati, who had previously spoken there in May, was warmly welcomed back and everyone was so incredibly delighted to be blessed by Pujya Swamiji's divine grace-filled presence.

There were nearly 700-800 yogis who joined for the free Yoga on the Labyrinth class led by Darren Main, in which Pujya Swamiji led everyone in divine OM and mantra chanting that echoed the beautiful and sacred church. Sadhvi opened the class by leading an exquisite and deep meditation.





Pujya Swamiji and Sadhviji later led a full lecture and question-answer session about the Miracle of Grace and how we can experience it in our own lives. with an open conversation about yoga, meditation and spirituality in which Respected Rev. Marc Andrus the Bishop of Grace Cathedral and current Bishop of California joined them for a beautiful panel and also shared his wisdom, inspiration and vision as well. The stage was filled with such love and unity!

They also had a separate meeting with Respected Rev Marc Andrus and also Rev William E Swing, former and seventh Bishop of Grace Cathedral and of California, Mr. Victor Kazanjian, Executive Director of United Religions Initiative, joined by beloved and respected author and speaker Bruce H. Lipton, Ph.D and Margaret Horton. They discussed the importance of inter-faith harmony and the need for cleaning our own minds and hearts for our inherent oneness and unity to reflect in all of Creation. Pujya Swamiji and Sadhviji were so deeply touched by the visit and they warmly welcomed everyone to Parmarth Niketan (Rishikesh, India), to the holy banks of Mother Ganga in the sacred lap of the Himalayas, soon



INTERNATIONAL BHAGAVAD GITA CONFERENCE



Pujya Swamiji and Sadhviji were leaders at a beautiful International conference on the Bhagavad Gita. It was blessed by the presence of Pujya Swami Chidanand Saraswati, Pujya Sri Shankaracharyaji, Pujya Swami Gyanandandji, Sadhvi Bhagawati Saraswati, Pujya Radhanath Swamiji, Maa Geeteshwariji, Congresswomen Tulsi Gabbard and so many other eminent dignitaries speaking about the timeless wisdom of the Bhagavad Gita and how to apply its teachings to our everyday life. The conference took place at the Hindu Temple and Community Centre in Sunnyvale, CA, USA

To see Pujya Swamiji's lecture on the Bhagavad Gita please click here <https://vimeo.com/136318169>
To see Sadhvi Bhagawati's lecture on the Bhagavad Gita please click here <https://vimeo.com/136320760>



Pujya Swamiji gives Rep. Tulsi Gabbard a special sacred small Bhagavad Gita to keep with her on her travels.



DIVINE SATSANG AT GOLDEN BRIDGE YOGA



Pujya Sri Shankaraya Swami Divyanand , Pujya Swamiji and Sadhviji led a beautiful evening satsang with the community of Golden Bridge Yoga in Santa Monica, CA.



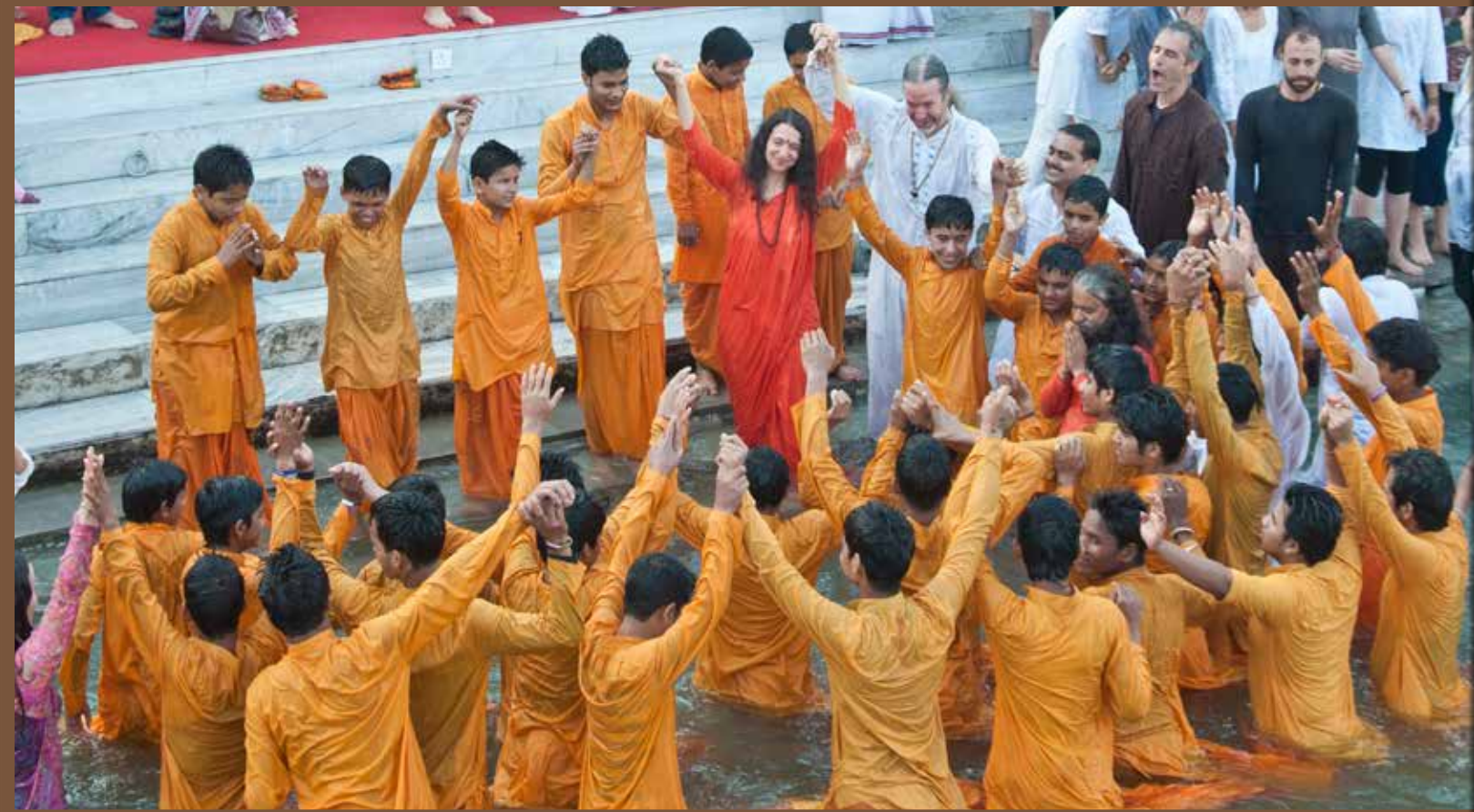
SERENE SATSANG IN LONDON



En route to USA, Pujya Swamiji and Sadhvi Bhagawatiji stopped over in London for one night where a beautiful satsang was organized at St. James School by Shreya and Roshni Lakhani. The headmaster of the school graciously and lovingly welcomed them. Pujya Swamiji was so touched and impressed to hear young, British students chanting in impeccable Sanskrit as they led an invocation. Sanskrit is one of the compulsory subjects at St. James. The satsang was filled with wonderful, deep questions to which Pujya Swamiji and Sadhvi gave inspiring answers



CELEBRATING TOGETHER



Throughout the year, the world comes to Parmarth Niketan, Rishikesh, to celebrate festivities on the divine banks of Mother Ganga. Many report that the festivities take on a special, even magical feel, bequeathing to people from far and wide a forever-memorable sense of well-being and joy. Other times of year may find Pujya Swamiji in locations across the world, bringing the bliss of Mother Ganga to people of all faiths, cultures and backgrounds

GREEN GURU PURNIMA CELEBRATION



This year on the divine occasion of Guru Purnima, Parmarth Niketan (Rishikesh) celebrated and rejoiced in the divine presence of HH Pujya Swami Chidanand Saraswatiji celebrating the beautiful milestone of Pujya Swami Shukdevanand Saraswatiji's 50th Nirvaan Divas (the anniversary of the date of his passing or Mahasamadhi). Brahmleen M.M. Pujya Swami Shukdevanandji Maharaj was the founder of Parmarth Niketan Ashram and the Swami Shukdevanand Trust.

Nirvaan Divas has great significance in the Indian spiritual tradition because it allows us to not only celebrate the day in which a noble soul has attained the ultimate goal- the full and complete union with the Divine- Nirvana or Moksha. It also reminds us that this milestone is the ultimate destination, greater than any other occasion in our lives, and that it is possible for us, no matter who we are, to also reach this Divine Union if we can cultivate and live our lives according to the teachings of our Guru.

Guru Purnima is celebrated on the full moon day in the month of Ashadha and marks the beginning of the holy period of Chaturmas. In Sanskrit, Gu means "darkness" and ru is "that which removes," so a Guru is one who removes the darkness in our lives, who shines the light of Truth on the illusions in which we live which cause our agony, our pain, and our suffering.

<https://www.facebook.com/notes/parmarth/guru-purnima-blessings-from-pujyaswamiji/10153504384587351>

This year, Pujya Swamiji led us by His divine example and transformed our Guru Purnima into a Green Guru Purnima, a Green Festival.

Pujya Swamiji visited Pujya Swami Veda Bhartiji's Memorial in Rishikesh, where recently Pujya Swami Veda Bhartiji had taken Mahasamadhi and left His physical body. Pujya Swamiji paid His respects to the great saint, visionary and scholar, who had authored many books to guide people along their spiritual journey, by planting a sacred Rudraksha in his memory.

Just before His passing, Pujya Swamiji had sent Pujya Swami Veda Bhartiji a beautiful Rudraksha, as a gift to plant in his ashram. Upon receiving the sacred sapling, Swami Veda expressed his wish that Pujya Swamiji should personally come to plant the sacred sapling and on this divine occasion his wish was fulfilled.

Afterward, Pujya Swamiji planted a tree at Parmarth to mark the Green Festival and was warmly welcomed by all the Rishikumars and devotees, as He had just returned from a month long yatra in the U.S. Pujya Swamiji performed special pooja of Pujya Swami Shukdevanandji and paid homage to the Guru tradition of the ashram. Pujya Swamiji's devotees lined His green hut to perform sacred Guru Pooja and offer their love and their devotion in the form of songs, poems, new service projects flourishing under His inspiration and so many other unique ways.





CELEBRATING INDIA'S INDEPENDENCE DAY



On August 15, India's Independence Day, Pujya Swamiji called for a Kachara Mukta Bharat--a Pollution Free India. He urged us to pick up a Jhanda (flag) in one hand and a Jharu (broom) in the other and work to create, maintain and sustain a Clean India for all. Pujya Swamiji's blessings and presence turned India's 69th Independence Day celebration into one with a clean, green and serene message for all, on the holy banks of Mother Ganga at Parmarth Niketan (Rishikesh).

The Independence Day celebrations began early in the morning with the traditional flag hoisting ceremony. The Rishikumars of the Parmarth Gurukul joined Pujya M.M. Swami Asanganandji,

Pujya Swamiji and other revered saints. Pujya M.M. Swami Asanganandji shared Pujya Swamiji's concerns and inspired those in attendance to go back to their roots where the ancient tradition, the spiritual cultural practices of India have always encouraged cleanliness and hygiene. He encouraged each individual to reflect upon their duty to the nation. While they may not have to give their lives as soldiers do, they may have to sacrifice and offer their polluting thoughts and actions to keep Maa Bharat clean, green and serene. As a result, our children will be proud of their nation, just as we feel proud by listening to the tremendous sacrifice that our nation's forefathers made.



दैनिक जागरण

विश्व का सर्वाधिक पढ़ा जाने वाला अखबार

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दैनिक जागरण देहरादून, 17 अगस्त 2015

ऋषिकेश जागरण

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सफाई को संस्कारों में बसाने की जरूरत

- काँवड़ यात्रा के बाद परमार्थ परिवार ने मेला क्षेत्र का कूड़ा उठाया
- परमार्थ निकेतन में स्वतंत्रता दिवस पर आयोजित किए गए कार्यक्रम

जागरण संवाददाता, ऋषिकेश: स्वतंत्रता दिवस के अवसर पर परमार्थ निकेतन के परमाध्यक्ष स्वामी चिदानंद सरस्वती महाराज के मार्गदर्शन में आश्रम सदस्यों ने काँवड़ मेला क्षेत्र स्वर्गाश्रम में श्रमदान कर सफाई अभियान चलाया।

शनिवार को आश्रम परिसर में स्वामी शुक्रदेवानंद ट्रस्ट के मैनेजिंग ट्रस्टी महामंडलेश्वर स्वामी असंगानंद सरस्वती महाराज ने ध्वजारोहण करने के पश्चात क्षेत्रवाद, जातिवाद व संप्रदायवाद को राष्ट्र के लिए घातक बताते हुए राष्ट्रवाद को सर्वोपरि मानने का आह्वान किया। स्वामी चिदानंद सरस्वती मुनि महाराज ने देश को कचरे व प्रदूषण से मुक्ति दिलाने की वकालत करते हुए कहा कि सफाई को अपने संस्कारों में बसाने की जरूरत है। कार्यक्रम के पश्चात परमार्थ परिवार के सदस्यों ने स्वर्गाश्रम क्षेत्र में व्यापक सफाई अभियान चलाया। इस मौके पर उत्तराखंड जल विद्युत निगम के वीरपुर खुर्द स्थित कार्यालय परिसर में पीथे रोपे गए।



स्वर्गाश्रम क्षेत्र में सफाई अभियान चलाते परमार्थ निकेतन के परमाध्यक्ष स्वामी चिदानंद सरस्वती महाराज।

पर्यावरणविद् डॉ. पचौरी ने की गंगा आरती

प्रख्यात पर्यावरणविद् एवं नोबेल पुरस्कार से सम्मानित डॉ. आरके पचौरी ने परमार्थ निकेतन पहुंच गंगा आरती में शिरकत की। इस अवसर पर परमार्थ निकेतन के परमाध्यक्ष स्वामी चिदानंद सरस्वती मुनि महाराज ने उन्हें रुद्राक्ष का पोथा भेंट कर सम्मानित किया। उन्होंने डॉ. पचौरी को ऊर्जा तथा जलवायु परिवर्तन के क्षेत्र में विश्व विख्यात विशेषज्ञ बताते हुए कहा कि डॉ. पचौरी का इन क्षेत्रों में वैश्विक स्तर पर महत्वपूर्ण योगदान है। उधर, इंदिरा गांधी इंटरनेशनल एयरपोर्ट के निदेशक के नारायणराव ने भी स्वामी चिदानंद सरस्वती से मुलाकात की।

अजीत समाचार

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परमार्थ निकेतन में धूमधाम से मनाया गया स्वाधीनता दिवस

'स्वामी चिदानंद सरस्वती के नेतृत्व में चला स्वर्गाश्रम क्षेत्र में सफाई अभियान'



स्वामी चिदानंद सरस्वती के नेतृत्व में सफाई अभियान चलाते परमार्थ निकेतन के ऋषिकुमार।

ऋषिकेश, 16 अगस्त (अमित सूरि)। परमार्थ निकेतन में स्वाधीनता दिवस धूमधाम से मनाया गया। स्वामी शुक्रदेवानंद ट्रस्ट के मैनेजिंग ट्रस्टी महामंडलेश्वर श्री

सेन, अतिथि और भारी संख्या में मौजूद थे। इस अवसर पर स्वामी असंगानंद सरस्वती ने क्षेत्रवाद, जातिवाद, संप्रदायवाद को अस्वीकृत बताया। उन्होंने राष्ट्रवाद को सर्वोपरि मानने का आह्वान किया और कहा कि राष्ट्र परमात्मा का ही साकार स्वरूप है। श्री स्वामी चिदानंद सरस्वती महाराज ने देश को कचरे और प्रदूषण से आजादी दिलाने की वकालत की। कहा कि राष्ट्रवाद को अपने संस्कारों में बसाने की अब बेहद जरूरत आने पड़ी है। स्वाधीनता समारोह के बाद स्वर्गाश्रम क्षेत्र में व्यापक सफाई अभियान चलाया गया, जिसमें श्री देवी सप्तमंद अच्युतम संस्कृत महाविद्यालय के ऋषिकुमारों, कार्यकर्ताओं, अतिथियों और ने सहभाग किया।

स्वतंत्रता दिवस समारोह का आयोजन

देहरादून, 16 अगस्त (बसंत शर्मा)। स्वतंत्रता दिवस के सुकन्या पर टैलरदेवी रीति रिटिड के ऋषिकेश कार्यक्रम के परमोन्नत कला प्रयोग में स्वतंत्रता दिवस समारोह का आयोजन एमिलीन से साथ किया गया। कार्यक्रम का शुभारंभ कॉलेजियन के अध्यक्ष एवं प्रमुख निदेशक आरुणोदी राई ने राष्ट्रगान पढ़ा कर किया। 13 फीट लंबी फ्लैग मास्टरेन अग्रणी प्रिंसीपल के आदेशों ने कंधों पर ध्वज को ध्वज प्रस्तुत की। एमिलीन अग्रणी राई ने राष्ट्रगान में व्यक्तिगत अतिथियों, कर्मचारियों व उनके परिवार के सदस्यों को सम्बोधित किया।

राष्ट्रीय सहारा

जातीयता • कर्तव्य • शान्ति

सहारा 7



देहरादून • नई दिल्ली • अजमेर • रोहतास • पटना • सानूर • रायचूरी में प्रकाशित

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परमार्थ निकेतन ने चलाया स्वच्छता अभियान

ऋषिकेश (एसएनबी)। स्वाधीनता दिवस पर परमार्थ निकेतन आश्रम परिवार व दैवीय संपद अख्यतम संस्कृत महाविद्यालय के छात्रों ने व्यापक स्वच्छता अभियान चलाया। इससे पूर्व आश्रम परिसर में महामंडलेश्वर स्वामी असंगानंद सरस्वती ने ध्वजारोहण किया।

परमार्थ निकेतन आश्रम में स्वतंत्रता दिवस धूमधाम से मनाया गया। इस अवसर पर स्वामी चिदानंद सरस्वती की अग्रणी में देवी सम्पद अख्यतम संस्कृत महाविद्यालय के ऋषिकुमारों, कार्यकर्ताओं, अतिथियों ने स्वर्गाश्रम क्षेत्र में स्वच्छता अभियान चलाकर पर्यावरण व

गंगा संरक्षण का संदेश प्रसारित किया। इस अवसर पर स्वामी असंगानंद सरस्वती ने क्षेत्रवाद, जातिवाद, संप्रदायवाद को घातक बताते हुए राष्ट्रवाद को सर्वोपरि करार दिया। स्वामी चिदानंद देश को कचरे और प्रदूषण से आजादी दिलाने की वकालत की।

स्वाधीनता समारोह के बाद गंगा एक्शन परिवार व परमार्थ निकेतन की प्रेरणा से उत्तराखंड जल विद्युत निगम वीरपुर-खुर्द स्थित कार्यालय परिसर में विभिन्न प्रजातियों के पीथे रोपे गए। इस मौके पर निगम के सहायक अधिकारी राजीव गोस्वामी भी मौजूद थे।

डा. आरके पचौरी ने की गंगा आरती

प्रख्यात पर्यावरणविद् एवं नोबेल पुरस्कार से सम्मानित डा. आरके पचौरी ने परमार्थ निकेतन गंगातट पर सांध्यकालीन गंगा आरती में प्रतिभाग किया। आश्रम पहुंचने पर उन्होंने परमार्थ निकेतन के परमाध्यक्ष स्वामी चिदानंद सरस्वती से मुलाकात की। उधर, इंदिरा गांधी इंटरनेशनल एयरपोर्ट नई दिल्ली के निदेशक के नारायण राव ने भी स्वामी चिदानंद सरस्वती से मुलाकात की।



स्वर्गाश्रम में सफाई अभियान चलाते ऋषिकुमार व स्वामी चिदानंद।

JADI BOOTI DIWAS (HERBAL DAY)



In honor of the birthday of Pujya Acharya Balkrishnaji, the beloved and respected partner and Gurubhai of Pujya Swami Ramdevji, a celebration was held that highlighted his many contributions towards Yoga and Ayurveda. The celebration was graced by Pujya Swamiji, Pujya Swami Ramdevji, Pujya M.M. Swami Avdheshanand Giriji and Pujya Dr. Pranav Pandyaaji.



HANUMANJI PRATISHTHA AT SHUKAL DHAM JAIN MANDIR



Pujya Swamiji was the Chief Guest at the Pratishtha function of the Hanuman Temple in the ashram of the beautiful and great Jain leader Pujya Acharya Amrender Muniji Maharajji's. He gave an inspiring blessing to all devotees and called them to take their faith into Action.

Pujya Swamiji said that "The time has come that our festivals, our pujas and our holidays must be green and sustainable. It is time that with every Hanuman Chalisa we must also conduct Safai Chalisas (cleaning programs). Many times our

temples and holy places, after our pilgrimages are left so dirty and filthy that there is a great need for all of us to make our worship, our pooja, so that we make our spaces clean and green. The Jain tradition has always lead the way in living a life of discipline and non-violence and this is the time when this message is most needed, when our rivers are contaminated and the lack of WASH(water, sanitation and hygiene) is taking more lives everyday than any other cause. Let us not only be the green example but take green actions, inspire and engage others to join us to preserve and protect



COMING HOME TO PARMARTH



At Parmarth Niketan, people from all walks of life and different faiths are welcomed home to their abode that is dedicated to the welfare of all. Pujya Swamiji's teachings, His inspiration and His guidance are of such great, universal value that they apply to all people, from every corner of the Earth. All come as humble devotees of Mother Ganga, offering their sincere respect to Her holy waters, performing Her sacred aarti, taking a holy bath and absorbing Her divine peace and serenity

FICCI FLO GOES GREEN AT PARMARTH



Forty members of the FICCI Ladies Organization (FLO), led by Mrs. Malvika Raiji, Former President of FLO, joined for divine Ganga Aarti and Tree Plantation at Parmarth Niketan. Members of FLO had previously been incredibly inspired by Sadhvi Bhagawatiiji, President of Divine Shakti Foundation, who has been a respected speaker at their conferences and events and were warmly invited by Sadhviji to come home to Parmarth during their trip to Rishikesh.

To learn more about the Divine Shakti Foundation, visit us at: www.divineshaktifoundation.org



वर्ष 19 अंक 76

पृष्ठ 22

ढेहरादून, सुक्रवार

17 जुलाई 2015

नगर संस्करण *

मूल्य : 3.50

विश्व का सर्वाधिक पढ़ा जाने वाला अखबार

दैनिक जागरण

जी रैया, जागि रैया, बचि रैया

या दिन, या वार भेटने रया

उत्तराखंड में महिलाओं का योगदान अहम

राज्य धारू, कैलाशपुर: मूलमंत्रों द्वारा राज्य में कलक उठाया गया है। राज्य में महिलाओं का अग्रिम योगदान है। राज्य की महिलाएं मोहनजी व परिवार हैं। राज्य सरकार द्वारा महिला सशक्तिकरण को दिशा में महत्वपूर्ण कदम उठाए गए हैं।

हनुमन्त को न्यू कैट रोड सिन्ध मूखमर्षी
आवास पर निकटवर्ती महिला संगठन, देहलीद्वारा
के सदस्यों के सम्मान में आर्थिक सहायता
को उपलब्ध करते हुए मूखमर्षी ने कहा कि
उन्मुखमर्षी ऐसा स्थान है, जहाँ ये प्रकृति की
कड़ी से देखा जा सकता है। राज्य की प्रकृति,
पर्यटन, शैक्षणिक के साथ ही हमारी संस्कृति
वेदा अनुभूति है। राज्य सरकार का प्रयास है कि
प्रदेश में वर्ष भर पराक्रम काया सर्वात्मिकता
का सफर। प्रदेश में देशी सर्वप्रथम की दिशा में
कार्य किया जा रहा है। प्रदेश भर में लगभग
60 स्थानों पर देशीवेद बनाया जा रहे हैं।
मूखमर्षी ने पिछली महिला संगठन के
प्रतिनिधियों से भी अवगत की कि ये निम्न

- उत्तराखण्ड में पूंजी निवेश की असीम संभावनाएं
- संगठन के 40 सदस्यों का दल है राज्य भ्रमण पर

उत्तराखण्ड आर्य और ब्राह्मणों के परंपरे का आगम है। भूजमण्डली ने कहा कि उत्तराखण्ड में पूरे विश्व की अरिष्ट शक्तियाँ बस गई हैं। हमने पंडित उन्नी, शिखा, आइटी, हॉटस्पॉट्स खंडित अन्य क्षेत्रों में निवास के लिए नैतिकता प्रदर्शित है। इन्टर नैतिकता का साथ हमने इस सफल है। इन्टर ने एम्प्लोयर्स नैतिकता को लागू किया गया है। बिजनेस अक्टिविटी आधुनिक स्तर पर व्यवस्थाओं को प्रोत्साहित करना है। भूजमण्डली ने फिजिकल यल्लता प्रदर्शित के फार्मों में परिवर्तन को प्रोत्साहित किया। साथ ही उत्तराखण्ड की पहचान के रूप में सबसे सफलता को ध्यान में रखा है। अंतराजम के समुचित पहलू पर चर्चा। इस बीच पर संस्कृति विधान के कलाकृतियों ने

[illegible]

ਅਮਰ ਉਜਾਲਾ



परमार्थ निवेदन में वीरसेन के दौरान पिछड़ी महिलाओं की सदस्या।

परमार्थ में किया पौधारोपण

[illegible]

ਅਮਰ ਤਜ਼ਾਲਾ



See the Full Media Coverage at
www.parmarth.org

HONOURING WORLD HUMANITARIAN DAY WITH FAITH IN ACTION



Robert Wilson-Black, CEO for Sojourners, an international Christian organization headquartered in Washington, DC, and his beautiful and brilliant daughter, Hannah Wilson-Black, were warmly welcomed by Pujya Swamiji and Sadhvi Bhagawatiji to their Himalayan home in Parmarth Niketan (Rishikesh).

Pujya Swamiji and Sadhvi had been together with Robert on numerous occasions from programs at the World Bank to the UN to the World Economic Forum and had always invited him to come home. The mission of Sojourners is to articulate the biblical call to social justice, inspiring hope and building a movement to transform individuals, communities, the church and the world. They strongly believe in putting their faith into action and selflessly serving humanity. Pujya Swamiji shared that selfless service and interfaith harmony were the cornerstones of Parmarth Niketan and many of the initiatives being undertaken, from the Global Interfaith WASH Alliance, first ever organization to bring the world's

top faith leaders together for improved WASH, to Divine Shakti Foundation, working to empower the divine feminine, providing disaster relief and rehabilitation in times of need, were based on putting faith into action.

They shared how vital it is for faiths to come together to serve for pressing issues like lack of WASH, poverty and climate change and how a call to serve humanity, regardless of gender, race or religion, caste or creed, is the very essence of all faiths.

During their time with us, they participated in Ganga Aarti & Yagna. Robert and Hannah were blessed by Pujya Swamiji with a green Peepal sapling, which is a symbol of unconditional service because it provides life-sustaining oxygen 24 hours a day. They lovingly planted the sapling with Sadhvi Bhagawatiji, the next morning just before leaving, so that they can return again and again to see it thrive in this beautiful and sacred land of Devbhoomi (Rishikesh).



SEE MORE PHOTOS
AND NEWS STORIES AT
[WWW.FACEBOOK.COM/
PARMARTHASHRAM](http://WWW.FACEBOOK.COM/PARMARTHASHRAM)



SERVING HUMANITY



A Rishikumar (Parmarth Niketan Gurukul Student) tends to a young boy's cut foot during a Project Give-Back medical camp

In serving humanity, we are serving the Creator Himself. Pujya Swamiji's many projects in direct service to our fellow brothers and sisters enable people from all walks of life from around the globe to join forces in order to help ensure the poor and marginalized receive access to the loving care and support they need to live happier, healthier lives in dignity.

GIWA AND WASH UNITED JOIN FORCES FOR NASIK KUMBHA MELA



Mr. Thorsten Kiefer, CEO of WASH United, met with Pujya Swamiji and Sadhvi Bhagawatiji . He came home to Parmarth to discuss and plan details of the ways that the Global Interfaith WASH Alliance (GIWA) and WASH United would be joining hands in the Nashik Kumbha Mela. They discussed in detail about the campaign during the upcoming Nasik Kumbha Mela and organizing a large scale event in early September, entitled 'Swachh Day' (Day for Cleanliness), in Nasik, for which top Hindu spiritual leaders would be called together to learn more about the crucial need for improved WASH and to take the WASH pledge into action.

Stay tuned for Pujya Swamiji's inspiring WASH action in the Nasik Kumbha Mela <http://www.pujyaswamiji.org/>



Leadership Initiatives for Excellence



Sadhvi Bhagawati Saraswatiji gave the valedictory speech on the 14th August to the annual conference of Leadership Initiatives for Excellence (LIFE) in New Delhi. LIFE is an initiative of the Global Education & Leadership Foundation (tGELF), a philanthropic initiative with a focus on ethics and values. Sadhviji spoke to the group of young change makers about Harmony and Balance in Life.

The Global Education & Leadership Foundation aspires to identify, mentor and inspire these change makers by exposing them to current global issues and providing a platform to enable their learning in a field of their choice through a host of initiatives, such as, the yearly residential conference LIFE. tGELF was launched in 2008 by the then Prime Minister of India, Dr. Manmohan Singh and has since evolved to become India's premier Leadership Program in Schools.

Asian Roundtable on Faith in Humanitarian Action



Sushri Nandini Tripathi traveled to Bangkok, on behalf of Pujya Swamiji and His inspired organizations, to represent them at these important discussions. The meeting brought together the International Red Cross Organization and many other Faith Based Organizations, such as World Vision, Muhammadiyah Disaster Management Centre, Baha'I International Community, Buddhist Compassion Relief, Tzu Chi Foundation, Ramakrishna Mission, as well as others. The collective discussions of the group called for an Interfaith Humanitarian Network that would connect, coordinate and build capacity of these organizations, improving their ability to work together to serve humanity in times of crisis and disaster.

GREEN GURU, PUJYA SWAMIJI, INSPIRES CRAZY GREEN DRIVE



Pujya Swamiji's green inspiration planted a seed in the hearts of the people of Saharanpur, inspiring the plantation of over 3,000 trees in 200 parks. Pujya Swamiji visited the city for a special plantation drive organized by a group of environmentalists and activists of the Crazy Green organization in partnership with Ganga Action Parivar, with the full support of the Municipal Commissioner, Shri Niraj Shuklaji. All kinds of beautiful species of plants, from flowering to shade giving, from fruit bearing to air purifying trees were planted, engaging and involving the local community.

Pujya Swamiji meet with the dedicated members of Crazy Green and shared, "So many people all over India

and all across the world are crazy about so many things but what the world truly needs more of is for all of us, collectively, to be Crazy about Green. To Do Green and to Live Green. You are the divine examples for everyone and I am so impressed by the work that you are doing. I and Ganga Action Parivar are with you in whatever capacity or support you may need to spread and sustain this initiative. I hope that more and more cities across India should take your example and become crazy about greening and cleaning their communities.

To read more about this story, click here: <https://www.facebook.com/media/set/?set=a.1007645029257338.1073741984.195396983815484&type=3>



Pujya Swamiji has inspired such a beautiful green action filled monsoon season of tree plantations. Under His leadership and vision, we are reaching out to more than 200 schools, more than 150 parks and large-scale plantation projects such as one million trees being planted in memory of those who lost their lives in 1947 partition in Kurkushetra (full story on pg -12) and one lakh (100,000) trees being planted in Delhi, organized by the Times of India. *Stay tuned for the full tree plantation story in the next edition*

Knox College Students Intern at Parmarth



Knox College students Allison May Bruiser, Swechhya Rajbhadary and Raeann Boero, whose visit was inspired and coordinated by Knox alumna and beloved member of the Parmarth family, Susan Blew, spent a month and a half of their summer vacations as interns in the service of humanity at Parmarth Niketan.

During their summer internships, they worked diligently on service projects that were inspired, lead and guided by Pujya Swamiji's vision and mission of selfless service for the welfare of all. Many of their days were spent performing research for the Global Interfaith WASH Alliance's mission of helping to ensure universal access to clean and healthy Water, Sanitation and Hygiene (WASH). On the weekends, they planted trees near the Ganga River with the Ganga Action Parivar and served families in remote Himalayan villages through the Divine Shakti Foundation's weekly medical camps. On their last day, they filled countless hearts with joy as they sang a beautiful bhajan in Hindi at Ganga Aarti. Afterwards they expressed their gratitude for their experience, and were blessed by Pujya Swamiji with a green Rudraksha sapling, which will be lovingly planted on their behalf, so when they return they will see it thrive in the beautiful and sacred land of Rishikesh.

YOGA IN ACTION AT PARMARTH



A group of twenty young students from America joined their Parmarth family to spend their days doing service projects at the ashram. They took part in morning and evening Yoga Kriya, Pranayama, Asana classes and continued the rest of their day with Yoga off the mat.

After spending their first day at the Parmarth Gaushala in Kunao and planting trees, they continued to clean up the surroundings by joining volunteers and Parmarth Gurukul Rishikumars to pick up all the litter and trash left behind by pilgrims. They learned that Parmarth has been continuously involved in improving its solid waste management programme and hopes to see more sustainable changes soon. Even though they were unable to have Pujya Swamiji's darshan due to the fact that he was in America at the time. They also learned more about the great service projects that are thriving under Pujya Swamiji's divine vision and leadership from Swamini Adityananda Saraswatiji, and they participated in a special meditation session with her.

They enjoyed the evening sacred havan and Ganga Aarti programme during their stay and planted more fruit-giving trees in Parmarth's organic garden, the Veerpur Vatika. The students felt deeply inspired and anticipate their return back to their Himalayan home in Rishikesh



During the first of four days of their stay, the students visited the Parmarth Gaushala in Kunao and fed the cows fresh green grass and organic cane. Many of them were surprised to learn that they could also consume the cane and that this traditional form of sugar had immense health benefits. They were glad to learn about Pujya Swamiji's inspired initiative to take stray cows off the street.

They were informed that the Divine Shakti Foundation (DSF) is providing vital animal care services for cows and dogs in the area, as well as holding regular educational, ecological and healthcare programmes for needy populations.



COMPASSIONATE CARE

Parmarth Holds Himalayan Medical Camps



As a part of an ongoing “Project Give Back” Initiative, Divine Shakti Foundation and Parmarth Niketan host free medical camps weekly in the surrounding villages where they travel for diagnosis, treatment and preventative care. Dedicated doctors provide primary healthcare services and distribute much-needed medicines to those who would otherwise not have access and/or availability of these services. These teams of doctors are often joined by other health professionals, such as physiotherapists, Ayurvedic practitioners, and other volunteers. Most recent medical camps visited included the villages of: Mala Kota, Veerpur, Noudhkhali, Nayal, Mala Kundi, and Ramjiwala.





SPECIAL ANNOUNCEMENTS



HOPE IS IN YOUR HANDS

Sign the Petition for the National Ganga River Rights Act Today!



Shri Anna Hazare and Muslim leaders stand with Puja Swamiji to declare, "Ganga's Rights are Our Rights."

Founded by **Puja Swamiji**, the National Ganga River Rights Movement is a coalition of concerned citizens and organizations that are taking a stand on behalf of the Ganga River and its tributaries—while there is still time.

For far too long, people have said there is nothing that can be done. But all the while, the water that nourishes us has become so polluted that it has become a hot-spot for cancers and other deadly diseases, such as typhoid and cholera. The beautiful river that has inspired poets and sages has sadly become one of the most endangered rivers in the world.

As a coalition, we bring a new and strong voice. Together, we stand for the National Ganga River Rights Act, which will help protect Mother Ganga and the 500 million people who rely on Her for life itself.

Mother Ganga Needs You. Sign the petition for the National Ganga Rights at www.gangarights.org, and help ensure Her clean and green future.



The National Ganga Rights Act draft being proudly held by Puja Swamiji, HE Governor Shri B.L. Joshi of Uttar Pradesh and the Honourable Union Minister of Water Resources, Shri Harish Rawat



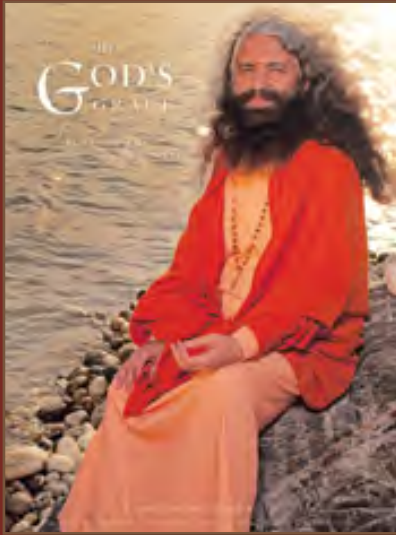
Emraan Hashmi, Huma Qureshi and Ekta Kapoor say "Ganga's Rights are Our Rights!"



The cast of C.I.D. stands for Ganga's Rights

BY GOD'S GRACE

The Life & Teachings of Pujya Swami Chidanand Saraswati



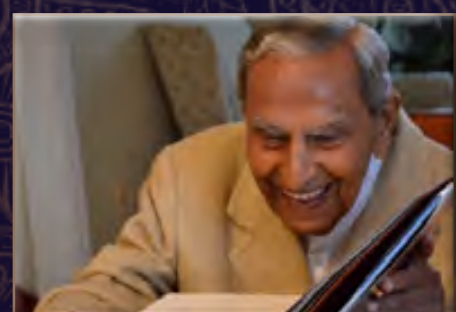
In this compelling biography, **Pujya Swamiji's** divine life is beautifully detailed chronologically. Upon its release, this book held the **NUMBER ONE** position as the best-seller in Amazon.com's Hinduism section, out of a total of over 17,000 books!

Illustrated with exquisite photos of Ganga, the Himalayas, and all of the saints and world leaders with who Pujya Swamiji has spent the first 60 years of His life, it tells the inspiring, uplifting and transformative stories of Pujya Swamiji's whole life – from meeting His Guru at the tender age of eight, to His youth filled with intense sadhana in the Himalayan forests and jungles, including standing on one leg for 11 hours a day. By God's Grace then goes on to beautifully describe Pujya Swamiji's arrival into Rishikesh and choice of stay there, followed by the history of His life at Parmarth Niketan, first as a young student and then as head of one of India's largest spiritual institutions. You will read about His travels around the world, touching and teaching people of all religions, all cultures and all walks of life.

Pujya Swamiji's very life is His message; the book also includes special "teaching" sections. Each special teaching spread takes one of Pujya Swamiji's most fundamental teachings and shares it, in His own words, through His own voice, on gorgeously illustrated pages.

Published by Mandala Earth Publications of California, USA, this book is perfect for personal reading and for gracing the top of your coffee table, and it is also the perfect gift for any friend or loved one who, whether they know Pujya Swamiji personally or not, is looking for a glimpse into the life of one of history's truest, wisest, deepest, funniest and most down-to-earth spiritual leaders. Laugh, cry, look at yourself and your life in a brand new way.

For more information including ordering information for this beautiful book, please click: www.bygodsgracebook.org.



VOLUNTEER WITH US

Join hands in a global interfaith mission of peace



We are always looking for caring, hard-working volunteers to join us here at Parmarth Niketan, Rishikesh.

As our projects grow, so has our need for professional, inspiring, and productive individuals who wish to dedicate their time, talent, technology and tenacity for our mission to achieve a greener, cleaner, and safer tomorrow for all humanity.

If you would like to get involved and volunteer in any one of our projects, please download our Volunteer Application Packet and send us your application.

[Click here](#) to download the application.



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WWW.GANGAACTION.ORG (GANGA ACTION PARIVAR)
WWW.WASHALLIANCE.ORG (GLOBAL INTERFAITH WASH ALLIANCE)
WWW.DIVINESHAKTIFOUNDATION.ORG (DIVINE SHAKTI FOUNDATION),
WWW.PROJECTHOPE-INDIA.ORG (PROJECT HOPE),
WWW.IHRE.COM (INDIA HERITAGE RESEARCH FOUNDATION)
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