

Newsletter

May 2012



Featuring

IYF 2012, Ganga-Yamuna Conference, Prosthetic Limbs Camp and Pujya Swamiji's Travels

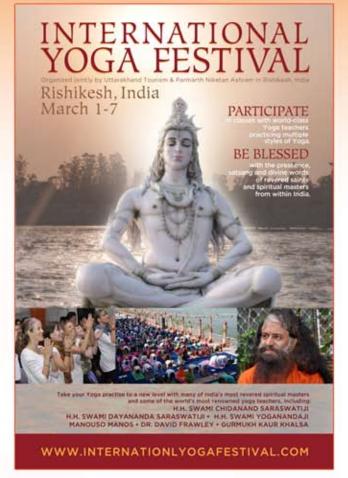


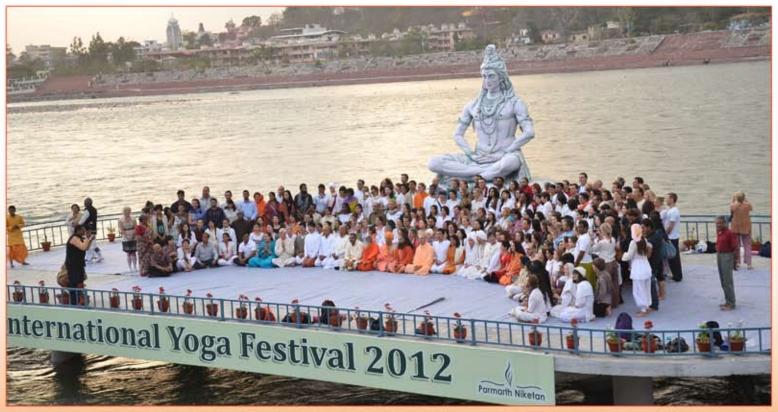
International Yoga Festival 2012



The annual International Yoga Festival at Parmarth was held for one week from the 1st of 7th of March 7th this year. The festival was jointly organized by the Uttarakhand Tourism Department and Parmarth.

The International Yoga Festival increases in size and scope each year, and this year participants came from more than thirty countries across the world. The event featured world-renowned teachers such as Padmashri Bharat Bhushan, Gurmukh Kaur Khalsa, Manouso Manos, Sri V. Vasudevan, Andrew Cohen and many more. In fact, this year there were more than thirty teachers!







IYF - Classes



The week-long festival offered about fifteen to twenty classes a day, spanning many disciplines and branches of yoga, including kundalini, Iyengar, meditation, pranayama, kriya yoga, yoga nidra, nada yoga, reiki, karma yoga and more.





IYF - Classes





IYF - Classes



IYF - Lectures





Pujya Swami Dayanandaji

Further, many revered Indian spiritual masters graced the festival and gave enlightening discourses on the deep philosophy of yoga, including Pujya Sri Shankaracharya Swami Divyanand Teerthji, Pujya Swami Dayanandaji, Pujya M.M. Swami Asanganandji, Pujya Swami Chidanandji, Pujya Radhanath Swamiji, and Pujya Acharya Balkrishnaji.



Pujya Radhanath Swamiji Pujya Acharya Balkrishnaji



IYF - Cultural Programs



The festival was more than just a learning experience: it was a chance to imbibe the sacred science of yoga at its source, in the holy land of the rishis on the banks of Mother Ganga. Music and cultural events complemented the experience each evening, organized by Uttarakhand Tourism.

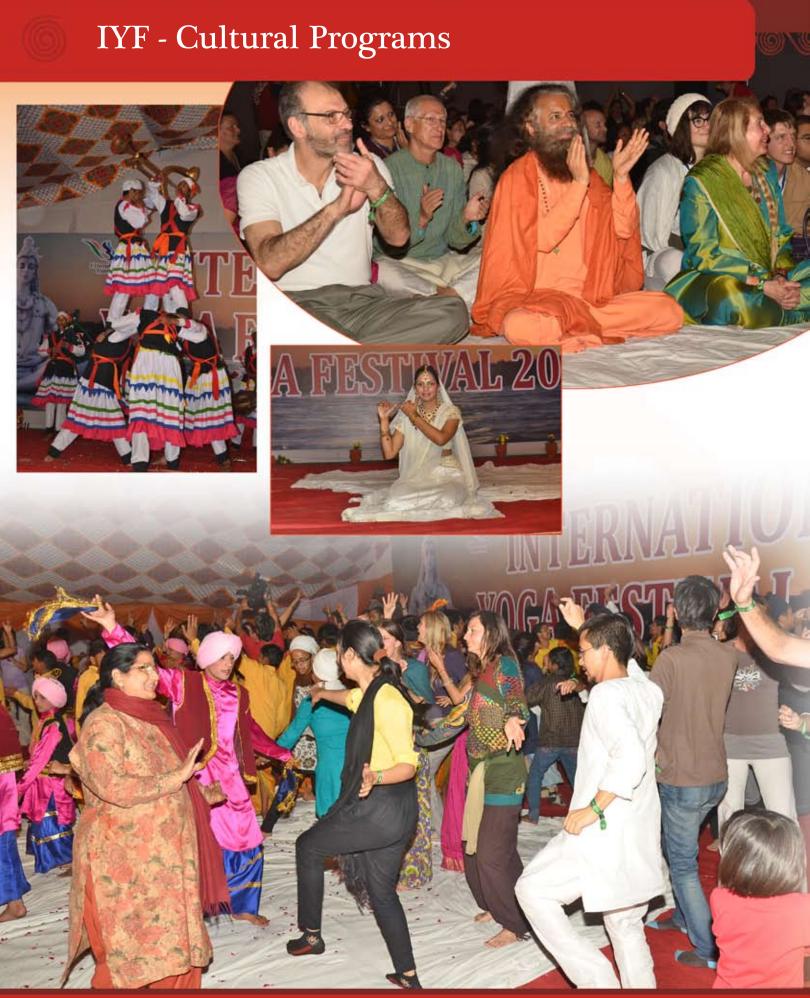






Middle: The bhangra dancing of the rishikumars was so inspiring, many of the participants got on stage to join them!

Bottom: Vaiyasaki and Kaisori singing bhajans at IYF



IYF - Ganga Aarti













IYF - Holi







Holi with Baba Ramdevji & Acharya Balkrishnaji

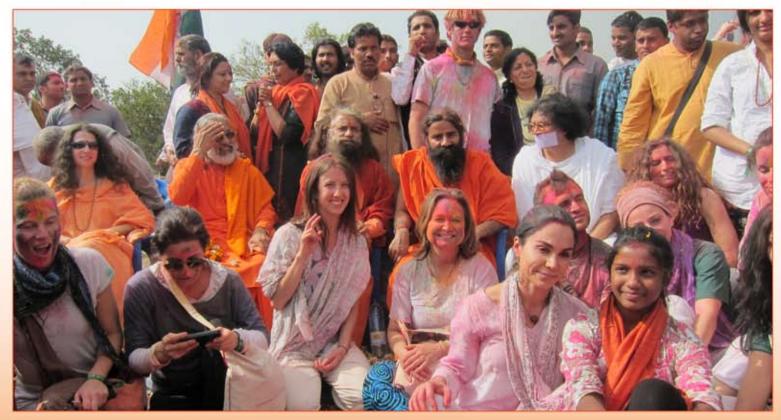


When Acharya Balkrishnaji came to Parmarth to speak during the IYF, he invited all participants to come to a Holi celebration at one of his pieces of land up in the Himalayas, past the Neelkanth Mahadev Temple. So, on April 8th, participants loaded up on buses to go play Holi! The participants ended up going on a great hiking adventure through the Himalayan forests along with Pujya Swamiji, Pujya Swami Ramdevji, Pujya Acharya Lokesh Muniji and Pujya Acharya Balkrishnaji.







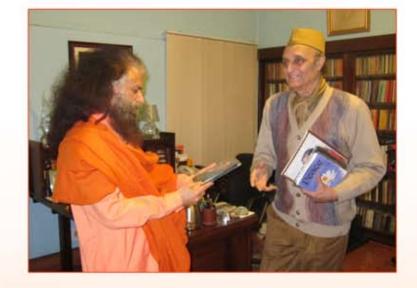


Honorable Dr. Karan Singhji



On February 25th, Pujya Swamiji went to see Honorable Dr. Karan Singhji who has been close to Pujya Swamiji for decades. Dr. Karan Singhji has also been a staunch supporter of the Encyclopedia of Hinduism since its inception and even wrote the foreword for it. He was very happy to know that all eleven volumes have been finalized and he was enthusiatic about working with Pujya Swamiji to release these volumes in a beautiful, grand way.

Pujya Swamiji also shared with Dr. Karan Singhji the work being done by Ganga Action Parivar to help restore Mother Ganga to Her natural and rightful state of free-flowing cleanliness.



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Sri Sri Ravi Shankarji in Delhi





Pujya Swamiji was in Delhi on the 25th
February and due to leave on the 26th
morning. However, Pujya Sri Sri Ravi
Shankarji found out that He was in Delhi
and requested Him to stay and grace the
satsang and inspire the tens of thousands
of people present. Pujya Swamiji gave a
beautiful lecture about the true meaning of
satsang and how it changes our lives.





Seva & Sanskaras

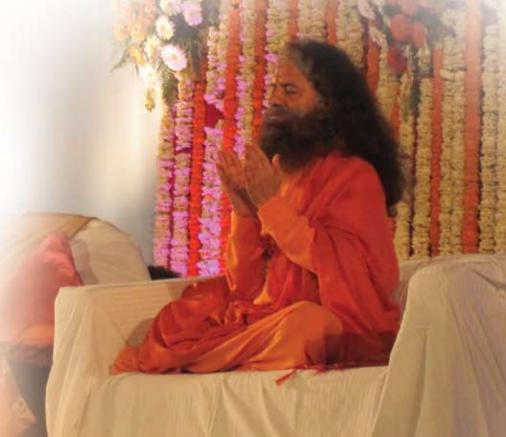


Each month, numerous activities take place at Parmarth Niketan demonstrating the meaning of Parmarth: "An Abode Dedicated to the Welfare of All." Health care camps, conferences, environmental projects and other seva activities are ongoing.

Individuals and families also regularly come to Parmarth to perform sacred rites ceremonies (sanskaras), such as mundan (first hair cut), sacred weddings, and the final ash immersion puja. To see how these events are performed at Parmarth, please *click here*.

So many people come to Parmarth to perform these sanskaras or to perform seva (selfless service) for the rishikumars of our gurukul or the wandering sadhus or the children in our free schools and other projects, it is impossible to list them all.

On the following pages are some of those who have come during this recent time period.

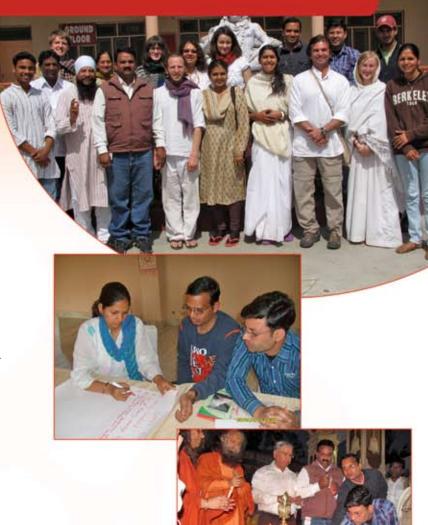




SAVE Workshop

From March 9th to 11th, Parmarth hosted its first SAVE toolkit workshop and training. The SAVE toolkit is a new, holistic approach to fighting HIV/AIDS and the stigma and discrimination associated with the illness which the organization INERELA+ has developed. Pujya Swamiji serves as the Regional Chair of INERELA+ Asia-Pacific.

Participants in this workshop included representatives from local government and non-profit agencies working in the field of HIV/AIDS, agencies to which they can now go back and share this new way of serving those living with or affected by this disease.





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Yoga Teachers' Training Course





In the month of March and beginning of April, several yoga course were conducted at Parmarth including the five-week yoga teachers' training course. Students came from around the world to participate in the courses and had the chance to study various subjects of yoga, including pranayam, asana, Vedic chanting, yoga philosophy and Ayurveda. Students

in the teachers' training also studied teaching methodology and had the opportunity to practice teaching many times throughout the course.

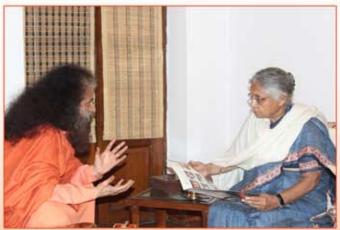






Save Ganga Meeting in Delhi





Pujya Swamiji with Smt. Sheila Dikshitji, Chief Minister of Delhi

meeting in Delhi jointly organized by the Save Ganga Movement and Ganga Action Parivar to discuss the way forward to restore Ganga.

That day He also met with the Chief Minister of Delhi Smt. Sheila Dikshitji and discussed with her the dire state of the river Yamuna - particularly its state as it runs through Delhi - and what needs to be done to restore and protect Yamunaji. Smt. Dikshitji was very open to any suggestions in the effort to clean Yamuna, and the Government of Delhi and Yamuna Action Parivar will now work together to bring back Yamuna to Her pristine state for all.



Prosthetic Limbs Camp







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Prosthetic Limbs Camp







During the three-day long camp, the doctors and volunteers were able to treat hundreds of patients, fitting people for everything from leg braces to giving entire new prosthetic limbs. It was truly a divine, beautiful gift for so many, as in just three days the lives of so many were changed forever. Like all of Parmarth's services, the camp treated people of every religion, every caste and even from other countries - one boy treated in the camp even came all the way from Pakistan.

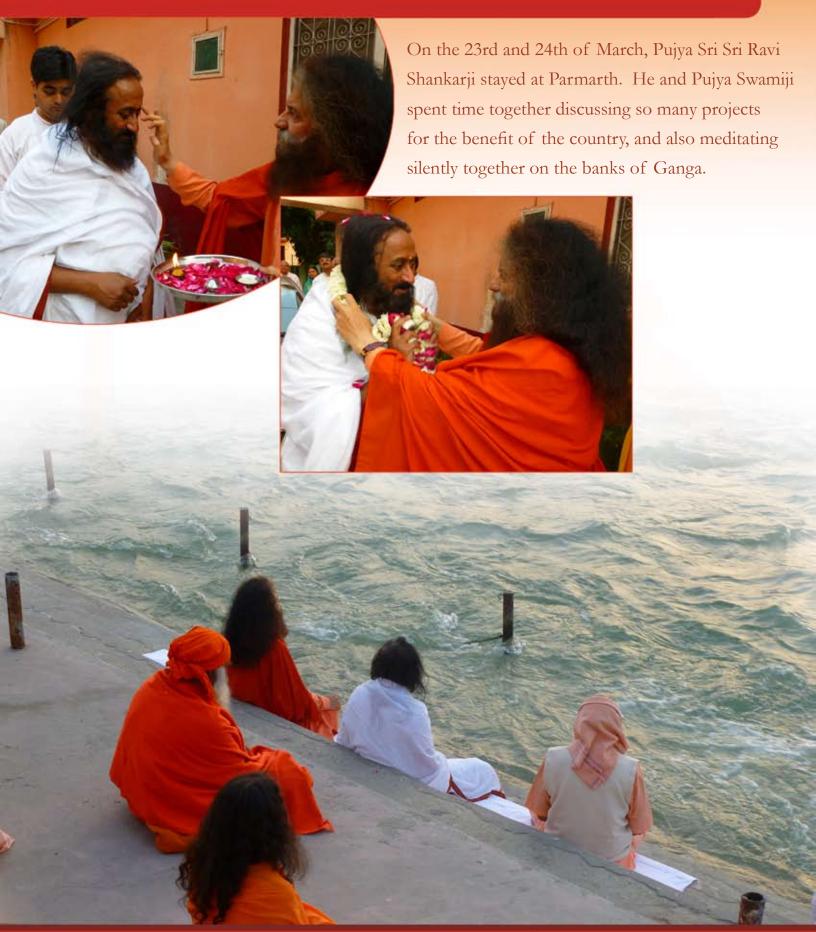
People who were no longer able or even never able to walk were given new legs, and with new legs a chance to live an easier, better life.

Prosthetic Limbs Camp





Sri Sri Ravi Shankarji at Parmarth





Sri Sri Ravi Shankarji at Parmarth







"Swavalamban" Khadi Workshop





On March 30th, a program entitled "Swavalamban" was held at Parmarth. The program was supported and led by Khadi Gramodyog, whose experts were present to teach participants in the program ways to be self-dependent financially. Topics discussed included how khadi good are produced and sold and important marketing tactics for those who are self-dependent. The ex-



perts were also available to workshop participants to give information and support to those who were interested in entering into this industry.

Students from secondary classes to college, the Parmarth rishikumars and many from the surrounding town and villages attended the event.

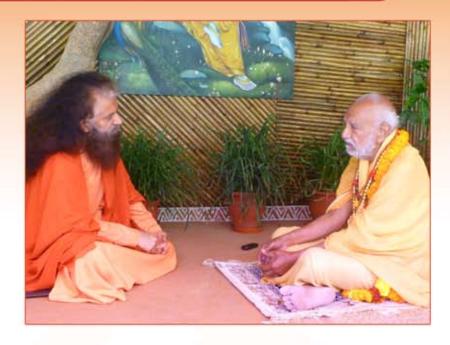




Swami Gyanswaroop Sanandji



On the 30th of March Swami Gyanswaroop Sanandji came to see Pujya Swamiji at Parmarth. Swami Gyanswaroop Sanandji had just a few days prior ended a fast-until-death for the cause of a free-flowing Ganga.





Pujya Swamiji and Swami Gyan Swaroop Sanandji with the Parmarth Ganga Action Parivar family



Prince Turki Faisal al-Saud of Saudi Arabia



On April 2nd, His Highness Prince Turki Faisal al-Saud of Saudi Arabia came with his son to Parmarth to attend the Ganga Aarti. They were both truly touched by the ashram, the beautiful flowing Ganga, the rishikumars and the divine Aarti ceremony.



Sadhvi Bhagawatiji speaking with Prince Turki Faisal al-Saud and his family



Clean-Up with Prem Babaji









This first clean-up brought together hundreds of volunteers from both Parmarth Niketan and Saccha Dham Ashram. Spending all morning removing the trash that has been dumped for years along the banks of Ganga, the team worked tirelessly, collecting eight





Clean-Up with Prem Babaji













On April 6th Pujya Swamiji graced the opening of a dharmashala in Gujarat built by Vasantbhai and Mohanbhai Patel at the foot of the temple of their beloved Kul Devi, Ma Chamunda Devi, for all the pilgrims who come to workship.

Many revered saints from around India as well as local graced the opening, including Pujya Swamiji, Pujya Swami Gurusharananandji Maharaj, Pujya Devi Prasad Bapuji and Pujya Ganesh Dasji of Nadiad.



Gujarat





Pujya Swamiji, Pujya Swami Gurusharananandji and other revered spiritual leaders blessed Vasantbhai and Mohanbhai for their selflessness in opening the dharmashala





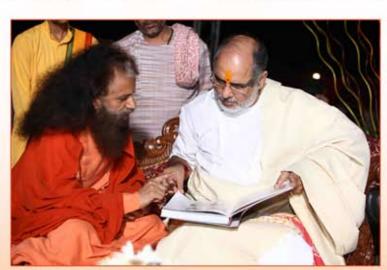


Pujya Swami Gurusharananandji Maharaj

Jalan Wedding in Varanasi



The marriage of the divine son, Bhagirath, of Krishan Jalan was celebrated in Varanasi on the 7th of April. Pujya Swamiji, Pujya Bhaishri, and Ven. Sumedha Thero of Somnath Mandir all graced the event with their presence and showered their blessings upon the newlyweds. Pujya Swamiji, who has now taken up the Ganga Action seva with full energy and time commitment, told Bhagirath that the time has come again for Bhagirath - that Ganga now needs the *tapasya* of Bhagirath to help Her return to Her divine states of *aviral* (free-flowing) and *nirmal* (clean)!



Pujya Swamji presenting the first copy of a new book on Parmarth to Pujya Bhaishri



National Ganga-Yamuna Workshop



From 8-10th April, dedicated scientists, environmentalists, scholars, and activists gathered together for the annual, solution-focused National Ganga Yamuna Workshop at Parmarth Niketan, Rishikesh organized by Ganga Action Pariyar.

The three-day workshop was chaired and led by Dr. RK Pachauri (Nobel Peace Prize recipient and Director General, TERI), Jalpurush Shri Rajendra Singh (Magsaysay Award recipient), Dr. Vandana Shiva (renowned environmental activist), Dr. Vinod Tare (Coordinator of the GRBEMP) and many others. At the end of the conference a resolution was created to pave the way for the actions that Ganga Action Parivar and Yamuna Action Parivar will take to serve their common cause.





Shri RK Pachauriji speaking at the workshop



National Ganga-Yamuna Workshop





Dr. Vandana Shivaji addressing the participants

Additionally, on the morning of the 10th, all the participants of the workshop came together with local volunteers and community members, including the community of Prem Babaji (a wellknown spiritual teacher in Brazil and member of



Shri Rajendra Singhji speaking at the workshop

Ganga Action Parivar), in the Lakshman Jhula area of Rishikesh to clean the banks of Ganga, a continuation of the cleaning efforts that began one week before on April 3rd with Prem Babaji and his community. Thus, all the scientists, environmentalists, activists and scholars who had gathered in Rishikesh for the three-day workshop got to not only discuss how to find the solutions,

but to actually be the solution!

Their collective presence was a testament to their commitment to work together as one global family, providing the hope and light needed to face one of the nation's toughest challenges – the pollution and obstruction of the River Ganga.



National Ganga-Yamuna Workshop







Dr. Vinod Tareji



Prem Babaji



Acharya Pramod Krishnamji



Pujya Swamiji releasing the new Ganga Action Parivar brochure for the first time at the workshop

National Ganga-Yamuna Workshop - Clean-Up











National Ganga-Yamuna Workshop - Clean-Up















Guru Sangamam





The Board of Guru Sangamam speaking to media after the event



The Board of Guru Sangamam releasing the new Ganga Action Parivar brochure

On April 12th, approximately 100 leading saints from all of India's indigenous religions and spiritual traditions - such as Hinduism, Buddhism, Jainism, and Sikhism - gathered together in Delhi for their annual meeting.

The objective of the meeting was to discuss and find a way that all the indigenous spiritual traditions of India can come together on a common platform to promote unity, harmony and true spirituality both in India and abroad, making India the spiritual capital of the world.





Shri Bhupendra Pandyaji





On April 13th, Shri Bhupendrabhai Pandyaji, a world-renowned kathakar, visited Parmarth. Shri Bhupendrabhai traveled from Mumbai to Haridwar in order to perform the sacred ash immersion puja for his beloved father. After the ash immersion in Haridwar, he came to Parmarth where he performed the sacred Ganga Yagna and Aarti, and took prasad (dinner) with Pujya Swamiji.



Yamuna Conference in Delhi



On April 18th Pujya Swamiji was the Chief Guest at an international seminar on the pollution of rivers and steps for rejuvenation of the River Yamuna held in Delhi from the 18th-20th of April, jointly organized by the Institute of Applied Systems and Rural Development (IASRD) in collaboration with ASSOCHAM & Russian Federation 'PSK IVKA' Ltd, Moscow.

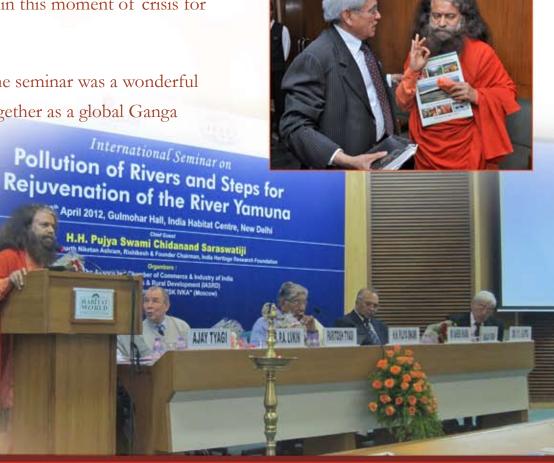
In His inaugural speech, Pujya Swamiji extended a warm welcome to the entire team from Russia who had come to offer their working solutions in water management as well as sludge treatment & utilization. He expressed His deep admiration, on behalf of all the participants, for their willingness to transcend cultural and geographical barriers to serve as a true international bridge of support in this moment of crisis for many of India's rivers.

Pujya Swamiji elaborated that the seminar was a wonderful step to keep bringing people together as a global Ganga International Seminar on and Yamuna family.

HARITAT



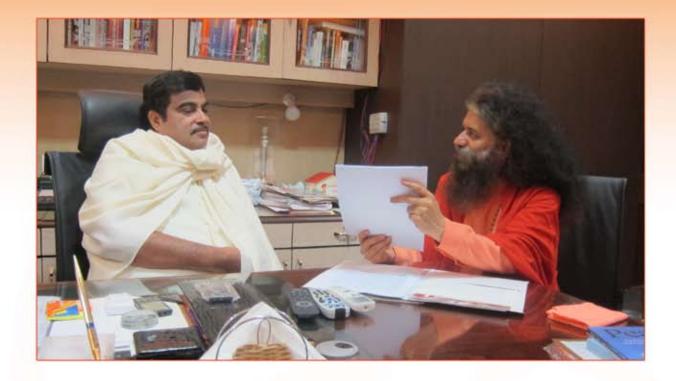






Shri Nitin Gadkariji





While Pujya Swamiji was in Delhi, He met with Shri Nitin Gadkariji, the President of BJP, to discuss the various problems facing the river Ganga.

Today, the issues facing Ganga exist at many levels. More than 1.3 billion liters of sewage from both domestic and industrial sources are dumped into Ganga every single day, and human interaction with the river has not always had good results. Trash and other solid waste clog Her waterways, and constructions on Her such as dams - which were built in the name of development and modernity - have actually created more problems as they have taken away the minimum water flow She requires to maintain

Her cleanliness and to provide for the millions of humans, plants and animals who rely on Her waters for life itself.

Because of the complexity of the issue, Pujya Swamiji has always recognized that we should not sit around criticizing and blaming others for the problems facing Ganga - whether that be government, industries or anyone else - but that we should all work together at all levels to find solutions and be the change. Thus, when Pujya Swamiji met with Shri Gadkariji, they discussed efforts that the government can take to address and solve all these issues, and how the all parties can work hand-in-hand with the people to restore Ganga and Her tributaries.



Smt. Uma Bharatiji



Also in April, national, social, spiritual and political leader Uma Bharatiji came to Parmarth to meet with Pujya Swamiji on her recent visit to Haridwar. They discussed the problems facing Ganga and how to use all networks - social, national, religious and political -- to help mitigate and ultimately solve the crisis of pollution, as it will take all coming together to restore Ganga and Her tributaries.



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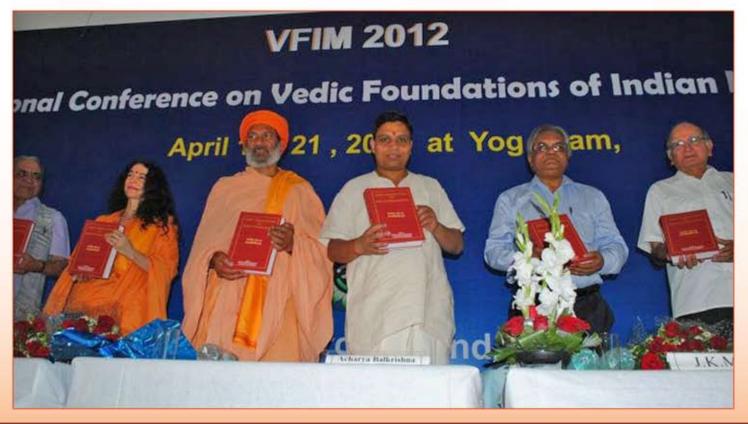
Vedic Foundations of Indian Management Conference



On April 19th, Sadhvi Bhagawatiji attended the First International Conference on Vedic Foundations of Indian Managment at Swami Ramdevji's Patanjali Yog Peeth Yog Gram in the beautiful jungle area outside of Haridwar, organized by Acharya Balkrishnaji of Patanjali Yog Peeth and the ISOL Research Foundation. There was a special session titled "Interfaith Perspectives on Vedic Literature" in which leaders of different religions spoke on the universality of the Vedas. Pujya Swamiji was scheduled to grace the event with His presence but due to meetings and conferences regarding Ganga and Yamuna in Delhi, He was unable to attend. Sadhvi Bhagawatiji gave a wonderful speech on how before we can manage anyone or anything else, we have to learn

how to manage our selves, and how the Vedas give us the keys for that. One of the most fundamental themes of the Vedas is *yajna*, or sacrifice, in which the mantras say over and over "*Idam na mama*," which means: "Not for me, but for You," and we learn that every action, every word and every thought should be an act of sacrifice for the Divine.







Ganga Conference in Jwalapur, Haridwar





Pujya Swamiji attended a Ganga conference in Jwalapur, Haridwar organized by Bharat Jagriti Mission and headed by Shri Anshul Srikunj of Bharat Jagriti Mission.

At the conference, Pujya Swamiji spoke about the importance of everyone coming together to save Ganga. He said the emphasis should not be on who becomes Bhagirath (the one who will be famous for bringing down Ganga), but our emphasis should rather be on Bhagirathi (Ganga) Herself. He emphasized that if we get stuck in our own agendas or own egos, we cannot serve Ganga. Rather, we must keep our focus and emphasis on selflessly serving Her.

Pujya Swamiji spoke about how Ganga never loses Her way, She never gets distracted. She always flows and flows straight to Ganga Sagar. In the same way we should not lose focus, but rather we should continue to flow on and on toward the goal of a *nirmal* and *aviral* Ganga like Gangaji Herself, with no hesitation, no discrimination, no vacation and no expectation.



Pujya Goswami Sushilji



On April 28th Pujya Swamiji was invited as Chief Guest to Delhi for a function organized by the Maharshi Bhrigu Foundation entitled "Guru Prerna Divas 2012" on the occasion of Pujya Goswami Sushilji's birthday. The event took place at Pujya Goswami Sushilji's newly constructed ashram/temple, and the topic of the program was focused on the importance of the Guru.

Many great saints from all faiths came for the occasion, including Pujya Acharya Lokesh Muniji, Imam Umar Ahmed Ilyasiji, Pujya Swami Agniveshji, and Rabbi Ezekiel Isaac Malekarji. Many of the other members of Sarva Dharma Sansad, Parliament of Religions, of which Pujya Swamiji is convenor, were also present.







Divine Message from Pujya Swamiji



Biodiversity and Nature: Our Responsibility

The subject of biodiversity is a very ancient, complex topic which is addressed in the Vedas as part and parcel of India's cultural heritage. The entire realm of nature is composed of five basic elements, each one inseparable from the others. These elements are: earth (Prithvi), water (jal), air (vayu), fire (agni) and sky (akash). However, according to our ancient traditions, these elements are not seen as only bio-chemical compounds. Rather, they are revered, respected and worshipped as divine. As these forces are what give us life and sustain us, we must see them as divine.

Although these five forces can be separated and seen as discrete elements, the entire natural world is inextricably interwoven and interdependent.

Nothing exists in a vacuum. The intricate ways in which one species affects another are hard to fathom. They say, for example, that by letting one species of frog from the Brazilian rainforest become extinct, we are causing a cascade of events that could potentially lead to the demise of the human race. It is not the frog, itself, that is so crucial to our existence. Rather, it is the web of life that connects us all. We cannot

simultaneously destroy Mother Earth and yet convince ourselves that we have a bright future ahead of us.

A wise man by the name of Chief Seattle once said:

"All things are connected. This we know. The earth does not belong to man; man belongs to the Earth. All things are connected, like the blood which unites one family. Whatever befalls the earth befalls the sons of the earth. Man did not weave the web of life, he is merely a strand in it. Whatever he does to the web, he does to himself."

Yet, in the face of this, we allow (and cause) thousands of species of plants and animals to become extinct each year due to our disrespectful and indiscriminate use of Mother Earth. In addition to providing food, wood for our homes, and the simple beauty of nature, more than 25% of the world's medicines come from our forests. We would not set fire to our own homes. We would not destroy our supermarket or pharmacy. Why can we not show the same respect for our real home, for our real supermarket, for our real pharmacy? We must have more respect for this land which gives us life, nourishes us, protects us, heals us and sustains us.

We call our Earth "Mother Earth," yet we do



Divine Message from Pujya Swamiji



not treat Her as a Mother. She has given us all that we need to sustain our lives, and we are simultaneously destroying Her. If our own mother were sick, we would not let her simply suffer, decay and die. We would fight tenaciously to bring her back to her full state of glory. We must give the same love and attention to our Mother Earth. We must not pollute Her or waste Her; rather, we must nurse Her back to health.

Additionally, the natural order of Mother Earth must be respected. What do I mean by this? India is a land rich in natural resources, rich in lush, untouched beauty, and rich in its ability to provide food, water and land to its people. Methods of agriculture and farming must be in concert with the natural laws of the land. When we try to impose our own demands on the land, we limit its inherent ability to produce fruitfully and with variety.

The United States is suffering the consequences of attempting to impose its will on the land. The U.S. agricultural service has converted American forests, woods, and fertile areas to grazing land for the cattle that later become hamburgers. More than 260 million acres of American forests have been turned into land for the beefladen diets of its inhabitants. Every second of every day, one

football field of tropical rainforest is destroyed in order to produce 257 hamburgers.

Yet this tragedy far exceeds the loss of aesthetic, natural beauty. As our forests are destroyed, as more and more species become extinct, as our water becomes less and less drinkable, as our air becomes filled with pollutants, we are pulling apart the web of life strand by strand. Sure, the web will not collapse with the removal of one small strand. However, day by day, we are making what was once a strong, tightly-woven web into a fragile, wispy collection of strands fighting to hold themselves together.

A proverb says, "The frog does not drink up the pond in which he lives." We must follow the example of God's other children, and have greater reverence and gratitude for the wealth and diversity in our home.

There is a story that goes as follows: A man once lived a long and pious life. When he died, God took his hand and said, "Come, I will show you Hell." The Lord took the man to a room where many people sat around a pot filled with food. The pot was deep, so a long spoon was needed. Each person held a spoon, but the spoon was so long that the people could not feed themselves. The spoons were longer than their arms, so — although the people



Divine Message from Pujya Swamiji



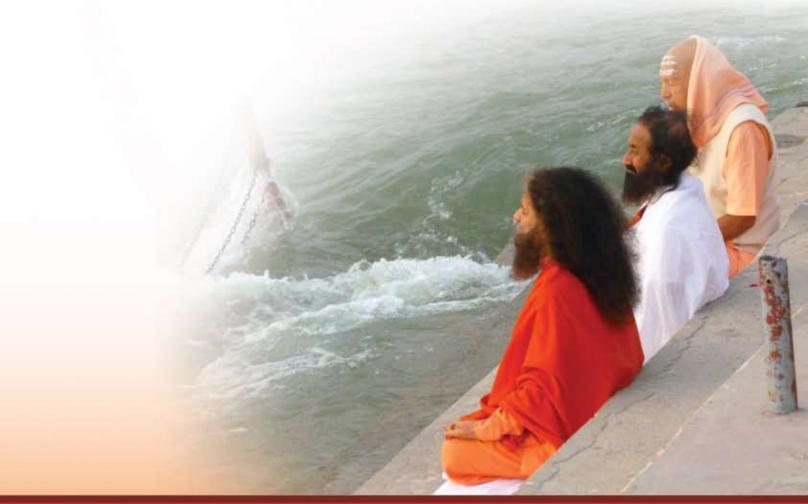
tried various ways — they could not carry the food from the pot to their mouths. The suffering was miserable. The people were famished and weak.

Next, the Lord said, "Come I will show you Heaven."

He then took the man to a room that was identical to the first: many people sitting around a large pot of luscious food. Here the pot was just as deep, the spoons were just as long, but the people were joyous and healthy. "I don't understand it," the man said. "Everything is the same as is Hell, but here all the people are so content and well-fed."

"The difference between Heaven and Hell," God said. "Is that in Heaven people have learned to feed each other."

Let us realize that if we were left alone we would suffer and starve. We depend upon each other — humans, animals, plants, water — to survive. Let us continually remind ourselves of the ocean in which we are only drops. Let us not turn a blind eye to the web Mother Earth has so gently wrapped around us.



Special Announcments |

Book of Pledges for Pujya Swamiji's 60th Jayanti





This year of 2012 marks the completion of Pujya Swamiji's 60 years on Earth. As you all know, His entire life is dedicated to the "service of God and humanity." Therefore, for His 60th birthday, we would like to compile a book of pledges from as many people as possible of ways that you all will serve God and humanity. Your pledge can be simple and personal (e.g. to get angry less frequently, to stop drinking alcohol or to stop hitting your spouse/children) or global (e.g. to donate a certain amount of time, energy or money to charitable works, to take on a particular seva project and see it through to completion, to stop eating meat for the benefit of the planet). We will compile these and bind them into a book for Pujya Swamiji for His birthday.

Please email your pledges to jayanti@parmarth.com, and please be sure to include your full name, age (if you are a youth), and city/country.

There is also room in the book for letters to Pujya Swamiji, sharing our gratitude and love for Him. So please feel free to send letters to Him also.

The submissions should be in two formats:

- 1. The pledge can be sent via simple email with your name, your city and country, your age (if you feel like sharing it...) and your pledge. We will compile and design these.
- 2. The letters should be preferably on letterhead or stationary, and you can even include a photo on the page if you'd like. They can be either handwritten or typed. So for the letters, please email us a jpg or pdf of your scanned letter on letterhead/stationary.

Both of these should be sent to jayanti@parmarth.com. The submission deadline is May 30, 2012.

Please tell your friends and family about this too. Let's use the divine opportunity of the anniversary of the day that Pujya Swamiji incarnated on Earth to mobilize ourselves and our loved ones toward divine service.

Special Announcments | Ganga Action Parivar



"Clean Ganga, Green Ganga. Serve Ganga, Save Ganga."



Officially launched in April of 2010 by the hands of Pujya Swamiji, H.H. the Dalai Lama and numerous other saints and dignitaries, Ganga Action Parivar is a global family of professionals, environmental engineers, scientists, activists, government leaders and devoted volunteers from all across the world dedicated to serving Mother Ganga. It is a sincere effort to provide effective and sustainable solutions for the millions of people whose lives depends on the purity of the river.

GAP is working in numerous areas - from "Grand Plan" scale to "Ground Plan" scale - to address the many issues that face Ganga and her tributaries, such as creating solid waste and wastewater management programs, building toilets, planting trees, cleaning and beautifying holy pilgrimage sites, spreading awareness on how to be eco-friendly, creating alternative environmentally-friendly energy plans, and so much more. GAP's projects have been blessed and supported by saints, scholars, yogis, economists, scientists, environmentalists and agriculturalists, among many others.

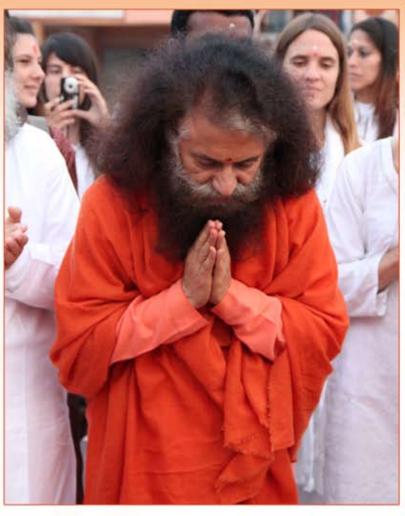
Log-on to www.gangaaction.com to learn more about Ganga, about the issues, and about the programs and projects GAP is working on. Interact and share your ideas, and find out how you can truly help no matter where you are in the world! Together as a family, we can restore, protect and maintain a free-flowing and unpolluted Ganga!



Pujya Swamiji's Itinerary







May

- 1-25 Rishikesh
 - 26 Delhi
 - 27 Allahabad
- 28-31 Rishikesh

<u>June</u>

- 1 Rishikesh
- 2-7 Travelling
- 8-26 Rishikesh
- 28-29 North Carolina, USA
 - 30 Bhaktifest Madison, Wisconsin. *Click here* for more details.

<u>July</u>

- 1 Bhaktifest Madison, Wisconsin
- 1-2 Wright Leadership Retreat Center, Madison, Wisconsin
- 4-8 Louisville, Kentucky 7th - Pujya Swamiji's 60th Birthday USA Celebration
- 14 Novato, Marin Country, CA
- 15 Los Angeles, CA
- 21 San Diego, CA
- 22 Los Angeles, CA

For details of Pujya Swamiji's abroad travel schedule, please check www.parmarth.com/itinerary.html as it gets updated.









Please visit us on the web for videos and music from Parmarth Niketan, as well as information on upcoming programs and seva opportunities.

















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Links



Thanks to Eros Entertainment, you can now watch videos of Pujya Swamiji online! Click on the videos below to watch...



Pujya Swamiji at Shree Ram Mandir



Guru Purnima 2011



Peace Through Nonviolence



Sadhvi Bhagawati: Power of Thought



Power of Prayer & Divine Connection



Yoga Sansthan

...and click here to see even more videos online!

